

3 Counties Cross Country League Results

After 4 Events

Men V40+

No.	First Name	Surname	Club	Vet	Welling	Wing	Guilbsborough	Stopsley	Wootton	Pos	Races	Score
1339	Greg	Spellman	Wellingborough AC	V45	1	3	2	2		1	4	5
96	Stephen	Hartley	Amphill & Flitwick Flyers	V40	2	6	3	1		2	4	6
480	Paul	Halford	Boxfit	V45	4	2	1	5		3	4	7
139	Mark	Waine	Amphill & Flitwick Flyers	V40	3	4	4			4	3	11
819	Steve	McKeown	North Herts Road Runners	V40	5	5		3		5	3	13
1305	Jon	Kemp	Wellingborough AC	V40	7	7	5	10		6	4	19
103	Nick	Jones	Amphill & Flitwick Flyers	V50	6	9	6	9		7	4	21
432	Vince	Plosky	Biggleswade AC	V40	8	14	11	6		8	4	25
669	Steve	Harrison	Leighton Fun Runners	V40	9	10	9			9	3	28
925	Tony	Letts	Northampton Road Runners	V40		13	8	8		10	3	29
1121	Adrian	Copp	Stopsley Striders	V40	13	12	7	12		11	4	31
351	Kevin	Willetts	Bedford Harriers	V45	11	11		14		12	3	36
75	Martin	Beare	Amphill & Flitwick Flyers	V45	10	16	16	15		13	4	41
1431	Richard	Lack	Wootton Road Runners	V40	17	25	15	11		14	4	43
586	John	Murphy	Dunstable Road Runners	V45	12	24	18	16		15	4	46
682	Chris	Taylor	Leighton Fun Runners	V45	14	21	20	19		16	4	53
113	Stephen	Morales	Amphill & Flitwick Flyers	V40	15	19		21		17	3	55
291	Paul	Furness	Bedford Harriers	V45	16	20	22	30		18	4	58
817	Nicholas	Malpeli	North Herts Road Runners	V45		15	25	20		19	3	60
358	Neil	Loader	Bedford Harriers	V45	31	23	19	22		20	4	64
474	Dave	Coard	Boxfit	V45	24	22		24		21	3	70
1427	Graham	Hollowell	Wootton Road Runners	V45	21	32	24			22	3	77
585	Dave	Morgan	Dunstable Road Runners	V45	19	33	27			23	3	79
1425	Steve	Heighway	Wootton Road Runners	V40	22	41	17			24	3	80
313	Neil	Lovesey	Bedford Harriers	V55	28	36	34	26		25	4	88
1287	Julian	Blackwell	Wellingborough AC	V40	29		33	28		26	3	90
1060	Steve	Dicks	Olney Runners	V40	38	28	26			27	3	92
566	Robert	Curtis	Dunstable Road Runners	V45	35	40	32	32		28	4	99
473	Simon	Bellinger	Boxfit	V40	26	38	40			29	3	104
681	Gary	Stratford	Leighton Fun Runners	V40	44	37		23		29	3	104
1131	Gez	Fallow	Stopsley Striders	V40	34	47	38	33		31	4	105
835	Peter	Sibbett	North Herts Road Runners	V45	18	35	53			32	3	106
1411	Terry	Allen	Wootton Road Runners	V45	36	39	31			32	3	106
83	Warwick	Browning	Amphill & Flitwick Flyers	V55	42	45	23	46		34	4	110
848	Steve	Williamson	North Herts Road Runners	V45	84	17	10			35	3	111
582	Phil	McCLean	Dunstable Road Runners	V55	37	48	37	37		35	4	111
1138	Paul	Keech	Stopsley Striders	V50	39	42	42	39		37	4	120
425	Robert	Hemming	Biggleswade AC	V45	30	49	47	47		38	4	124
303	David	Holt	Bedford Harriers	V55	41	54	30	118		39	4	125
1289	Roger	Bullen	Wellingborough AC	V50	27		46	57		40	3	130