

3 Counties Cross Country League Results

After 3 Events

Men

No.	First Name	Surname	Club	Vet	Welling	Wing	Guiltsborough	Stopsley	Wootton	Pos	Races	Score
779	Nick	Beresford	North Herts Road Runners		1	3				1	2	4
938	Chris	Lamb	Northampton Road Runners		2	9	2			1	3	4
98	Phil	Holland	Amphill & Flitwick Flyers			2	4			3	2	6
1065	Thomas	Watson	Olney Runners		3	5				4	2	8
822	Andy	Mutton	North Herts Road Runners			6	3			5	2	9
480	Paul	Halford	Boxfit	V45	9	7	5			6	3	12
1339	Greg	Spellman	Wellingborough AC	V45	4	8	8			6	3	12
91	Max	Dillon	Amphill & Flitwick Flyers		6	11	7			8	3	13
96	Stephen	Hartley	Amphill & Flitwick Flyers	V40	5	13	11			9	3	16
139	Mark	Waine	Amphill & Flitwick Flyers	V40	8	10	13			10	3	18
97	Tim	Harris	Amphill & Flitwick Flyers			15	6			11	2	21
120	Craig	Palmer	Amphill & Flitwick Flyers		11	14	10			11	3	21
819	Steve	Mckeown	North Herts Road Runners	V40	10	12				13	2	22
1423	Chris	Galagher	Wootton Road Runners		12	16	15			14	3	27
472	Dave	Bailey	Boxfit		14	27	16			15	3	30
67	George	Arbuckle	Amphill & Flitwick Flyers		13	18				16	2	31
103	Nick	Jones	Amphill & Flitwick Flyers	V50	15	22	18			17	3	33
111	John	Mitcalf	Amphill & Flitwick Flyers		19	20	14			17	3	33
1305	Jon	Kemp	Wellingborough AC	V40	16	19	17			17	3	33
612	Stuart	Lamond	Dunstable Road Runners		17	17	21			20	3	34
92	Ed	Druce	Amphill & Flitwick Flyers		22		22			21	2	44
1466	Lee	Berril	Wootton Road Runners		24		20			21	2	44
1121	Adrian	Copp	Stopsley Striders	V40	38	25	19			21	3	44
1066	David	Glossy	Olney Runners		20	26	32			24	3	46
669	Steve	Harrison	Leighton Fun Runners	V40	28	23	27			25	3	50
488	Lyndon	Moore	Boxfit	V40		21	31			26	2	52
925	Tony	Letts	Northampton Road Runners	V40		28	25			27	2	53
351	Kevin	Willetts	Bedford Harriers	V45	30	24				28	2	54
367	Steve	Horton	Bedford Harriers			30	24			28	2	54
478	Mark	George	Boxfit			32	23			30	2	55
432	Vince	Plosky	Biggleswade AC	V40	26	29	29			30	3	55
75	Martin	Beare	Amphill & Flitwick Flyers	V45	29	34	42			32	3	63
1050	Gareth	Morris	Olney Runners		25	47	38			32	3	63
788	Gary	Cook	North Herts Road Runners		34	43	30			34	3	64
1419	Mark	Fowler	Wootton Road Runners			39	26			35	2	65
1151	Mark	Sains	Stopsley Striders		18	49	50			36	3	67
137	Steven	Upton	Amphill & Flitwick Flyers		36	41	34			37	3	70
324	Andy	Palombella	Bedford Harriers		27	50	43			37	3	70
848	Steve	Williamson	North Herts Road Runners	V45	149	42	28			37	3	70
1145	Lee	Murphy	Stopsley Striders		37	38	33			37	3	70