

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
1	462	Darren	Deed	Boxfit	M-2ndClaim	1
2	1411	Michael	Aldridge	Wootton Road Runners	M	2
3	1152	Rob	Palmer	Stopsley Striders	MV40-Guest	
4	768	Nick	Beresford	North Herts Road Runners	M	3
5	802	Steve	Mckeown	North Herts Road Runners	MV40	4
6	804	Andy	Mutton	North Herts Road Runners	M	5
7	125	Tim	Harris	Ampthill & Flitwick Flyers	M	6
8	1298	Greg	Spellman	Wellingborough AC	MV45-2ndClaim	7
9	431	Richard	Bevan	Biggleswade AC	M	8
10	818	Peter	Sibbett	North Herts Road Runners	MV45	9
11	787	Robert	Harris	North Herts Road Runners	M	10
12	1065	Louise	Peters	Stopsley Striders	FV35	1
13	1309	Andrew	McKenna	Wellingborough AC	M	11
14	273	Tim	Davis	Bedford Harriers	M	12
15	912	Tony	Letts	Northampton Road Runners	MV40	13
16	112	Giles	Shorley	Ampthill & Flitwick Flyers	M	14
17	89	Stephen	Hartley	Ampthill & Flitwick Flyers	MV40	15
18	473	Paul	Halford	Boxfit	MV40	16
19	1104	Adrian	Copp	Stopsley Striders	M	17
20	1108	Mark	Sains	Stopsley Striders	M	18
21	579	Craig	Palmer	Dunstable Road Runners	M	19
22	467	Mark	George	Boxfit	M	20
23	828	James	Walsh	North Herts Road Runners	MV40	21
24	461	Chris	George	Boxfit	M	22
25	1476	Chris	Gallagher	Wootton Road Runners	M	23
26	1006	Juliette	Minter	Olney Runners	FV35	2
27	279	Gary	Finch	Bedford Harriers	MV40	24
28	1279	Jon	Kemp	Wellingborough AC	MV40	25
29	776	Gary	Cook	North Herts Road Runners	M	26
30	1043	Thomas	Watson	Olney Runners	M	27
31	1278	Keith	Molloy	Wellingborough AC	MV45	28
32	576	Lee	Murphy	Dunstable Road Runners	M-2ndClaim	29
33	412	Craig	Brown	Biggleswade AC	M	30
34	463	Dave	Bailey	Boxfit	M	31
35	1440	Richard	Lack	Wootton Road Runners	MV40	32
36	792	Mark	Hutchinson	North Herts Road Runners	MV45	33
37	817	Adrian	Sherwood	North Herts Road Runners	MV45	34
38	826	Peter	Turner	North Herts Road Runners	M	35
39	662	Tom	May	Leighton Fun Runners	M-2ndClaim	36
40	569	John	Lawler	Dunstable Road Runners	M	37
41	361	Andy	Palombella	Bedford Harriers	M	38
42	1276	James	Berry	Wellingborough AC	M	39
43	126	James	Handley	Ampthill & Flitwick Flyers	M	40
44	423	Paul	Davies	Biggleswade AC	MV40	41
45	1441	Chris	Lazenby	Wootton Road Runners	M	42
46	1427	Mark	Fowler	Wootton Road Runners	M	43
47	415	Sam	Smith	Biggleswade AC	M	44
48	414	Lee	Welham	Biggleswade AC	MV40	45
49	1442	David	Lazenby	Wootton Road Runners	M	46
50	1429	Richard	Fowler	Wootton Road Runners	MV40	47

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
51	101	John	Mitcalf	Ampthill & Flitwick Flyers	M	48
52	814	Peter	Scrowther	North Herts Road Runners	MV45	49
53	464	Dave	Coard	Boxfit	MV45	50
54	1434	Steve	Heighway	Wootton Road Runners	MV40	51
55	347	Paul	Furness	Bedford Harriers	MV45	52
56	666	Tam	Quinn	Leighton Fun Runners	MV45	53
57	1299	Ben	Green	Wellingborough AC	M	54
58	962	Alex	Quibell	Northampton Triathlon	M	55
59	726	Astrid	McKeown	North Herts Road Runners	FV35	3
60	1109	John	Chapman	Stopsley Striders	MV50	56
61	1102	Stuart	Harries	Stopsley Striders	M	57
62	1046	Stuart	Woodruff	Olney Runners	MV40	58
63	277	Alastair	Fadden	Bedford Harriers	MV45	59
64	917	Mark	Nightingale	Northampton Road Runners	MV45	60
65	407	Vincent	Plosky	Biggleswade AC	MV40	61
66	1281	David	Kelly	Wellingborough AC	MV40	62
67	979	Steve	Dransfield	Northampton Triathlon	M	63
68	1477	Terry	Allen	Wootton Road Runners	MV45	64
69	575	David	Morgan	Dunstable Road Runners	MV45	65
70	1051	Robert	Palmer	Olney Runners	M	66
71	1105	Chris	Lamont	Stopsley Striders	MV55	67
72	1307	Paul	Hurt	Wellingborough AC	M	68
73	1318	Julian	Blackwell	Wellingborough AC	MV40	69
74	294	Adam	Hills	Bedford Harriers	M	70
75	132	Renee	Allen	Bedford Harriers	FV35	4
76	1465	Simon	Tootell	Wootton Road Runners	M	71
77	1037	George	Watson	Olney Runners	M	72
78	270	David	Course	Bedford Harriers	M	73
79	1184	Andy	Green	Team East Haddon	MV45	74
80	825	Steven	Tracey	North Herts Road Runners	M	75
81	830	Steve	Williamson	North Herts Road Runners	MV45	76
82	1436	Graham	Hollowell	Wootton Road Runners	MV45	77
83	1437	Mike	Howgego	Wootton Road Runners	MV45	78
84	318	Richard	Piron	Bedford Harriers	MV55	79
85	899	Gary	McDaniel	Northampton Road Runners	MV40	80
86	355	Simon	North	Bedford Harriers	M	81
87	1459	Drew	Sheffield	Wootton Road Runners	M	82
88	774	Dominic	Buck	North Herts Road Runners	M	83
89	321	Dave	Roberts	Bedford Harriers	MV40	84
90	251	Jose	Ariza	Bedford Harriers	MV40	85
91	1321	Tim	Ulyatt	Wellingborough AC	M	86
92	1048	Mark	Clayton	Olney Runners	MV40	87
93	1263	Roger	Bullen	Wellingborough AC	MV45	88
94	275	Jim	Dunn	Bedford Harriers	MV45	89
95	416	Adam	Murphy	Biggleswade AC	M	90
96	148	Sally	Cartwright	Bedford Harriers	FV40	5
97	320	Jerry	Pullinger	Bedford Harriers	MV50	91
98	733	Natasha	Pitman	North Herts Road Runners	FV35	6
99	411	Phil	Redden	Biggleswade AC	MV55-2ndClaim	92
100	297	Dave	Holt	Bedford Harriers	MV55	93

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
101	481	Richard	Hoar	Boxfit	MV55	94
102	85	Darren	Farr	Ampthill & Flitwick Flyers	M	95
103	169	Carla	Fisher	Bedford Harriers	FV35	7
104	948	Stacey	Penn	Northampton Triathlon	F	8
105	571	Phil	Mcclean	Dunstable Road Runners	MV50	96
106	484	Mark	Hill	Boxfit	MV40	97
107	313	Justin	Moir	Bedford Harriers	MV40	98
108	1012	Emily	Robertson	Olney Runners	F	9
109	108	Richard	Pillinger	Ampthill & Flitwick Flyers	M	99
110	562	Daniel	Holder	Dunstable Road Runners	M	100
111	405	Rob	Morgan	Biggleswade AC	M	101
112	1122	Paul	Keech	Stopsley Striders	MV50	102
113	476	Simon	Bellinger	Boxfit	M	103
114	434	Rob	Hemming	Biggleswade AC	MV45	104
115	821	Johnny	Spinks	North Herts Road Runners	MV45	105
116	312	Rob	Miller	Bedford Harriers	MV45	106
117	472	Noel	Keenen	Boxfit	MV45	107
118	1262	Neil	McDonald	Wellingborough AC	MV50	108
119	1320	Simon	Leisten	Wellingborough AC	M	109
120	551	Robert	Curtis	Dunstable Road Runners	MV45	110
121	1472	Matthew	Brown	Wootton Road Runners	M	111
122	681	Steve	Ellerton	Leighton Fun Runners	MV45	112
123	772	Stewart	Bryant	North Herts Road Runners	MV55	113
124	280	Simon	Fisher	Bedford Harriers	MV50	114
125	651	Martin	Addrison	Leighton Fun Runners	MV55	115
126	163	Anna	Didier	Bedford Harriers	F	10
127	1357	Victoria	Knight	Wootton Road Runners	F	11
128	75	Warwick	Browning	Ampthill & Flitwick Flyers	MV50	116
129	68	Jeremy	Bell	Ampthill & Flitwick Flyers	MV45	117
130	605	Gary	Ellingham	Dunstable Road Runners	M	118
131	604	Mark	Ellingham	Dunstable Road Runners	MV50	119
132	1112	Derek	Christopher	Stopsley Striders	MV60	120
133	365	Phil	Jamieson	Bedford Harriers	M	121
134	812	John	Russell	North Herts Road Runners	MV45	122
135	1040	Peter	Humphries	Olney Runners	M	123
136	118	Richard	Wilson	Ampthill & Flitwick Flyers	M	124
137	902	Dave	Whatton	Northampton Road Runners	MV45	125
138	925	Matthew	Brand	Northampton Road Runners	M	126
139	356	Aleck	Hornshaw	Bedford Harriers	MV40-2ndClaim	127
140	898	Mark	Kennedy	Northampton Road Runners	M	128
141	896	Mark	Garrett	Northampton Road Runners	MV50	129
142	505	Rosie	Keane	Dunstable Road Runners	F-2ndClaim	12
143	1287	Nathan	Sexon	Wellingborough AC	MV40	130
144	86	Jeremy	Godfrey	Ampthill & Flitwick Flyers	M	131
145	973	Adrian	Homer	Northampton Triathlon	MV40	132
146	785	Richard	Harbon	North Herts Road Runners	MV45	133
147	418	Steve	Pledger	Biggleswade AC	MV50-2ndClaim	
148	283	Mike	Furby	Bedford Harriers	MV40	134
149	1449	Paul	Northern	Wootton Road Runners	MV40	135
150	549	Mark	Cornell	Dunstable Road Runners	MV45	136

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
151	1042	Ashley	Pettican	Olney Runners	MV40	137
152	581	Mark	Pedder	Dunstable Road Runners	M	138
153	325	Dave	Sharman	Bedford Harriers	M	139
154	1143	Chris	Caddy	Stopsley Striders	M	140
155	972	Jay	Love	Northampton Triathlon	MV40-2ndClaim	141
156	965	Gavin	Prior	Northampton Triathlon	MV40	142
157	1120	Thom	Darby	Stopsley Striders	M	143
158	833	Mark	Young	North Herts Road Runners	MV45	144
159	1296	Barry	Wake	Wellingborough AC	M	145
160	1481	Edward	Bailey	Wootton Road Runners	M	146
161	332	Paul	Stuart	Bedford Harriers	MV45	147
162	1128	Paul	Abbott	Stopsley Striders	MV50	148
163	468	Martin	Beare	Boxfit	MV45	149
164	1479	Connor	Swan	Wootton Road Runners	M	150
165	366	Colin	Ross	Bedford Harriers	MV50	151
166	652	Jim	Buttleman	Leighton Fun Runners	MV45	152
167	1033	Steve	Rice	Olney Runners	MV50-2ndClaim	153
168	1067	Liz	Rollinson	Stopsley Striders	FV40	13
169	655	Clive	Daniels	Leighton Fun Runners	M	154
170	823	Richard	Thackeray	North Herts Road Runners	MV45	155
171	274	Morris	Dempster	Bedford Harriers	MV60	156
172	1049	Gareth	Morris	Olney Runners	M	157
173	920	Martin	Andrews	Northampton Road Runners	M	158
174	782	John	Franklin	North Herts Road Runners	MV45	159
175	351	Marcus	Cookham	Bedford Harriers	M	160
176	122	Phil	Clarke	Amphill & Flitwick Flyers	MV60	161
177	1349	Nicola	Wood	Wootton Road Runners	F	14
178	439	Kurt	Sanders	Biggleswade AC	M-2ndClaim	
179	974	Andy	Wright	Northampton Triathlon	MV45-2ndClaim	
180	328	Graham	Short	Bedford Harriers	MV50	162
181	87	Martin	Godin	Amphill & Flitwick Flyers	MV50	163
182	783	Jon	Gillham	North Herts Road Runners	M	164
183	580	Duncan	Park	Dunstable Road Runners	MV45	165
184	550	Bill	Crane	Dunstable Road Runners	MV55	166
185	761	Clive	Adams	North Herts Road Runners	MV40	167
186	432	David	Sabey	Biggleswade AC	MV40	168
187	182	Carla	Jenkins	Bedford Harriers	FV35	15
188	918	Peter	Moore	Northampton Road Runners	M	169
189	597	Philip	Williams	Dunstable Road Runners	M	170
190	1314	Guy	Travers	Wellingborough AC	MV40	171
191	691	Paula	Adams	North Herts Road Runners	FV40	16
192	124	Jody	Buczynski	Amphill & Flitwick Flyers	M	172
193	556	Matthew	Falkner	Dunstable Road Runners	M	173
194	465	Graham	Briggs	Boxfit	MV40	174
195	1359	Morag	Larsen	Wootton Road Runners	F	17
196	679	Rod	Stiles	Leighton Fun Runners	MV45	175
197	292	Paul	Harris	Bedford Harriers	MV45	176
198	1061	Alison	Sugars	Stopsley Striders	FV35	18
199	1145	John	Brennan	Stopsley Striders	MV45	177
200	307	Neil	Lovesey	Bedford Harriers	MV55	178

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
201	77	Dave	Coker	Ampthill & Flitwick Flyers	MV45	179
202	63	Ron	Armstrong	Ampthill & Flitwick Flyers	MV45	180
203	378	Fiona	Wynde	Biggleswade AC	FV35	19
204	284	Carl	Furness	Bedford Harriers	MV40	181
205	864	Steph	Russell	Northampton Road Runners	F	20
206	65	Mike	Bannister	Ampthill & Flitwick Flyers	M	182
207	1271	Andrew	Redden	Wellingborough AC	M	183
208	25	Sally	Marsh	Ampthill & Flitwick Flyers	FV45	21
209	451	Emma	Maggott	Boxfit	F	22
210	302	Ian	Joyce	Bedford Harriers	MV45	184
211	14	Claire	Fisher	Ampthill & Flitwick Flyers	FV35	23
212	949	Jen	Moffatt	Northampton Triathlon	F	24
213	1423	Peter	Diamond	Wootton Road Runners	MV50	185
214	1412	Stephen	Atkinson	Wootton Road Runners	MV40	186
215	265	Rob	Butler	Bedford Harriers	MV50	187
216	308	Mark	Lowe	Bedford Harriers	MV40	188
217	448	Sarah	Deed	Boxfit	FV35	25
218	545	John	Brophy	Dunstable Road Runners	MV55	189
219	1273	Ian	Patton	Wellingborough AC	MV45	190
220	1	Jo	Aatkar	Ampthill & Flitwick Flyers	FV40	26
221	1141	Jeff	Dowsett	Stopsley Striders	MV60	191
222	437	Joel	Craven	Biggleswade AC	MV40	192
223	501	Ruth	Grint	Dunstable Road Runners	FV40	27
224	762	Martyn	Annetts	North Herts Road Runners	MV45	193
225	428	Gary	Baldwin	Biggleswade AC	MV45	194
226	1231	Louise	Kemp	Wellingborough AC	F	28
227	967	Lee	Pyke	Northampton Triathlon	M	195
228	479	Steve	Nolan	Boxfit	M	196
229	587	Adrian	Shotbolt	Dunstable Road Runners	M	197
230	1474	Grant	Byworth	Wootton Road Runners	MV40	198
231	1282	Martin	Newton	Wellingborough AC	M	199
232	260	Mourad	Ben Taieb	Bedford Harriers	MV50	200
233	673	Martin	Walker	Leighton Fun Runners	MV55	201
234	1338	Lee	Clayson	Wootton Road Runners	FV45	29
235	906	John	Fleming	Northampton Road Runners	MV40	202
236	816	Martin	Shephard	North Herts Road Runners	M	203
237	1316	Garath	Thomas	Wellingborough AC	M	204
238	1369	Vicky	Parsons	Wootton Road Runners	FV35	30
239	1014	Lisa	Russell	Olney Runners	FV35	31
240	700	Helen	Cairns	North Herts Road Runners	FV35	32
241	51	Jemma	Murray	Ampthill & Flitwick Flyers	F	33
242	64	Andy	Atherton	Ampthill & Flitwick Flyers	MV45	205
243	1196	Matthew	Stevens	Team East Haddon	M	206
244	483	Anthony	Wright	Boxfit	M	207
245	971	John	Overman	Northampton Triathlon	M	208
246	30	Tracy	Nichols	Ampthill & Flitwick Flyers	FV40	34
247	1370	Polly	Randell	Wootton Road Runners	FV50	35
248	987	Gary	Thacker	Northampton Triathlon	M	209
249	1413	Richard	Baldwin	Wootton Road Runners	MV45	210
250	567	Peter	Keane	Dunstable Road Runners	MV45-2ndClaim	

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
251	228	Cathy	Johnson	Bedford Harriers	FV45	36
252	789	Duncan	Hooker	North Herts Road Runners	MV50	211
253	445	Jeanette	Walster	Boxfit	FV45	37
254	1055	Barry	Robertson	Olney Runners	MV60	212
255	150	Dawn	Childs	Bedford Harriers	FV35	38
256	433	Derek	Litchfield	Biggleswade AC	MV50	213
257	282	Lawrence	Folley	Bedford Harriers	MV50	214
258	1016	Vicky	Johashen	Olney Runners	FV40	39
259	98	Jeremy	Lewis	Amptill & Flitwick Flyers	MV40	215
260	213	Julie	Wargent	Bedford Harriers	FV40	40
261	299	Dave	Hutchings	Bedford Harriers	MV45	216
262	641	Angela	McLeod	Leighton Fun Runners	F	41
263	1478	Rod	Burgess	Wootton Road Runners	MV45	217
264	922	Darren	Baldwin	Northampton Road Runners	MV45	218
265	293	Charlie	Hempstead	Bedford Harriers	MV50	219
266	1239	Mandy	Bishop	Wellingborough AC	F	42
267	905	Rob	Donovan	Northampton Road Runners	MV40	220
268	1336	Annette	Burgess	Wootton Road Runners	FV40	43
269	1322	Mark	Edwards	Wellingborough AC	MV40	221
270	981	Paul	Warden	Northampton Triathlon	MV45	222
271	341	James	Wallbank	Bedford Harriers	MV50	223
272	438	Mark	Murphy	Biggleswade AC	MV45	224
273	1212	Natasha	Wain	Wellingborough AC	FV35	44
274	1142	Richard	Hardy	Stopsley Striders	MV55	225
275	408	Nigel	Bush	Biggleswade AC	MV60	226
276	1106	Martin	Mitchell	Stopsley Striders	MV45	227
277	598	Iain	Wilson	Dunstable Road Runners	M	228
278	358	Kevin	McPhillips	Bedford Harriers	MV45	229
279	517	Sarah	Shynn	Dunstable Road Runners	FV40	45
280	803	Michael	Moralee	North Herts Road Runners	MV50	230
281	1004	Michelle	Smith	Olney Runners	FV35	46
282	1130	Brian	Davies	Stopsley Striders	MV45	231
283	156	Catherine	Course	Bedford Harriers	FV35	47
284	345	Steve	Williamson	Bedford Harriers	MV55	232
285	384	Zoe	Luscombe	Biggleswade AC	FV35	48
286	653	Mike	Clark	Leighton Fun Runners	MV55	233
287	204	Juliet	Smith	Bedford Harriers	FV40	49
288	603	Lee	Harper	Dunstable Road Runners	MV40	234
289	742	Suzy	Trott	North Herts Road Runners	FV35	50
290	362	Michael	Munroe	Bedford Harriers	MV40	235
291	387	Monika	Molnar	Biggleswade AC	F	51
292	1268	Tony	Hale	Wellingborough AC	MV60	236
293	449	Tara	Kirkham	Boxfit	FV35	52
294	1292	Thom	McKiernan	Wellingborough AC	M	237
295	1464	Graham	Tee	Wootton Road Runners	MV50	238
296	779	Mark	Draper	North Herts Road Runners	MV50	239
297	975	Alex	Nau	Northampton Triathlon	M	240
298	1252	Emma	Murphy	Wellingborough AC	FV35	53
299	1295	Colin	Harris	Wellingborough AC	MV40	241
300	500	Kim	Gilbert	Dunstable Road Runners	F	54

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
301	1335	Louise	Birkett-Swan	Wootton Road Runners	FV35	55
302	1101	Dave	Debnam	Stopsley Striders	MV60	242
303	953	Neil	Key	Northampton Triathlon	M	243
304	1286	Stuart	Mellows	Wellingborough AC	MV45	244
305	377	Natalie	Morgan	Biggleswade AC	FV35	56
306	45	Deborah	Pedley	Amphill & Flitwick Flyers	F	57
307	775	Colin	Calcutt	North Herts Road Runners	MV50	245
308	1044	Simon	Harrison	Olney Runners	MV40-2ndClaim	
309	788	Joe	Hiemstra	North Herts Road Runners	MV40	246
310	254	Tony	Barnes	Bedford Harriers	MV45	247
311	138	Sam	Bayliss	Bedford Harriers	FV35	58
312	692	Linda	Aird	North Herts Road Runners	FV50	59
313	342	Rob	Wallis	Bedford Harriers	MV50	248
314	429	Alan	Goodman	Biggleswade AC	MV45	249
315	1182	Sam	Cortese	Team East Haddon	MV50	250
316	819	Finlay	Simpson	North Herts Road Runners	MV45	251
317	329	Dave	Simpson	Bedford Harriers	MV40	252
318	1162	Angela	Freer	Team East Haddon	FV35	60
319	419	Robin	Wynde	Biggleswade AC	MV50	253
320	1083	Lynn	Doyle	Stopsley Striders	FV40	61
321	1388	Suzanne	De Maine	Wootton Road Runners	FV40	62
322	322	Alex	Rothwell	Bedford Harriers	MV50	254
323	157	Sue	Cross	Bedford Harriers	FV45	63
324	1339	Andrea	Collingwood	Wootton Road Runners	FV35	64
325	301	Tony	Jones	Bedford Harriers	MV50	255
326	252	Steve	Ball	Bedford Harriers	MV45	256
327	205	Estelle	Smith	Bedford Harriers	FV35	65
328	440	Ian	Skerratt	Biggleswade AC	MV60	257
329	40	Keri	Stanley	Amphill & Flitwick Flyers	FV45	66
330	446	Paula	Nicol	Boxfit	F	67
331	1232	Laura	Burton	Wellingborough AC	F	68
332	1134	Geoff	Luwv	Stopsley Striders	M	258
333	777	John	Cooper	North Herts Road Runners	MV45	259
334	1317	Stephen	Wilding	Wellingborough AC	MV40	260
335	921	Tony	Kennedy	Northampton Road Runners	MV45	261
336	336	Mark	Tinkler	Bedford Harriers	MV50	262
337	135	Pauline	Bambury	Bedford Harriers	FV60	69
338	319	David	Prior	Bedford Harriers	MV60	263
339	212	Bev	Tredget	Bedford Harriers	FV45	70
340	834	Richard	Mallett	North Herts Road Runners	MV45	264
341	1110	Matthew	Crossland	Stopsley Striders	M	265
342	359	Dave	Girling	Bedford Harriers	MV60	266
343	10	Denise	Dillon	Amphill & Flitwick Flyers	FV50	71
344	2	Joanne	Allin	Amphill & Flitwick Flyers	FV35	72
345	185	Viv	Kilgour	Bedford Harriers	FV45	73
346	1127	Dave	Thompson	Stopsley Striders	MV45	267
347	497	Margaret	Dewinter	Dunstable Road Runners	FV55	74
348	223	Diane	Wallis	Bedford Harriers	FV50	75
349	1149	Alan	Taylor	Stopsley Striders	MV65	268
350	704	Sheena	Cook	North Herts Road Runners	FV45	76

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
351	1131	Matthew	Davies	Stopsley Striders	M	269
352	1076	Dianne	Blackmore	Stopsley Striders	FV50	77
353	559	Steve	Grint	Dunstable Road Runners	MV45	270
354	1238	Sarah	Ellwood	Wellingborough AC	FV35	78
355	441	Donna	Thomas	Boxfit	FV45	79
356	1088	Karen	Ashby	Stopsley Striders	FV50	80
357	1166	Joanna	Szymborska	Team East Haddon	FV40	81
358	674	Patrick	Waring	Leighton Fun Runners	MV50	271
359	436	Jonathan	Bevan	Biggleswade AC	M	272
360	262	Tom	Brassington	Bedford Harriers	MV55	273
361	192	Donna	McEwen	Bedford Harriers	FV35	82
362	716	Jo	Harbon	North Herts Road Runners	FV45	83
363	42	Lorraine	Tur	Amphill & Flitwick Flyers	FV35	84
364	1085	Liz	Davies	Stopsley Striders	FV45	85
365	1169	Carola	Kolbeck	Team East Haddon	F	86
366	317	Amesh	Parit	Bedford Harriers	M	274
367	1324	Kevin	O'Reilly	Wellingborough AC	MV50	275
368	340	Steve	Turner	Bedford Harriers	MV45	276
369	1250	Caroline	Hurt	Wellingborough AC	FV35	87
370	208	Paula	Stuart	Bedford Harriers	FV40	88
371	1372	Diane	Rogers	Wootton Road Runners	FV40	89
372	149	Nette	Cheetham	Bedford Harriers	FV45	90
373	146	Natalie	Brooks	Bedford Harriers	F	91
374	1118	Stewart	Read	Stopsley Striders	M	277
375	1217	Carly	Walker	Wellingborough AC	F	92
376	116	Nick	Tillett	Amphill & Flitwick Flyers	MV50	278
377	38	Katie	Ruditis	Amphill & Flitwick Flyers	F	93
378	770	Robert	Boss	North Herts Road Runners	MV50	279
379	642	Veritye	Yates	Leighton Fun Runners	FV40	94
380	858	Jo	Smith	Northampton Road Runners	FV45	95
381	717	Julie	Harris	North Herts Road Runners	F	96
382	595	William	Walsh	Dunstable Road Runners	M	280
383	1390	Deena	Loverage	Wootton Road Runners	FV40	97
384	892	Micky	Bhogal	Northampton Road Runners	MV55	281
385	443	Greer	Kidney	Boxfit	FV40	98
386	276	Chris	Fadden	Bedford Harriers	MV45	282
387	492	Wendy	Cope	Dunstable Road Runners	FV50	99
388	1396	Faith	Button	Wootton Road Runners	FV35	100
389	1360	Irina	Lewis	Wootton Road Runners	FV45	101
390	874	Debbie	Holmes	Northampton Road Runners	FV35	102
391	1371	Catherine	Riley	Wootton Road Runners	FV40	103
392	8	Lizzie	Davies	Amphill & Flitwick Flyers	F	104
393	291	John	Harris	Bedford Harriers	MV45	283
394	194	Krysta	Nolan	Bedford Harriers	FV35	105
395	315	Peter	Pack	Bedford Harriers	MV45	284
396	6	Steph	Cooper	Amphill & Flitwick Flyers	F	106
397	3	Annette	Bell	Amphill & Flitwick Flyers	FV45	107
398	330	Ian	Soaft	Bedford Harriers	MV60	285
399	422	Colin	Harries	Biggleswade AC	MV60	286
400	158	Jenny	Cull	Bedford Harriers	FV35	108

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
401	1129	Tony	Gardner	Stopsley Striders	MV50	287
402	1300	Chistopher	Jones	Wellingborough AC	M	288
403	677	Bob	Dunham	Leighton Fun Runners	MV60	289
404	771	Paul	Bowal	North Herts Road Runners	MV45	290
405	735	Anna	Priestley	North Herts Road Runners	FV55	109
406	1389	Theresa	Warren	Wootton Road Runners	FV35	110
407	1115	Nick	Crane	Stopsley Striders	M	291
408	868	Jo	Windrum	Northampton Road Runners	F	111
409	1345	Michelle	Fryatt	Wootton Road Runners	FV35	112
410	475	Russ	Nerr	Boxfit	M	292
411	1222	Eve	Donoghue	Wellingborough AC	FV40	113
412	259	Norman	Beckwith	Bedford Harriers	MV65	293
413	36	Julie	Pritchett	Amphill & Flitwick Flyers	FV35	114
414	176	Angie	Harris	Bedford Harriers	FV50	115
415	697	Anna-Marie	Bartlett	North Herts Road Runners	FV35	116
416	430	David	Smith	Biggleswade AC	MV40	294
417	822	Ian	Sutcliffe	North Herts Road Runners	MV65	295
418	152	Lynn	Christison	Bedford Harriers	FV35	117
419	304	Ian	Kingstone	Bedford Harriers	MV45	296
420	1211	Lucia	Hale	Wellingborough AC	FV60	118
421	502	Anita	Wilson	Dunstable Road Runners	FV40	119
422	1052	Nigel	Tite	Olney Runners	MV50	297
423	725	Dawn	Low	North Herts Road Runners	FV45	120
424	731	Jenny	O'Sullivan	North Herts Road Runners	FV35	121
425	287	Steve	Gibbons	Bedford Harriers	M	298
426	164	Caroline	Diggle	Bedford Harriers	FV35	122
427	1255	Jo	Edwards	Wellingborough AC	FV40	123
428	1144	Finbar	Willis	Stopsley Striders	MV50	299
429	9	Caroline	Dentith	Amphill & Flitwick Flyers	FV35	124
430	285	Richard	Gallivan	Bedford Harriers	MV55	300
431	1354	Lorayne	Keet Marsh	Wootton Road Runners	FV50	125
432	1228	Mandy	Allen	Wellingborough AC	FV45	126
433	382	Julia	Mackay	Biggleswade AC	FV45	127
434	1079	Christina	Green	Stopsley Striders	F	128
435	15	Rebecca	Fleckney	Amphill & Flitwick Flyers	F	129
436	1258	Julia	Cooke-Simmons	Wellingborough AC	FV55	130
437	707	Becky	Currell	North Herts Road Runners	FV35	131
438	495	Erica	Darby	Dunstable Road Runners	FV45	132
439	1086	Sian	Barnard	Stopsley Striders	FV40	133
440	172	Lesley	Gaunt	Bedford Harriers	FV50	134
441	1241	Sarah	Grove	Wellingborough AC	FV35	135
442	1153	Martin	Moran	Stopsley Striders	MV40	301
443	1197	James	Watkinson	Team East Haddon	M	302
444	444	Ingrid	Bacon	Boxfit	FV50	136
445	853	Jo	Cummings	Northampton Road Runners	FV35	137
446	385	Jan	Goodeve	Biggleswade AC	FV45	138
447	1080	Marie	Bacon	Stopsley Striders	F	139
448	947	Wendy	Reading	Northampton Triathlon	FV35	140
449	452	Halina	Krajczewska	Boxfit	FV40-Guest	
450	546	John	Catlin	Dunstable Road Runners	MV60	303

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
451	1394	Joanna	Martin	Wootton Road Runners	FV35	141
452	48	Annette	Turner	Amphill & Flitwick Flyers	FV50	142
453	720	Lisa	Hiemstra	North Herts Road Runners	FV40	143
454	286	Steve	Gaunt	Bedford Harriers	MV50	304
455	1356	Fiona	Kinder	Wootton Road Runners	FV45	144
456	216	Linda	Wilding	Bedford Harriers	FV60	145
457	142	Eliza	Bogan	Bedford Harriers	F	146
458	28	Elisabeth	Morice	Amphill & Flitwick Flyers	FV35	147
459	1090	Debbie	Carter	Stopsley Striders	FV45	148
460	1089	Kim	Willis	Stopsley Striders	F	149
461	680	David	Cooper	Leighton Fun Runners	MV60	305
462	1248	Valerie	Anslo	Wellingborough AC	FV55	150
463	923	Richard	Rose	Northampton Road Runners	MV60	306
464	160	Michelle	Davis	Bedford Harriers	FV50	151
465	1068	Linda	Kelly	Stopsley Striders	FV40	152
466	1245	Sally	Hewitt	Wellingborough AC	FV55	153
467	1254	Kim	Geeves	Wellingborough AC	F	154
468	643	Louise	Stepney	Leighton Fun Runners	FV45	155
469	1074	Elaine	Harries	Stopsley Striders	FV35	156
470	739	Joy	Stroud	North Herts Road Runners	FV60	157
471	267	Darren	Cimelli	Bedford Harriers	M	307
472	660	Kevin	Kemp	Leighton Fun Runners	MV55	308
473	865	Sue	Thompson	Northampton Road Runners	FV65	158
474	951	Melanie	Ryding	Northampton Triathlon	FV40	159
475	706	Cathy	Craig	North Herts Road Runners	FV55	160
476	805	Patrick	Norris	North Herts Road Runners	MV50	309
477	1380	Kim	Wakefield	Wootton Road Runners	F	161
478	675	John	West	Leighton Fun Runners	MV70	310
479	1225	Donna	Patton	Wellingborough AC	FV45	162
480	371	Helen	Hope	Biggleswade AC	FV50	163
481	386	Melanie	Brooks	Biggleswade AC	FV35	164
482	625	Hilary	Fox	Leighton Fun Runners	FV55	165
483	50	Liz	Kirtley	Amphill & Flitwick Flyers	FV40	166
484	945	Val	Bridges	Northampton Triathlon	FV55	167
485	640	Clare	Amos	Leighton Fun Runners	FV40	168
486	703	Lindsay	Cook	North Herts Road Runners	FV35	169
487	1062	Desi	Gardner	Stopsley Striders	FV45	170
488	644	Karen	Standy	Leighton Fun Runners	FV35	171
489	513	Calie	Pedder	Dunstable Road Runners	F	172
490	1103	Ian	Cousins	Stopsley Striders	MV60	311
491	186	Karen	King	Bedford Harriers	FV45	173
492	231	Emma	Corbett	Bedford Harriers	F	174
493	17	Pat	Godfrey	Amphill & Flitwick Flyers	FV60	175
494	855	Pauline	Horne	Northampton Road Runners	FV60	176
495	1063	Tracey	Barrett	Stopsley Striders	F	177
496	1075	Christa	Jeffrey	Stopsley Striders	FV35	178
497	225	Anna	Lyden	Bedford Harriers	FV40	179
498	35	Jane	Pibworth	Amphill & Flitwick Flyers	FV50	180
499	161	Tina	Delaney	Bedford Harriers	FV40	181
500	376	Melanie	Wilkinson	Biggleswade AC	FV45	182

3 Counties Cross Country League Results

Venue **Shuttleworth College**

13-November-2011

Pos.	No.	First Name	Surname	Club	Category	Points
501	1367	Sue	Northern	Wootton Road Runners	FV40	183
502	1341	Mandy	Dennis	Wootton Road Runners	FV50	184
503	859	Carol	Whatton	Northampton Road Runners	FV50	185
504	806	Geoff	Pettengell	North Herts Road Runners	MV60	312
505	869	Keran	Irving	Northampton Road Runners	FV40	186
506	198	Mandy	Pullinger	Bedford Harriers	FV45	187
507	1274	Andrew	Manning	Wellingborough AC	MV45	313
508	5	Jane	Cook	Amptill & Flitwick Flyers	FV55	188
509	195	Sue	Pack	Bedford Harriers	FV45	189
510	43	Val	Von Arx	Amptill & Flitwick Flyers	FV55	190
511	171	Angela	Gallivan	Bedford Harriers	FV50	191
512	1253	Trudi	Knight	Wellingborough AC	FV35	192
513	221	Elise	Allen	Bedford Harriers	FV45	193
514	224	Jane	Pritchard	Bedford Harriers	FV50	194
515	180	Lorena	Henderson	Bedford Harriers	FV40	195
516	140	Val	Bird	Bedford Harriers	FV60	196
517	676	Dave	Dickinson	Leighton Fun Runners	MV50	314
518	197	Linda	Payne	Bedford Harriers	FV50	197
519	230	Savina	Velotta	Bedford Harriers	FV40	198
520	1073	Helen	Morris	Stopsley Striders	FV75	199
521	137	Iva	Barr	Bedford Harriers	FV80	200