

3 Counties Cross Country League Results

After 3 Events

Men

No.	First Name	Surname	Club	Vet	Wellingborough	Wootton	Wing	East Haddon	Dunstable	Pos	Races	Score
511	Phil	Holland	Amphill & Flitwick Flyers		1		2			1	2	3
1221	Stuart	Nelson	Wellingborough AC		2	1				1	2	3
509	Tim	Harris	Amphill & Flitwick Flyers		3	2	1			1	3	3
806	ADAM	MILLS	Bedford Harriers	V40	4	5	3			4	3	7
494	Lewis	Cadman	Amphill & Flitwick Flyers		5	3				5	2	8
527	Craig	Palmer	Amphill & Flitwick Flyers		7	4	4			5	3	8
413	Chris	Lamb	Northampton Road Runners		11	9	6			7	3	15
1229	Greg	Spellman	Wellingborough AC	V45	10	7	9			8	3	16
1236	Dave	Webster	Wellingborough AC	V45	9	11	7			8	3	16
319	Mark	Vaughan	North Herts Road Runners	V40	12	8				10	2	20
1390	Craig	Brown	Biggleswade AC		8		12			10	2	20
1342	Craig	Halsey	Dunstable Road Runners			6	15			12	2	21
520	Jason	Moore	Amphill & Flitwick Flyers		13		11			13	2	24
1413	David	Lee	Biggleswade AC		15	19	13			14	3	28
401	Tony	Letts	Northampton Road Runners	V45		12	17			15	2	29
275	Robert John	Harris	North Herts Road Runners		16		14			16	2	30
863	paul	halford	Boxfit	V45		14	19			17	2	33
1388	Richard	Bevan	Biggleswade AC			10	24			18	2	34
1408	Vince	Plosky	Biggleswade AC	V40	18	17	26			19	3	35
519	John	Mitcalf	Amphill & Flitwick Flyers		21	15				20	2	36
712	Ian	Hamment	Bedford Harriers			18	18			20	2	36
422	Simeon	Howson	Northampton Road Runners		26	13				22	2	39
510	Stephen	Hartley	Amphill & Flitwick Flyers	V40		16	23			22	2	39
320	James	Walsh	North Herts Road Runners	V45	19	23	20			22	3	39
541	Steven	Upton	Amphill & Flitwick Flyers		20	21	21			25	3	41
857	dave	bailey	Boxfit	V40	23	20				26	2	43
1417	Ryan	Smith	Biggleswade AC		17		30			27	2	47
1189	James	Berry	Wellingborough AC		24	26	38			28	3	50
484	George	Arbuckle	Amphill & Flitwick Flyers	V40	30		22			29	2	52
1196	Peter	Currington	Wellingborough AC			22	31			30	2	53
932	PAUL	WATTS	Team East Haddon		33	28	25			30	3	53
1212	Jon	Kemp	Wellingborough AC	V40	29	24	32			30	3	53
304	Peter	Scrowther	North Herts Road Runners	V50	25	31	29			33	3	54
60	Richard	Lack	Wootton Road Runners	V40	40	27	28			34	3	55
159	Martin	Crane	Leighton Fun Runners	V40	31	25	34			35	3	56
1418	Paul	Davies	Biggleswade AC	V40	36	32	27			36	3	59
289	Nicholas	Malpeli	North Herts Road Runners	V45	27	34	39			37	3	61
870	lyndon	moore	Boxfit	V40	32	30	33			38	3	62
543	Mark	Waine	Amphill & Flitwick Flyers	V40	28		36			39	2	64
861	chris	george	Boxfit			29	35			39	2	64