

3 Counties Cross Country League Results

Venue **Dunstable**

14-November-2010

Pos.	No.	First Name	Surname	Club	Category	Points
1	73	Phil	Holland	Amphill & Flitwick Flyers	M	1
2	71	Tim	Harris	Amphill & Flitwick Flyers	M	2
3	719	Mathew	Leach	North Herts Road Runners	M	3
4	413	James	Drinkwater	Biggleswade AC	M-2ndClaim	4
5	353	David	Miller	Bedford Harriers	M-2ndClaim	5
6	482	Craig	Halsey	Dunstable Road Runners	M	6
7	646	Nick	Beresford	North Herts Road Runners	M	7
8	931	David	Lipscomb	Olney Runners	M-2ndClaim	8
9	676	Steve	McKeown	North Herts Road Runners	MV40	9
10	1364	Andy	Fairley	Wooton Road Runners	M	10
11	1199	Greg	Spellman	Wellingborough AC	MV40-2ndClaim	11
12	680	Andy	Mutton	North Herts Road Runners	M	12
13	88	Giles	Shorley	Amphill & Flitwick Flyers	M	13
14	1203	Cory	Tomkins	Wellingborough AC	M	14
15	1340	Lee	Berrill	Wooton Road Runners	M	15
16	811	Tony	Letts	Northampton Road Runners	MV40	16
17	1399	Richard	Lack	Wooton Road Runners	MV40	17
18	1006	Tim	Davies	Stopsley Striders	M	18
19	715	James	Walsh	North Herts Road Runners	MV40	19
20	872	Paul	Jennings	Northampton Triathlon	MV45	20
21	699	Peter	Sibbett	North Herts Road Runners	MV45	21
22	807	Keith	Jellyman	Northampton Road Runners	M	22
23	932	Kevin	Minter	Olney Runners	MV45	23
24	1202	Jon	Kemp	Wellingborough AC	M	24
25	1169	Dan	Doherty	Wellingborough AC	M	25
26	1371	Chris	Gallagher	Wooton Road Runners	M	26
27	1161	Neil	Barnett	Wellingborough AC	M	27
28	83	Dave	Olney	Amphill & Flitwick Flyers	MV40	28
29	907	Juliette	Minter	Olney Runners	FV35	1
30	943	Thomas	Watson	Olney Runners	M	29
31	1183	Dustin	Odell	Wellingborough AC	M	30
32	653	Gary	Cook	North Herts Road Runners	M	31
33	1416	Dave	Parkins	Wooton Road Runners	MV45	32
34	675	Ciaran	McAneney	North Herts Road Runners	M	33
35	410	Lee	Welham	Biggleswade AC	MV40	34
36	695	Peter	Scrowther	North Herts Road Runners	MV45	35
37	879	Lee	Pyke	Northampton Triathlon	M	36
38	405	Vince	Plosky	Biggleswade AC	M	37
39	664	Mark	Hutchinson	North Herts Road Runners	MV45	38
40	1370	Richard	Fowler	Wooton Road Runners	MV40	39
41	106	Jason	Moore	Amphill & Flitwick Flyers	M	40
42	1077	Andy	Green	Team East Haddon	MV45	41
43	278	Adam	Hills	Bedford Harriers	M	42
44	157	Gill	Fullen	Bedford Harriers	FV45	2
45	391	Paul	Davies	Biggleswade AC	MV40	43
46	492	Duncan	Park	Dunstable Road Runners	MV45	44
47	1015	Chris	Hunt	Stopsley Striders	M	45
48	316	Dave	Sharman	Bedford Harriers	M	46
49	400	Rob	Morgan	Biggleswade AC	M	47
50	407	Sam	Smith	Biggleswade AC	M	48

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51	944	George	Watson	Olney Runners	M	49
52	82	John	Mitcalf	Amphill & Flitwick Flyers	M	50
53	884	Andy	Tompson	Northampton Triathlon	MV40	51
54	122	Renee	Allen	Bedford Harriers	FV35	3
55	249	Matt	Burgin	Bedford Harriers	MV40	52
56	1234	Julie	Dixon	Wooton Road Runners	FV40	4
57	674	Nicholas	Malpeli	North Herts Road Runners	MV40	53
58	403	Damian	Pitts	Biggleswade AC	M	54
59	1430	John	Saw	Wooton Road Runners	M	55
60	1017	Chris	Lamont	Stopsley Striders	MV55	56
61	344	Robert	Miller	Bedford Harriers	MV45	57
62	156	Carla	Fisher	Bedford Harriers	FV35	5
63	502	Dave	Morgan	Dunstable Road Runners	MV40	58
64	887	Steven	Dransfield	Northampton Triathlon	M	59
65	1014	Stuart	Harries	Stopsley Striders	M	60
66	80	Nick	Jones	Amphill & Flitwick Flyers	MV45	61
67	467	Cahal	McConville	Dunstable Road Runners	MV40	62
68	544	Clive	Daniels	Leighton Fun Runners	M	63
69	1167	Fred	Devereaux	Wellingborough AC	M	64
70	95	Richard	Wilson	Amphill & Flitwick Flyers	M	65
71	1389	Graham	Hollowell	Wooton Road Runners	MV40	66
72	935	Alec	Patterson	Olney Runners	M	67
73	505	Phil	McClean	Dunstable Road Runners	MV50	68
74	350	Jerry	Pullinger	Bedford Harriers	MV50	69
75	813	Gary	McDaniel	Northampton Road Runners	MV40	70
76	365	Isobel	Everest	Biggleswade AC	FV35	6
77	925	Craig	Austin	Olney Runners	MV40	71
78	1204	Nigel	Jeff	Wellingborough AC	MV40	72
79	279	Dave	Holt	Bedford Harriers	MV50	73
80	483	Michael	Hand	Dunstable Road Runners	MV45	74
81	401	Adam	Murphy	Biggleswade AC	M	75
82	978	Louise	Peters	Stopsley Striders	FV35	7
83	1000	John	Chapman	Stopsley Striders	MV50	76
84	693	John	Russell	North Herts Road Runners	MV45	77
85	649	Stewart	Bryant	North Herts Road Runners	MV50	78
86	870	Kieth	Howard	Northampton Triathlon	MV45	79
87	259	Jim	Dunn	Bedford Harriers	MV45	80
88	998	Peter	Breslin	Stopsley Striders	MV40	81
89	1010	Chris	Green	Stopsley Striders	M	82
90	604	Natasha	Davies	North Herts Road Runners	FV35	8
91	322	Stuart	Trevalliom	Bedford Harriers	MV40	83
92	542	Jim	Buttleman	Leighton Fun Runners	MV45	84
93	851	Stacey	Penn	Northampton Triathlon	F	9
94	99	Peter	Benedickter	Amphill & Flitwick Flyers	MV40-2ndClaim	85
95	386	Jon	Balaam	Biggleswade AC	M	86
96	1016	Paul	Keech	Stopsley Striders	MV50	87
97	829	Mark	Nightingale	Northampton Road Runners	MV40	88
98	940	John	Risby	Olney Runners	MV55	89
99	1168	Philip	Devereaux	Wellingborough AC	MV40	90
100	1125	Elaine	O'Sullivan	Wellingborough AC	FV50	10

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Pos.	No.	First Name	Surname	Club	Category	Points
101	138	Sally	Cartwright	Bedford Harriers	FV40	11
102	262	Alastair	Fadden	Bedford Harriers	MV45	91
103	499	Garry	Ellingham	Dunstable Road Runners	M	92
104	318	Graham	Short	Bedford Harriers	MV50	93
105	798	Lynton	Dawson	Northampton Road Runners	M	94
106	762	Steph	Russell	Northampton Road Runners	F	12
107	411	Fiona	Wynde	Biggleswade AC	FV35	13
108	946	Darren	Darkins	Olney Runners	M	95
109	934	Ashley	Pettican	Olney Runners	MV40	96
110	404	Steve	Pledger	Biggleswade AC	MV50-2ndClaim	
111	803	Mark	Garrett	Northampton Road Runners	MV50	97
112	1384	Steve	Heighway	Wooton Road Runners	MV40	98
113	1196	Tim	Wyatt	Wellingborough AC	M	99
114	1245	Nicola	Harris	Wooton Road Runners	F	14
115	69	Martin	Godin	Amphill & Flitwick Flyers	MV50	100
116	702	John	Spinks	North Herts Road Runners	MV40	101
117	1205	Martin	Hamilton	Wellingborough AC	MV45	102
118	996	Bruce	Benson	Stopsley Striders	M	103
119	85	Mike	Petty	Amphill & Flitwick Flyers	MV50	104
120	708	Steven	Tracey	North Herts Road Runners	M	105
121	570	Paula	Adams	North Herts Road Runners	FV40-2ndClaim	15
122	1415	Paul	Northern	Wooton Road Runners	MV40	106
123	939	Steve	Rice	Olney Runners	MV50-2ndClaim	
124	666	Alan	Jones	North Herts Road Runners	MV55	107
125	250	Rob	Butler	Bedford Harriers	M	108
126	911	Emily	Robertson	Olney Runners	F	16
127	824	Dave	Whatton	Northampton Road Runners	MV45	109
128	1025	Andy	Reid	Stopsley Striders	MV55	110
129	1193	Barry	Wake	Wellingborough AC	M	111
130	503	Bill	Quinn	Dunstable Road Runners	MV60	112
131	562	Jamie	Muir	Leighton Fun Runners	M	113
132	808	Mark	Kennedy	Northampton Road Runners	M	114
133	547	Andy	Hully	Leighton Fun Runners	MV45	115
134	506	Peter	Kean	Dunstable Road Runners	MV45-2ndClaim	116
135	1281	Caroline	Parkins	Wooton Road Runners	FV45	17
136	280	Graham	Horne	Bedford Harriers	MV45	117
137	351	Paul	Holmes	Bedford Harriers	M	118
138	1143	Anna	Skelton	Wellingborough AC	F-2ndClaim-Guest	
139	276	Paul	Harris	Bedford Harriers	MV45	119
140	637	Martyn	Annetts	North Herts Road Runners	MV45	120
141	507	Phil	Williams	Dunstable Road Runners	M	121
142	518	Matt	Falkner	Dunstable Road Runners	M	122
143	295	Peter	Mealing	Bedford Harriers	M	123
144	926	Christopher	Barnes	Olney Runners	MV40	124
145	880	Ian	Robertson	Northampton Triathlon	MV40	125
146	416	John	Haines	Biggleswade AC	MV55	126
147	241	Jose	Ariza	Bedford Harriers	MV40	127
148	1027	John	Ryan	Stopsley Striders	MV45	128
149	1038	Darren	Garner	Stopsley Striders	MV40	129
150	617	Melissa	Benson	North Herts Road Runners	FV35	18

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Pos.	No.	First Name	Surname	Club	Category	Points
151	470	John	Brophy	Dunstable Road Runners	MV55-2ndClaim	
152	105	Andy	Page	Amphill & Flitwick Flyers	MV50	130
153	49	Andy	Atherton	Amphill & Flitwick Flyers	MV45	131
154	886	Paul	Webb	Northampton Triathlon	M	132
155	983	Liz	Rollinson	Stopsley Striders	F	19
156	285	Ian	Joyce	Bedford Harriers	MV45	133
157	311	Colin	Ross	Bedford Harriers	M	134
158	874	Richard	Jones	Northampton Triathlon	MV50	135
159	1008	Jeff	Dowsett	Stopsley Striders	MV55	136
160	1337	Stephen	Atkinson	Wooton Road Runners	MV40	137
161	720	Guy	Wiseman	North Herts Road Runners	M	138
162	102	Dave	Coker	Amphill & Flitwick Flyers	MV45	139
163	303	Tony	Parello	Bedford Harriers	MV45	140
164	393	Martin	Earnshaw	Biggleswade AC	M	141
165	512	Daniel	Holder	Dunstable Road Runners	M	142
166	89	Dave	Stanley	Amphill & Flitwick Flyers	MV55	143
167	438	Ruth	Grint	Dunstable Road Runners	FV40	20
168	1185	Ian	Patton	Wellingborough AC	MV45	144
169	272	Keith	Gray	Bedford Harriers	MV45	145
170	1428	Ian	Rogers	Wooton Road Runners	MV50	146
171	1039	Steve	Pantling	Stopsley Striders	MV40	147
172	658	John	Franklin	North Herts Road Runners	MV45	148
173	228	Nora	Haggart	Bedford Harriers	FV50	21
174	207	Juliet	Smith	Bedford Harriers	FV40	22
175	1119	Bryna	Holmes	Wellingborough AC	F	23
176	169	Kathy	Horsman	Bedford Harriers	FV50	24
177	58	Pete	Bird	Amphill & Flitwick Flyers	MV50	149
178	451	Rosie	Keane	Dunstable Road Runners	F-2ndClaim	25
179	340	Mark	Holland	Bedford Harriers	MV45	150
180	906	Kayleigh	Docherty	Olney Runners	F	26
181	1198	Naythan	Bellamy	Wellingborough AC	M	151
182	254	Geoff	Cooper	Bedford Harriers	MV45	152
183	679	Michael	Moralee	North Herts Road Runners	MV50	153
184	1084	Peter	Taylor	Team East Haddon	MV50	154
185	850	Jen	Moffat	Northampton Triathlon	F	27
186	1210	Andrew	Redden	Wellingborough AC	M	155
187	509	Tom	Adams	Dunstable Road Runners	M	156
188	25	Michelle	Morris	Amphill & Flitwick Flyers	F	28
189	493	Mark	Pedder	Dunstable Road Runners	M	157
190	1438	Anthony	Swindells	Wooton Road Runners	MV55	158
191	277	Charlie	Hempstead	Bedford Harriers	MV45	159
192	831	Peter	Moore	Northampton Road Runners	M	160
193	81	Jeremy	Lewis	Amphill & Flitwick Flyers	MV40	161
194	299	Gary	Moore	Bedford Harriers	MV50	162
195	100	Ron	Armstrong	Amphill & Flitwick Flyers	MV45	163
196	1013	Richard	Hardy	Stopsley Striders	MV55	164
197	516	Tony	Hunt	Dunstable Road Runners	MV45	165
198	218	Helen	Woolley	Bedford Harriers	FV35	29
199	64	Jim	Dodds	Amphill & Flitwick Flyers	MV45	166
200	1288	Diane	Rogers	Wooton Road Runners	FV40	30

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Pos.	No.	First Name	Surname	Club	Category	Points
201	554	Gary	Reid	Leighton Fun Runners	MV40	167
202	87	John	Saunders	Amphill & Flitwick Flyers	MV50	168
203	508	Steve	Adams	Dunstable Road Runners	MV40	169
204	267	Lawrence	Folley	Bedford Harriers	MV50	170
205	1206	Thom	McKienan	Wellingborough AC	M	171
206	973	Jenna	Litchfield	Stopsley Striders	F	31
207	1	Jo	Aatkar	Amphill & Flitwick Flyers	FV40	32
208	1439	Graham	Tee	Wooton Road Runners	MV45	172
209	1456	Paul	Glasier	Wooton Road Runners	MV40	173
210	244	Tony	Barnes	Bedford Harriers	MV45	174
211	655	Doug	Field	North Herts Road Runners	MV45	175
212	820	Tom	Sullivan	Northampton Road Runners	MV60	176
213	31	Hannah	Tattersall	Amphill & Flitwick Flyers	F	33
214	312	Alex	Rothwell	Bedford Harriers	MV50	177
215	587	Sharon	Gregson	North Herts Road Runners	FV40	34
216	900	Paul	Warden	Northampton Triathlon	MV45	178
217	394	Neil	Gregory	Biggleswade AC	MV45	179
218	54	Joel	Benedickter	Amphill & Flitwick Flyers	M	180
219	146	Caroline	Devine	Bedford Harriers	FV45	35
220	12	Caroline	Gilby	Amphill & Flitwick Flyers	FV45	36
221	681	Derek	Myall	North Herts Road Runners	MV60	181
222	980	Linda	Thomasson	Stopsley Striders	FV45	37
223	371	Natalie	Morgan	Biggleswade AC	F	38
224	325	Mark	Tinkler	Bedford Harriers	MV50	182
225	1085	Rob	Watkinson	Team East Haddon	MV45	183
226	65	Paul	Dove	Amphill & Flitwick Flyers	MV55	184
227	584	Karen	Dodsworth	North Herts Road Runners	FV50	39
228	268	Carl	Funess	Bedford Harriers	MV40	185
229	1200	John	Shearer	Wellingborough AC	MV50	186
230	582	Sue	Cross	North Herts Road Runners	FV45	40
231	1211	Mark	Ryding	Wellingborough AC	MV45	187
232	321	Mark	Taggart	Bedford Harriers	M	188
233	140	Dawn	Childs	Bedford Harriers	FV35	41
234	247	Mourad	Ben Taieb	Bedford Harriers	MV50	189
235	1104	Kelly	Burn	Wellingborough AC	F	42
236	1007	Dave	Debnam	Stopsley Striders	MV60	190
237	1137	Natasha	Wain	Wellingborough AC	FV35	43
238	759	Jo	Lee	Northampton Road Runners	F	44
239	1247	Zoe	Hemsley	Wooton Road Runners	FV35	45
240	1412	Richard	Moore	Wooton Road Runners	MV45	191
241	349	Rob	Wallis	Bedford Harriers	MV50	192
242	1173	Colin	Harris	Wellingborough AC	MV40	193
243	63	Dave	Cook	Amphill & Flitwick Flyers	MV55	194
244	779	Ruth	Court	Northampton Road Runners	FV40	46
245	965	Diane	Blackmore	Stopsley Striders	FV50	47
246	788	Ronnie	Ambrose	Northampton Road Runners	MV45	195
247	1317	Louise	Birkett-Swan	Wooton Road Runners	FV35	48
248	560	Niall	Connew	Leighton Fun Runners	M	196
249	101	Adrian	Lake	Amphill & Flitwick Flyers	MV45	197
250	690	Matthew	Rix	North Herts Road Runners	M	198

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Pos.	No.	First Name	Surname	Club	Category	Points
251	561	Matt	Mitchell	Leighton Fun Runners	M	199
252	876	Chris	O'Malley	Northampton Triathlon	MV40	200
253	558	Patrick	Waring	Leighton Fun Runners	MV50-2ndClaim	201
254	1024	Stewart	Read	Stopsley Striders	M	202
255	827	Jim	Anderson	Northampton Road Runners	MV40	203
256	1222	Helen	Beever	Wooton Road Runners	F-2ndClaim	49
257	823	Steve	Ward	Northampton Road Runners	MV40	204
258	774	Jocelyn	Granger	Northampton Road Runners	FV45	50
259	51	Tim	Barry	Amphill & Flitwick Flyers	M	205
260	1074	Sam	Cortese	Team East Haddon	MV50	206
261	1033	Andy	Ward	Stopsley Striders	MV60	207
262	143	Alison	Cooper	Bedford Harriers	FV45	51
263	1436	Andrey	Starcevic	Wooton Road Runners	MV50	208
264	1459	Richard	Baldwin	Wooton Road Runners	MV45	209
265	1190	Howard	Smith	Wellingborough AC	MV50	210
266	847	Claire	Bustin	Northampton Triathlon	FV35	52
267	261	Chris	Fadden	Bedford Harriers	MV45	211
268	854	Rebecca	Falkner-Jones	Northampton Triathlon	F	53
269	408	Mark	Stead	Biggleswade AC	MV40	212
270	1123	Karen	Mehew	Wellingborough AC	FV40	54
271	648	Paul	Bowal	North Herts Road Runners	MV45	213
272	665	Ryan	Johnson	North Herts Road Runners	MV40	214
273	341	Ian	Soaft	Bedford Harriers	MV55	215
274	804	Mark	Glenn	Northampton Road Runners	MV40	216
275	175	Viv	Kilgour	Bedford Harriers	FV45	55
276	967	Lynn	Doyle	Stopsley Striders	FV40	56
277	639	Brian	Bailey	North Herts Road Runners	MV60	217
278	571	Linda	Aird	North Herts Road Runners	FV50	57
279	1004	Nick	Crane	Stopsley Striders	M	218
280	213	Bev	Tredget	Bedford Harriers	FV45	58
281	1164	Bob	Bing	Wellingborough AC	M	219
282	673	Daniel	Mallett	North Herts Road Runners	M	220
283	523	Angela	Kerr	Leighton Fun Runners	FV55	59
284	1261	Antoinette	Kiely	Wooton Road Runners	FV40	60
285	15	Paula	James	Amphill & Flitwick Flyers	FV45	61
286	863	Liam	Cahill	Northampton Triathlon	MV45	221
287	613	Jo	Summers	North Herts Road Runners	FV45	62
288	395	Colin	Harries	Biggleswade AC	MV60	222
289	525	Donna	Savic	Leighton Fun Runners	FV40	63
290	757	Mary	Kingsnorth	Northampton Road Runners	FV50	64
291	1026	Lance	Richardson	Stopsley Striders	MV55	223
292	1081	Andrew	Pate	Team East Haddon	MV50	224
293	435	Erica	Darby	Dunstable Road Runners	FV45	65
294	504	Alan	Turquand	Dunstable Road Runners	MV40	225
295	961	Karen	Ashby	Stopsley Striders	FV50	66
296	1251	Maxine	Hill	Wooton Road Runners	FV35	67
297	997	Bill	Billington	Stopsley Striders	MV70	226
298	29	Shona	Peter	Amphill & Flitwick Flyers	F	68
299	800	Rob	Donovan	Northampton Road Runners	M	227
300	30	Katie	Ruditis	Amphill & Flitwick Flyers	F	69

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Pos.	No.	First Name	Surname	Club	Category	Points
301	1107	Julia	Cooke-Simmons	Wellingborough AC	FV55	70
302	966	Margaret	Chew	Stopsley Striders	FV60	71
303	1313	Irina	Lewis	Wooton Road Runners	FV45	72
304	647	Robert	Boss	North Herts Road Runners	MV50	228
305	1315	Kerry	Lantsbery	Wooton Road Runners	FV35	73
306	7	Nicky	Cronin	Amphthill & Flitwick Flyers	F	74
307	1260	Lorayne	Keet-Marsh	Wooton Road Runners	FV50	75
308	1162	Graham	Bayes	Wellingborough AC	MV60	229
309	243	Dave	Bamber	Bedford Harriers	MV55	230
310	445	Sandra	Smyth	Dunstable Road Runners	FV50	76
311	513	Lynsey	Glover	Dunstable Road Runners	MV55	231
312	159	Lesley	Gaunt	Bedford Harriers	FV45	77
313	291	Gary	McBeth	Bedford Harriers	MV45	232
314	1057	Angela	Freer	Team East Haddon	F	78
315	256	Steve	Crane	Bedford Harriers	MV50	233
316	274	Bob	Hall	Bedford Harriers	MV55	234
317	853	Vicky	Robertson	Northampton Triathlon	FV35	79
318	55	Phil	Bierton	Amphthill & Flitwick Flyers	MV60	235
319	17	Laura	Johnston	Amphthill & Flitwick Flyers	FV40	80
320	849	Alex	Gooch	Northampton Triathlon	FV35	81
321	592	Nicky	Kemp	North Herts Road Runners	FV35	82
322	1061	Joanna	Szymborska	Team East Haddon	FV40	83
323	194	Samantha	Passey	Bedford Harriers	F	84
324	528	Yvette	Todd	Leighton Fun Runners	FV45	85
325	352	Tom	Brassington	Bedford Harriers	MV55	236
326	1300	Sarah	Warden	Wooton Road Runners	FV45	86
327	362	Rachel	Baust	Biggleswade AC	FV35	87
328	645	David	Benson	North Herts Road Runners	M	237
329	1455	Martin	Lewis	Wooton Road Runners	MV50	238
330	1140	Louise	Kemp	Wellingborough AC	F	88
331	522	Anne	Hully	Leighton Fun Runners	FV45	89
332	515	Jason	Rogers	Dunstable Road Runners	MV40	239
333	302	Peter	Pack	Bedford Harriers	MV45	240
334	1003	Ian	Cousins	Stopsley Striders	MV60	241
335	1102	Gillian	Brightwell	Wellingborough AC	FV50	90
336	549	Kevin	Kemp	Leighton Fun Runners	MV50	242
337	602	Karen	Parnell	North Herts Road Runners	FV40	91
338	1311	Fiona	Kindar	Wooton Road Runners	FV45	92
339	1105	Laura	Burton	Wellingborough AC	F	93
340	234	Caroline	Diggle	Bedford Harriers	FV35	94
341	612	Joy	Stroud	North Herts Road Runners	FV60	95
342	538	Marian	Pelmore	Leighton Fun Runners	F	96
343	881	Mel	Ryding	Northampton Triathlon	FV35	97
344	161	Lynne	Greenard	Bedford Harriers	FV60	98
345	760	Claire	McDaid	Northampton Road Runners	F	99
346	1294	Josie	Steedman	Wooton Road Runners	FV35	100
347	133	Ruth	Bissell	Bedford Harriers	F	101
348	28	Alison	Parker	Amphthill & Flitwick Flyers	FV40	102
349	150	Penny	Duffin	Bedford Harriers	FV50	103
350	1063	Amanda	Weller	Team East Haddon	FV35	104

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Pos.	No.	First Name	Surname	Club	Category	Points
351	517	Paul	Stack	Dunstable Road Runners	MV45	243
352	287	Bill	Khinda	Bedford Harriers	MV60	244
353	1128	Clare	Paley	Wellingborough AC	FV35	105
354	253	Darren	Cimelli	Bedford Harriers	M	245
355	746	Jo	Cummings	Northampton Road Runners	FV35	106
356	1129	Donna	Patton	Wellingborough AC	FV45	107
357	142	Cathy	Clark	Bedford Harriers	FV45	108
358	598	Miranda	Morgan	North Herts Road Runners	FV55	109
359	1295	Joy	Swindells	Wooton Road Runners	FV50	110
360	1421	Terry	Peters	Wooton Road Runners	MV55	246
361	182	Maria	McBeth	Bedford Harriers	FV50	111
362	909	Rachael	Passee	Olney Runners	FV35	112
363	609	Christine	Sharp	North Herts Road Runners	FV50	113
364	548	Adam	Joesbury	Leighton Fun Runners	M	247
365	183	Donna	McEwen	Bedford Harriers	F	114
366	293	Malcolm	McEwen	Bedford Harriers	M	248
367	608	Vanessa	Rolfe	North Herts Road Runners	FV55	115
368	667	Brian	Judkins	North Herts Road Runners	MV55	249
369	567	Debbie	Cox	Leighton Fun Runners	FV45	116
370	524	Karen	Kirwan	Leighton Fun Runners	FV50	117
371	374	Elaine	Stead	Biggleswade AC	FV35	118
372	84	Brendan	O'Mahoney	Amphill & Flitwick Flyers	MV50	250
373	1179	Andy	Manning	Wellingborough AC	MV45	251
374	568	John	West	Leighton Fun Runners	MV70	252
375	216	Linda	Wilding	Bedford Harriers	FV60	119
376	227	Sylvia	Snowling	Bedford Harriers	FV50	120
377	580	Lindsay	Cook	North Herts Road Runners	FV35	121
378	1243	Vicky	Greenshields	Wooton Road Runners	F	122
379	941	Mike	Smith	Olney Runners	MV50	253
380	845	Val	Bridges	Northampton Triathlon	FV55	123
381	1302	Elizabeth	Wilbourne	Wooton Road Runners	F	124
382	211	Jude	Toasland	Bedford Harriers	FV45	125
383	35	Vicky	Harris	Amphill & Flitwick Flyers	F	126
384	532	Anna-Marie	Scheeper	Leighton Fun Runners	FV35	127
385	1136	Jane	Sim	Wellingborough AC	F	128
386	552	Andy	Powell	Leighton Fun Runners	MV45	254
387	982	Judy	Rein	Stopsley Striders	F	129
388	1109	Nicola	Davis	Wellingborough AC	FV40	130
389	1144	Mandy		Wellingborough AC	F	131
390	534	Julie	Cheah	Leighton Fun Runners	FV45	132
391	986	Christa	Jeffrey	Stopsley Striders	FV35	133
392	531	Katy	Thomas	Leighton Fun Runners	FV35	134
393	970	Elaine	Harries	Stopsley Striders	FV35	135
394	1312	Helen	Johannson	Wooton Road Runners	FV50	136
395	526	Dionne	Smedley	Leighton Fun Runners	F	137
396	185	Trish	Miller	Bedford Harriers	FV35	138
397	685	Geoff	Pettengell	North Herts Road Runners	MV65	255
398	348	Richard	Beard	Bedford Harriers	FV55	139
399	1314	Kelly	Jurdison	Wooton Road Runners	F	140
400	769	Carole	Whatton	Northampton Road Runners	FV45	141

3 Counties Cross Country League Results

Venue **Dunstable**

14-November-2010

Pos.	No.	First Name	Surname	Club	Category	Points
401	539	Hilary	Fox	Leighton Fun Runners	FV55	142
402	537	Sue	Healey	Leighton Fun Runners	FV50	143
403	158	Angela	Gallivan	Bedford Harriers	FV50	144
404	160	Karen	Godfrey	Bedford Harriers	FV45	145
405	212	Kerrie	Tomei	Bedford Harriers	F	146
406	5	Jane	Cook	Amphill & Flitwick Flyers	FV55	147
407	457	Stella	McClellan	Dunstable Road Runners	FV45	148
408	134	Eleanor	Bonnist	Bedford Harriers	F	149
409	1021	Tommy	Murphy	Stopsley Striders	MV70	256
410	32	Sue	Weir	Amphill & Flitwick Flyers	FV35	150
411	3	Janice	Benedickter	Amphill & Flitwick Flyers	FV40	151
412	969	Jenny	Griffiths	Stopsley Striders	FV60	152
413	985	Amanda	Rankin	Stopsley Striders	FV40	153
414	221	Katarina	D'Arcy	Bedford Harriers	FV35	154
415	192	Susan	Pack	Bedford Harriers	FV45	155
416	135	Neica-Louise	Braik	Bedford Harriers	FV35	156
417	195	Linda	Payne	Bedford Harriers	FV45	157
418	753	Sally	Garrett	Northampton Road Runners	FV45	158
419	777	Claire	Spokes	Northampton Road Runners	F	159
420	806	Alan	Hacket	Northampton Road Runners	MV45	257
421	132	Val	Bird	Bedford Harriers	FV60	160
422	972	Barbara	Hunt	Stopsley Striders	FV55	161
423	984	Sarah	Callery	Stopsley Striders	F	162
424	1309	Rebecca	Wright	Wootton Road Runners	F	163
425	1279	Sue	Northern	Wootton Road Runners	FV40	164
426	1018	James	McIntosh	Stopsley Striders	MV75	258
427	128	Iva	Barr	Bedford Harriers	FV80	165
428	281	Paul	Hudson	Bedford Harriers	MV45	259