

3 Counties Cross Country League Results

After 5 Events

Men V40+

No.	First Name	Surname	Club	Vet	Welling	Wing	Guilbsborough	Stopsley	Wootton	Pos	Races	Score
1339	Greg	Spellman	Wellingborough AC	V45	1	3	2	2	2	1	5	7
96	Stephen	Hartley	Amphill & Flitwick Flyers	V40	2	6	3	1	1	1	5	7
480	Paul	Halford	Boxfit	V45	4	2	1	5	3	3	5	10
103	Nick	Jones	Amphill & Flitwick Flyers	V50	6	9	6	9	6	4	5	27
1305	Jon	Kemp	Wellingborough AC	V40	7	7	5	10	10	5	5	29
432	Vince	Plosky	Biggleswade AC	V40	8	14	11	6	8	6	5	33
925	Tony	Letts	Northampton Road Runners	V40		13	8	8	7	7	4	36
1121	Adrian	Copp	Stopsley Striders	V40	13	12	7	12	14	8	5	44
351	Kevin	Willets	Bedford Harriers	V45	11	11		14	16	9	4	52
75	Martin	Beare	Amphill & Flitwick Flyers	V45	10	16	16	15	12	10	5	53
1431	Richard	Lack	Wootton Road Runners	V40	17	25	15	11	13	11	5	56
586	John	Murphy	Dunstable Road Runners	V45	12	24	18	16		12	4	70
682	Chris	Taylor	Leighton Fun Runners	V45	14	21	20	19	20	13	5	73
817	Nicholas	Malpeli	North Herts Road Runners	V45		15	25	20	19	14	4	79
291	Paul	Furness	Bedford Harriers	V45	16	20	22	30		15	4	88
358	Neil	Loader	Bedford Harriers	V45	31	23	19	22	44	16	5	95
1427	Graham	Hollowell	Wootton Road Runners	V45	21	32	24		29	17	4	106
1287	Julian	Blackwell	Wellingborough AC	V40	29		33	28	18	18	4	108
474	Dave	Coard	Boxfit	V45	24	22		24	42	19	4	112
313	Neil	Lovesey	Bedford Harriers	V55	28	36	34	26		20	4	124
566	Robert	Curtis	Dunstable Road Runners	V45	35	40	32	32	25	20	5	124
848	Steve	Williamson	North Herts Road Runners	V45	84	17	10		22	22	4	133
1131	Gez	Fallow	Stopsley Striders	V40	34	47	38	33	30	23	5	135
473	Simon	Bellinger	Boxfit	V40	26	38	40		36	24	4	140
582	Phil	McClean	Dunstable Road Runners	V55	37	48	37	37	38	25	5	149
835	Peter	Sibbett	North Herts Road Runners	V45	18	35	53		47	26	4	153
83	Warwick	Browning	Amphill & Flitwick Flyers	V55	42	45	23	46	46	27	5	156
1138	Paul	Keech	Stopsley Striders	V50	39	42	42	39	43	28	5	162
425	Robert	Hemming	Biggleswade AC	V45	30	49	47	47		29	4	173
1046	John	Crouch	Olney Runners	V50		58	51	35	31	30	4	175
564	Mark	Cornell	Dunstable Road Runners	V45	60	63	68	42	27	31	5	192
483	Richard	Hoar	Boxfit	V60	53	71	48	41	51	32	5	193
1460	Allan	Harrison	Wootton Road Runners	V50	43	57	52	59	48	33	5	200
855	Stuart	Bryant	North Herts Road Runners	V55		55	69	36	41	34	4	201
599	Matthew	Thompson	Dunstable Road Runners	V50	56	50		40	63	35	4	209
1313	Neil	McDonald	Wellingborough AC	V50		61	55	43	52	36	4	211
485	Noel	Keenan	Boxfit	V45	50	60	49	64	53	37	5	212
793	David	Frampton	North Herts Road Runners	V55	70	62		44	40	38	4	216
1120	Derek	Christopher	Stopsley Striders	V60	52	67	62	52	64	39	5	230
76	Jeremy	Bell	Amphill & Flitwick Flyers	V45	92	83	67	49	39	40	5	238