

3 Counties Cross Country League Results

Venue **Wootton**

3-February-2013

Ampthill & Flitwick Flyers

Men

No.	First Name	Surname	Vet	2nd	Score
120	Craig	Palmer			2
98	Phil	Holland			3
112	Jason	Moore			5
70	Alex	Ash			9
96	Stephen	Hartley	V40		10
91	Max	Dillon			12
103	Nick	Jones	V50		19
					60

Ladies

No.	First Name	Surname	Vet	2nd	Score
16	Amy	Farr			10
37	Michelle	Morris			17
17	Claire	Fisher	V35		38
					65

Total 125

Bedford Harriers

Men

No.	First Name	Surname	Vet	2nd	Score
279	Marcus	Cookham	V40		17
367	Steve	Horton			22
351	Kevin	Willets	V45		45
287	Gary	Finch	V40		46
324	Andy	Palombella			53
358	Neil	Loader	V45		89
327	Richard	Piron	V60		98
					370

Ladies

No.	First Name	Surname	Vet	2nd	Score
185	Gill	Fullen	V45		1
184	Anna	Folland	V40		2
166	Sally	Cartwright	V45		7
					10

Total 380

Biggleswade AC

Men

No.	First Name	Surname	Vet	2nd	Score
415	Craig	Brown			7
413	Richard	Bevan			13
432	Vince	Plosky	V40		26
438	Paul	Davies	V40		67
436	Adam	Murphy			78
430	Damian	Pitts			87
428	Rob	Morgan			93
					371

Ladies

No.	First Name	Surname	Vet	2nd	Score
391	Juliet	Nayler	V40		3
396	Isobel	Everest	V40		8
397	Alice	Ebbage			16
					27

Total 398

Boxfit

Men

No.	First Name	Surname	Vet	2nd	Score
480	Paul	Halford	V45		15
472	Dave	Bailey			18
488	Lyndon	Moore	V40		31
510	Ollie	Conway			50
492	Nathan	Scott			57
471	Mark	Avril	V50		68
473	Simon	Bellinger	V40		72
					311

Ladies

No.	First Name	Surname	Vet	2nd	Score
452	Sarah	Halford	V35		30
457	Emma	Maggott			36
459	Paula	Nicol			40
					106

Total 417

Dunstable Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
612	Stuart	Lamond			24
566	Robert	Curtis	V45		58
564	Mark	Cornell	V45		60
583	Cahal	McConville	V45		70
582	Phil	McClellan	V55		75
615	John	Sayer	V40		90
599	Matthew	Thompson	V50		117
					494

Ladies

No.	First Name	Surname	Vet	2nd	Score
530	Sarah	Thorne	V45		23
518	Ruth	Grint	V45		28
538	Anne	Golding	V50		66
					117

Total 611

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Leighton Fun Runners

Men

No.	First Name	Surname	Vet	2nd	Score
682	Chris	Taylor	V45		49
662	Colin	Aitkin			77
665	Mike	Clarke	V55		136
650	Graham	Suppiah	V40		179
670	Gordon	Hill	V65		224
646	Kevin	Kemp	V55		229
658	John	West	V70		234
					1128

Ladies

No.	First Name	Surname	Vet	2nd	Score
637	Marianne	Lee			39
698	Deena	Bland	V35		53
651	Tasaneh	Gerami	V55		75
					167

Total 1295

North Herts Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
852	David	Wardle			1
779	Nick	Beresford			4
822	Andy	Mutton			14
847	James	Walsh	V40		16
833	Peter	Scrowther	V45		35
817	Nicholas	Malpeli	V45		48
834	Adrian	Sherwood	V45		51
					169

Ladies

No.	First Name	Surname	Vet	2nd	Score
738	Sarah	Mitcherson	V35		13
701	Paula	Adams	V40		19
709	Jane	Clarke			22
					54

Total 223

Northampton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
938	Chris	Lamb		S	6
925	Tony	Letts	V40		21
915	Stuart	Drummond			62
943	Sam	Brown			66
918	Mark	Garrett	V50		107
928	Peter	Moore	V40		112
916	John	Fleming	V40		123
					497

Ladies

No.	First Name	Surname	Vet	2nd	Score
873	Beckie	Hollowell	V40		42
889	Charlotte	Yarker			51
863	Suzanne	Baldwin	V45		70
					163

Total 660

Northampton Triathlon

Men

No.	First Name	Surname	Vet	2nd	Score
972	Stephen	Dransfield			30
977	Adrian	Homer	V40		73
974	Mark	Garlick	V45		129
990	Matt	Reamsbottom			134
992	David	Stimpson	V45		156
981	Neil	Key			180
976	Hartley	Hancock	V60		193
					895

Ladies

No.	First Name	Surname	Vet	2nd	Score
956	Stacey	Penn			6
961	Emma	Hamblin			67
959	Sarah	Warden	V45		93
					166

Total 1061

Olney Runners

Men

No.	First Name	Surname	Vet	2nd	Score
1065	Thomas	Watson			8
1046	John	Crouch	V50		65
1058	George	Watson			97
1042	Christopher	Barnes	V40		131
1064	Steve	Garrod	V55		139
1057	Mike	Smith	V50		171
	Last	Man			241
					852

Ladies

No.	First Name	Surname	Vet	2nd	Score
1025	Lora	Garrod			9
	Last	Lady			116
	Last	Lady			116
					241

Total 1093

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Stopsley Striders

Men

No.	First Name	Surname	Vet	2nd	Score
1145	Lee	Murphy			34
1121	Adrian	Copp	V40		41
1151	Mark	Sains			42
1131	Gez	Fallow	V40		64
1134	Chris	Green			76
1137	Stuart	Harries			83
1138	Paul	Keech	V50		88
					428

Ladies

No.	First Name	Surname	Vet	2nd	Score
1094	Alison	Sugars	V40		11
1092	Liz	Rollinson	V40		20
1095	Miriam	Tedder			33
					64

Total 492

Team East Haddon

Men

No.	First Name	Surname	Vet	2nd	Score
1188	Sam	Cortese	V50		175
1198	Rob	Watkinson	V50		181
1195	Peter	Taylor	V50		194
1200	Michael	Rowley			210
1183	Paul	Brailsford	V60		225
	Last	Man			241
	Last	Man			241
					1467

Ladies

No.	First Name	Surname	Vet	2nd	Score
1182	Sally	Brailsford			61
1172	Angela	Freer	V35		63
1176	Joanna	Szymborska	V40		71
					195

Total 1662

Wellingborough AC

Men

No.	First Name	Surname	Vet	2nd	Score
1339	Greg	Spellman	V45		11
1349	Matthew	Hewitson			27
1305	Jon	Kemp	V40		33
1285	James	Berry			43
1287	Julian	Blackwell	V40		47
1350	John	Donaldson	V50		56
1347	Simon	Hobday	V50		69
					286

Ladies

No.	First Name	Surname	Vet	2nd	Score
1269	Kelly	Barnett		S	14
1224	Sarah	Ellwood	V35		21
1241	Louise	Kemp			31
					66

Total 352

Wootton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
1423	Chris	Galagher			20
1466	Lee	Berril			29
1432	Chris	Lazenby			36
1461	James	Armstrong			37
1431	Richard	Lack	V40		40
1421	Richard	Fowler	V45		44
1440	Ian	Randell	V55		54
					260

Ladies

No.	First Name	Surname	Vet	2nd	Score
1396	Imogen	Norton	V35		4
1363	Julie	Dixon	V40		5
1353	Victoria	Ayliff			12
					21

Total 281

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Team Summary

	Men		Ladies		Combined Team	
Ampthill & Flitwick Flyers	1	60	6	65	1	125
Bedford Harriers	6	370	1	10	5	380
Biggleswade AC	7	371	3	27	6	398
Boxfit	5	311	8	106	7	417
Dunstable Road Runners	9	494	9	117	9	611
Leighton Fun Runners	13	1128	12	167	13	1295
North Herts Road Runners	2	169	4	54	2	223
Northampton Road Runners	10	497	10	163	10	660
Northampton Triathlon	12	895	11	166	11	1061
Olney Runners	11	852	14	241	12	1093
Stopsley Striders	8	428	5	64	8	492
Team East Haddon	14	1467	13	195	14	1662
Wellingborough AC	4	286	7	66	4	352
Wootton Road Runners	3	260	2	21	3	281