

3 Counties Cross Country League Results

Venue Northampton

24-January-2010

Pos.	No.	First Name	Surname	Club	Category	Points
1	44	Phil	Holland	Amphthill & Flitwick Flyers	M	1
2	311	Craig	Palmer	Dunstable Road Runners	M	2
3	43	Stephen	Hartley	Amphthill & Flitwick Flyers	M	3
4	1250	Andrew	McKenna	Wellingborough AC	M	4
5	812	Iain	Hazell	Wooton Road Runners	M	5
6	475	Nick	Beresford	North Herts Road Runners	M	6
7	52	Giles	Shorley	Amphthill & Flitwick Flyers	M	7
8	639	Neil	Barnett	Wellingborough AC	M	8
9	507	Steve	McKeown	North Herts Road Runners	MV40	9
10	981	Tim	Harris	Amphthill & Flitwick Flyers	M	10
11	1449	Paul	Jennings	Northampton Triathlon	MV45	11
12	1210	Tim	Davies	Stopsley Striders	M	12
13	342	Paul	Douglas	Leighton Fun Runners	MV40	13
14	761	Lee	Berrill	Wooton Road Runners	M	14
15	472	James	Atkins	North Herts Road Runners	M	15
16	526	Peter	Scrowther	North Herts Road Runners	MV45	16
17	49	Dave	Olney	Amphthill & Flitwick Flyers	MV40	17
18	1270	Simon	Douglas	Wooton Road Runners	M	18
19	609	Gerry	Taylor	Stopsley Striders	MV40	19
20	345	Steve	Harrison	Leighton Fun Runners	M	20
21	257	Vince	Plosky	Biggleswade AC	M	21
22	794	Mark	Fowler	Wooton Road Runners	M	22
23	649	Dan	Doherty	Wellingborough AC	M	23
24	829	Richard	Lack	Wooton Road Runners	MV40	24
25	289	Daniel	Bianichi	Dunstable Road Runners	M-2ndClaim	25
26	986	Andy	Bierton	Amphthill & Flitwick Flyers	M	26
27	940	Juliette	Minter	Olney Runners	FV35	1
28	485	Gary	Cook	North Herts Road Runners	M	27
29	994	Ed	Druce	Amphthill & Flitwick Flyers	M	28
30	584	Adrian	Copp	Stopsley Striders	M	29
31	529	Peter	Sibbett	North Herts Road Runners	MV45	30
32	1174	Mark	Hutchinson	North Herts Road Runners	MV45	31
33	833	Chris	Lazenby	Wooton Road Runners	M	32
34	863	John	Saw	Wooton Road Runners	M	33
35	310	John	Murphy	Dunstable Road Runners	MV40	34
36	156	Simon	Fawcett	Bedford Harriers	M	35
37	506	Ciaran	McAneney	North Herts Road Runners	M	36
38	957	Alec	Patterson	Olney Runners	M	37
39	911	Peter	Chandley	Team East Haddon	MV40	38
40	995	Richard	Wilson	Amphthill & Flitwick Flyers	M	39
41	656	Jon	Kemp	Wellingborough AC	M	40
42	795	Richard	Fowler	Wooton Road Runners	MV40	41
43	605	Mark	Sains	Stopsley Striders	M	42
44	306	John	Lawler	Dunstable Road Runners	M	43
45	448	Astrid	McKeown	North Herts Road Runners	FV35	2
46	404	Ben	Malia	Northampton Road Runners	M	44
47	597	Chris	Lamont	Stopsley Striders	MV55	45
48	312	Duncan	Park	Dunstable Road Runners	MV45	46
49	1458	Steve	Dransfield	Northampton Triathlon	M	47
50	595	Stuart	Harries	Stopsley Striders	M	48

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51	341	Clive	Daniels	Leighton Fun Runners	M	49
52	133	Jose	Ariza	Bedford Harriers	MV40-2ndClaim	50
53	296	Peter	Dellar	Dunstable Road Runners	MV55	51
54	229	Juliet	Nayler	Biggleswade AC	FV35	3
55	405	Gary	McDaniel	Northampton Road Runners	M	52
56	173	David	Holt	Bedford Harriers	MV50	53
57	568	Louise	Peters	Stopsley Striders	FV35	4
58	1301	Andy	Green	Team East Haddon	MV45	54
59	453	Natasha	Pitman	North Herts Road Runners	FV35	5
60	244	Gavin	Elliott	Biggleswade AC	M	55
61	253	Rob	Morgan	Biggleswade AC	M	56
62	1081	Dave	Morgan	Dunstable Road Runners	MV40	57
63	74	Renee	Corbett	Bedford Harriers	FV35-2ndClaim	6
64	780	Sean	Curley	Wooton Road Runners	MV40	58
65	170	Adam	Hills	Bedford Harriers	M	59
66	154	Alastair	Fadden	Bedford Harriers	MV40	60
67	482	Stewart	Bryant	North Herts Road Runners	MV50	61
68	818	Graham	Hollowell	Wooton Road Runners	MV40	62
69	1461	Tom	Kirk	Northampton Triathlon	M	63
70	834	David	Lazenby	Wooton Road Runners	M	64
71	966	George	Watson	Olney Runners	M	65
72	993	John	Mitcalf	Amphill & Flitwick Flyers	M	66
73	814	Steve	Heighway	Wooton Road Runners	M	67
74	51	Richard	Pillinger	Amphill & Flitwick Flyers	M	68
75	69	Sally	Cartwright	Bedford Harriers	FV40	7
76	886	Philip	Wood	Wooton Road Runners	M	69
77	835	Steve	Lonergan	Wooton Road Runners	MV40	70
78	1402	Andy	Tompson	Northampton Triathlon	MV40	71
79	691	Nicola	Harris	Wooton Road Runners	F	8
80	255	Damian	Pitts	Biggleswade AC	M	72
81	208	Alistair	Vile	Bedford Harriers	M	73
82	390	Gary	Britton	Northampton Road Runners	MV45	74
83	226	Fiona	Hunter	Biggleswade AC	FV35	9
84	1455	Stacey	Penn	Northampton Triathlon	F	10
85	412	Geoff	Smith	Northampton Road Runners	MV45	75
86	596	Paul	Keech	Stopsley Striders	MV50	76
87	1085	Peter	Kean	Dunstable Road Runners	MV45	77
88	844	Damian	Murphy	Wooton Road Runners	MV45	78
89	264	Steven	West	Biggleswade AC	MV45	79
90	1334	Ashley	Pettican	Olney Runners	MV40	80
91	338	Martin	Addrison	Leighton Fun Runners	MV50	81
92	784	Stuart	DeFreyne	Wooton Road Runners	M	82
93	1215	Paul	Abbott	Stopsley Striders	MV50	83
94	236	John	Ballam	Biggleswade AC	M	84
95	1260	Morag	Larsen	Wooton Road Runners	F	11
96	397	Mark	Garrett	Northampton Road Runners	MV45	85
97	583	Derek	Christopher	Stopsley Striders	MV60	86
98	376	Maree	Jesson	Northampton Road Runners	FV35	12
99	50	Mike	Petty	Amphill & Flitwick Flyers	MV50	87
100	666	Martin	Newton	Wellingborough AC	M	88

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Pos.	No.	First Name	Surname	Club	Category	Points
101	203	Graham	Short	Bedford Harriers	MV50	89
102	346	Andy	Hully	Leighton Fun Runners	MV45	90
103	384	Ronnie	Ambrose	Northampton Road Runners	MV40	91
104	1248	David	Kelly	Wellingborough AC	MV40	92
105	488	David	Frampton	North Herts Road Runners	MV50	93
106	599	Martin	Mitchell	Stopsley Striders	MV40	94
107	669	Tim	Ulyatt	Wellingborough AC	M	95
108	958	David	Pepper	Olney Runners	MV50	96
109	1441	Matthew	Davis	Northampton Triathlon	M	97
110	34	Jeremy	Bell	Amphthill & Flitwick Flyers	MV45	98
111	963	John	Risby	Olney Runners	MV50	99
112	1247	Ian	Patton	Wellingborough AC	MV45	100
113	351	Rob	Manning	Leighton Fun Runners	M	101
114	600	Adrien	Moore	Stopsley Striders	MV55	102
115	82	Carla	Fisher	Bedford Harriers	FV35	13
116	1302	Stuart	Weheeldon	Team East Haddon	M	103
117	195	Tim	Price	Bedford Harriers	MV45	104
118	402	Mark	Kennedy	Northampton Road Runners	M	105
119	603	Andy	Reid	Stopsley Striders	MV55	106
120	1129	Steph	Russell	Northampton Road Runners	F	14
121	796	Martin	Fowler	Wooton Road Runners	MV55	107
122	1463	Viki	Gibson	Northampton Triathlon	FV40	15
123	1414	Gavin	Prior	Northampton Triathlon	MV40	108
124	362	Martin	Walker	Leighton Fun Runners	MV55	109
125	1143	Lynton	Dawson	Northampton Road Runners	M	110
126	1261	Barbara	Willison	Wooton Road Runners	FV40	16
127	240	Craig	Brown	Biggleswade AC	M	111
128	947	Rachel	Bailey	Olney Runners	F	17
129	294	Bill	Crane	Dunstable Road Runners	MV55	112
130	928	Peter	Taylor	Team East Haddon	MV45	113
131	275	Ruth	Grint	Dunstable Road Runners	FV40	18
132	1418	Hartley	Hancock	Northampton Triathlon	MV55	114
133	1029	Jim	Dunn	Bedford Harriers	MV45	115
134	1459	Stuart	Warren	Northampton Triathlon	M	116
135	999	Mike	Bannister	Amphthill & Flitwick Flyers	M	117
136	917	John	Griggs	Team East Haddon	MV50	118
137	563	Jenna	Litchfield	Stopsley Striders	F	19
138	882	John	Webb	Wooton Road Runners	M	119
139	1451	Richard	Jones	Northampton Triathlon	MV45	120
140	1271	Lee	Kemp	Wooton Road Runners	M-Guest	
141	187	Pete	Mealing	Bedford Harriers	M-2ndClaim	
142	671	Tim	Walsh	Wellingborough AC	MV45	121
143	136	Tony	Barnes	Bedford Harriers	MV45	122
144	245	Neil	Gregory	Biggleswade AC	MV45	123
145	718	Maggie	Mulvey	Wooton Road Runners	FV45	20
146	881	Paul	Warden	Wooton Road Runners	MV45	124
147	40	Jim	Dodds	Amphthill & Flitwick Flyers	MV45	125
148	395	John	Fleming	Northampton Road Runners	MV40	126
149	12	Kara	Farmer	Amphthill & Flitwick Flyers	F	21
150	728	Polly	Randell	Wooton Road Runners	FV50	22

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Pos.	No.	First Name	Surname	Club	Category	Points
151	1252	Mark	Ryding	Wellingborough AC	MV45	127
152	1240	Philip	Devereaux	Wellingborough AC	MV40	128
153	172	Paul	Holmes	Bedford Harriers	M	129
154	1216	Alan	Weir	Stopsley Striders	MV60	130
155	297	Paul	Eggleton	Dunstable Road Runners	MV50	131
156	827	Mike	Kendall	Wooton Road Runners	MV50	132
157	571	Alison	Sugars	Stopsley Striders	FV35	23
158	54	Nick	Tillett	Amphthill & Flitwick Flyers	MV50	133
159	160	Lawrence	Folley	Bedford Harriers	MV50	134
160	164	Keith	Gray	Bedford Harriers	MV45	135
161	162	Stephen	Gaunt	Bedford Harriers	MV50	136
162	290	John	Brophy	Dunstable Road Runners	MV55	137
163	356	Glynn	Raymen	Leighton Fun Runners	M	138
164	850	Deepesh	Patel	Wooton Road Runners	M	139
165	630	Elaine	O'Sullivan	Wellingborough AC	FV50	24
166	694	Zoe	Hemsley	Wooton Road Runners	FV35	25
167	853	Jamie	Plowman	Wooton Road Runners	MV40	140
168	988	Martin	Godin	Amphthill & Flitwick Flyers	MV50	141
169	352	Matt	Mitchell	Leighton Fun Runners	M	142
170	1424	Jen	Moffat	Northampton Triathlon	F	26
171	512	Derek	Myall	North Herts Road Runners	MV60	143
172	1018	Mourad	Ben Taieb	Bedford Harriers	MV50	144
173	14	Caroline	Gilby	Amphthill & Flitwick Flyers	FV45	27
174	1409	Chris	O'Malley	Northampton Triathlon	MV40	145
175	643	Andy	Bird	Wellingborough AC	MV45	146
176	628	Louise	Kemp	Wellingborough AC	F	28
177	102	Viv	Kilgour	Bedford Harriers	FV45	29
178	265	Robin	Wynde	Biggleswade AC	MV50	147
179	219	Natalie	Darlow	Biggleswade AC	F	30
180	1135	Jo	Windrum	Northampton Road Runners	F	31
181	1381	Dave	Coker	Amphthill & Flitwick Flyers	MV45	148
182	432	Karen	Dodsworth	North Herts Road Runners	FV45	32
183	1145	Will	Yates	Northampton Road Runners	M	149
184	1232	Rachel	Jones	Wellingborough AC	F	33
185	587	Dave	Debnam	Stopsley Striders	MV60	150
186	125	Veronica	Singleton	Bedford Harriers	FV45	34
187	483	Colin	Calcutt	North Herts Road Runners	MV45	151
188	350	Doug	Lamont	Leighton Fun Runners	MV55	152
189	9	Steph	Cooper	Amphthill & Flitwick Flyers	F	35
190	948	Bethan	Garrod	Olney Runners	FV40	36
191	163	Dave	Girling	Bedford Harriers	MV60-2ndClaim	
192	521	Matthew	Rix	North Herts Road Runners	M	153
193	1161	Sue	Cross	North Herts Road Runners	FV45	37
194	1303	Pat	Barlow	Team East Haddon	M	154
195	414	Tom	Sullivan	Northampton Road Runners	MV60	155
196	913	Sam	Cortese	Team East Haddon	MV50	156
197	965	Mike	Smith	Olney Runners	MV50	157
198	1144	Scott	Kennedy	Northampton Road Runners	M	158
199	1246	Thom	McKienan	Wellingborough AC	M	159
200	279	Emma	Maggott	Dunstable Road Runners	F	38

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Pos.	No.	First Name	Surname	Club	Category	Points
201	1100	Fiona	Essam	Leighton Fun Runners	FV45	39
202	1253	Donato	Russo	Wellingborough AC	MV40	160
203	18	Paula	James	Amphill & Flitwick Flyers	FV40	40
204	535	Ian	Sutcliffe	North Herts Road Runners	MV60	161
205	155	Christopher	Fadden	Bedford Harriers	MV45	162
206	635	Debbie	Varnfield	Wellingborough AC	FV45	41
207	273	Margaret	DeWinter	Dunstable Road Runners	FV55	42
208	205	Ian	Soaft	Bedford Harriers	MV55	163
209	945	Sue	Teasdale	Olney Runners	FV45	43
210	585	Ian	Cousins	Stopsley Striders	MV60	164
211	314	Adrian	Shotbolt	Dunstable Road Runners	M	165
212	329	Angela	Kerr	Leighton Fun Runners	FV50	44
213	135	Dave	Bamber	Bedford Harriers	MV55	166
214	286	Scott	Baillie	Dunstable Road Runners	M	167
215	394	Rob	Donovan	Northampton Road Runners	M	168
216	1218	Stewart	Read	Stopsley Striders	M	169
217	272	Erica	Darby	Dunstable Road Runners	FV45	45
218	893	Sharron	Evans	Team East Haddon	FV35	46
219	215	Jan	Blake	Biggleswade AC	FV45	47
220	1033	Kate	Barnard	Bedford Harriers	FV35	48
221	380	Jo	Smith	Northampton Road Runners	FV45	49
222	1035	Beverly	Tredget	Bedford Harriers	FV45	50
223	1209	Margaret	Chew	Stopsley Striders	FV60	51
224	907	Amanda	Weller	Team East Haddon	FV35	52
225	745	Sarah	Warden	Wooton Road Runners	FV45	53
226	602	Kim	Pollard	Stopsley Striders	MV50	170
227	179	Tony	Jones	Bedford Harriers	MV45	171
228	70	Jeanette	Cheetham	Bedford Harriers	FV45	54
229	150	Stephen	Crane	Bedford Harriers	MV50	172
230	621	Kirsty	Hewitt	Wellingborough AC	F	55
231	140	William	Billington	Bedford Harriers	MV70	173
232	222	Penny	Fletcher	Biggleswade AC	FV45	56
233	894	Angela	Freer	Team East Haddon	F	57
234	672	Paul	Whitehead	Wellingborough AC	M	174
235	75	Jenny	Cull	Bedford Harriers	F-2ndClaim	
236	378	Jo	Lee	Northampton Road Runners	F	58
237	59	Lesley	Barnes	Bedford Harriers	FV45	59
238	1323	Antoinette	Heap	Olney Runners	FV40	60
239	617	Laura	Burton	Wellingborough AC	F	61
240	707	Natalie	Lloyd	Wooton Road Runners	FV35	62
241	101	Amanda	Kempster	Bedford Harriers	F-2ndClaim	
242	328	Anne	Hully	Leighton Fun Runners	FV45	63
243	13	Rebecca	Fleckney	Amphill & Flitwick Flyers	F	64
244	53	Nick	Stone	Amphill & Flitwick Flyers	MV65	175
245	62	Linda	Carsons	Bedford Harriers	FV45	65
246	704	Lorayne	Keetmarsh	Wooton Road Runners	FV50	66
247	299	Kevin	Glendinning	Dunstable Road Runners	MV40	176
248	1072	Aimee	Williams	Dunstable Road Runners	F	67
249	632	Gayle	Preston	Wellingborough AC	FV35	68
250	142	Tom	Brassington	Bedford Harriers	MV55	177

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251	972	Alison	Parker	Amphthill & Flitwick Flyers	FV40	69
252	1251	Howard	Smith	Wellingborough AC	MV50	178
253	897	Kate	Leach	Team East Haddon	FV40	70
254	25	Shelley	Mayles	Amphthill & Flitwick Flyers	F	71
255	360	Paul	Thomas	Leighton Fun Runners	MV60	179
256	1462	Val	Bridges	Northampton Triathlon	FV55	72
257	1401	Alex	Gooch	Northampton Triathlon	FV35	73
258	938	Deirdre	Bethune	Olney Runners	FV60	74
259	126	Ella	Snape	Bedford Harriers	F-2ndClaim	
260	1234	Karen	Menew	Wellingborough AC	FV40	75
261	622	Sally	Hewitt	Wellingborough AC	FV55	76
262	132	Zoe	Willett	Bedford Harriers	FV45	77
263	377	Mary	Kingsnorth	Northampton Road Runners	FV50	78
264	100	Angela	Kay	Bedford Harriers	FV50	79
265	204	Bill	Singh Kinda	Bedford Harriers	MV55	180
266	94	Jacinta	Horne	Bedford Harriers	FV45	80
267	562	Kate	Linhart	Stopsley Striders	F	81
268	278	Julia	Lines	Dunstable Road Runners	FV45	82
269	78	Sabrina	Donnelly	Bedford Harriers	F-2ndClaim	
270	72	Cathy	Clark	Bedford Harriers	FV45	83
271	1104	Jenny	Addrison	Leighton Fun Runners	F	84
272	1238	Louise	Sharp	Wellingborough AC	F	85
273	364	John	West	Leighton Fun Runners	M	181
274	1443	Melanie	Ryding	Northampton Triathlon	FV35	86
275	139	Tony	Biele	Bedford Harriers	MV50	182
276	942	Rachael	Passee	Olney Runners	FV35	87
277	1134	Caroline	Stevens	Northampton Road Runners	F	88
278	687	Michelle	Fryatt	Wooton Road Runners	FV35	89
279	19	Laura	Johnston	Amphthill & Flitwick Flyers	FV40	90
280	1237	Robyn	Patton	Wellingborough AC	F	91
281	353	Andy	Powell	Leighton Fun Runners	MV45	183
282	347	Kevin	Kemp	Leighton Fun Runners	MV50	184
283	369	Jo	Cummings	Northampton Road Runners	FV35	92
284	565	Miranda	Morgan	Stopsley Striders	FV50	93
285	1101	Debbie	Cox	Leighton Fun Runners	FV45	94
286	337	Yvette	Todd	Leighton Fun Runners	FV45	95
287	1099	Marian	Pelmore	Leighton Fun Runners	F	96
288	642	Robert	Bing	Wellingborough AC	M	185
289	458	Christine	Sharp	North Herts Road Runners	FV50	97
290	79	Penny	Duffin	Bedford Harriers	FV50	98
291	366	Helen	Blackburn	Northampton Road Runners	FV45	99
292	1013	Linda	Wilding	Bedford Harriers	FV60	100
293	615	Michelle	Barnett	Wellingborough AC	FV35	101
294	335	Dionne	Smedley	Leighton Fun Runners	F	102
295	21	Debbie	Knott	Amphthill & Flitwick Flyers	FV35	103
296	15	Pat	Godfrey	Amphthill & Flitwick Flyers	FV55	104
297	1133	Fiona	Cosson	Northampton Road Runners	F	105
298	26	Liz	Miller	Amphthill & Flitwick Flyers	FV45	106
299	159	Brian	Flynn	Bedford Harriers	MV40	186
300	626	Vicki	Jessop	Wellingborough AC	FV40	107

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301	64	Rachel	Beckett	Bedford Harriers	FV45	108
302	117	Linda	Payne	Bedford Harriers	FV45	109
303	1390	Sylvia	Snowling	Bedford Harriers	FV50	110
304	8	Jane	Cook	Amphill & Flitwick Flyers	FV55	111
305	400	Alan	Hacket	Northampton Road Runners	MV45	187
306	646	Anthony	Burgess	Wellingborough AC	MV40	188
307	633	Julie	Rolfe	Wellingborough AC	FV45	112
308	971	Sue	Weir	Amphill & Flitwick Flyers	FV35	113
309	1006	Jane	Pritchard	Bedford Harriers	FV50	114
310	65	Val	Bird	Bedford Harriers	FV60	115
311	99	Sylvia	Jones	Bedford Harriers	FV45	116
312	84	Angela	Gallivan	Bedford Harriers	FV50	117
313	1034	Lorena	Henderson	Bedford Harriers	FV35	118
314	108	Lorraine	MacCormack	Bedford Harriers	FV50	119
315	61	Iva	Barr	Bedford Harriers	FV80	120
316	175	Paul	Hudson	Bedford Harriers	MV40	189