Count	ies Cro	oss Cour	ntry League Results	Individual Series Av	wards
Men		No.	Name	Club	Score
	1st	755	Michael Aldridge	Wooton Road Runners	7
	2nd	43	Stephen Hartley	Ampthill & Flitwick Flyers	20
	3rd	812	lain Hazell	Wooton Road Runners	23
V40+ Men		No.	Name	Club	Score
	1st	507	Steve McKeown	North Herts Road Runners	4
	2nd	1449	Paul Jennings	Northampton Triathlon	8
	3rd	526	Peter Scrowther	North Herts Road Runners	12
V50+ Men		No.	Name	Club	Score
	1st	597	Chris Lamont	Stopsley Striders	4
	2nd	296	Peter Dellar	Dunstable Road Runners	12
	3rd	173	David Holt	Bedford Harriers	19
V60+ Men		No.	Name	Club	Score
	1st	583	Derek Christopher	Stopsley Striders	4
V70+ Men		No.	Name	Club	Score
	1st	140	William Billington	Bedford Harriers	5
Ladi	ne .	No.	Name	Club	Score
Laur	1st	940	Juliette Minter	Olney Runners	5
	2nd	448	Astrid McKeown	North Herts Road Runners	11
	3rd	229	Juliet Nayler	Biggleswade AC	11
	Siu	229	Juliet Naylei	biggieswade AC	
V35+Ladies		No.	Name	Club	Score
	1st	568	Louise Peters	Stopsley Striders	15
	2nd	69	Sally Cartwright	Bedford Harriers	26
	3rd	226	Fiona Hunter	Biggleswade AC	31
V45+ Ladies		No.	Name	Club	Score
	1st	728	Polly Randell	Wooton Road Runners	6
	2nd	102	Viv Kilgour	Bedford Harriers	14
	3rd	1100	Fiona Essam	Leighton Fun Runners	14
V55+ Ladies		No.	Name	Club	Score
	1st	273	Margaret DeWinter	Dunstable Road Runners	6
V65+ Ladies		No.	Name	Club	Score
	1st	61	Iva Barr	Bedford Harriers	5

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