

3 Counties Cross Country League Results

After 5 Events

Ladies V45+

No.	First Name	Surname	Club	Vet	Wellingborough	Wootton	Wing	East Haddon	Dunstable	Pos	Races	Score
568	Sally	Cartwright	Bedford Harriers	V45		2	1	1	1	1	4	5
1277	Sarah	Thorne	Dunstable Road Runners	V45	1	3	2	2	6	2	5	8
436	Jo	Aatkar	Amphill & Flitwick Flyers	V45	2	10	3	4	2	3	5	11
603	Sally	Johnston	Bedford Harriers	V45		5	4	3	3	4	4	15
4	Lee	Clayson	Wootton Road Runners	V45	5	4	6	7		5	4	22
1264	Ruth	Grint	Dunstable Road Runners	V45	7	8	5	5	5	5	5	22
15	Polly	Randell	Wootton Road Runners	V55	4	6	7		7	7	4	24
593	Nora	Haggart	Bedford Harriers	V55	3	9		8	8	8	4	28
224	Caroline	Thrussell	North Herts Road Runners	V50	8	11	8		9	9	4	36
192	Jo	Harbon	North Herts Road Runners	V45	14	19	15	13	21	10	5	61
1006	Karen	Ashby	Stopsley Striders	V50	17	24	20	19	17	11	5	73
1435	Wendy	Cope	Dunstable Road Runners	V50	15	23	22	15		12	4	75
357	Elaine	Palmer	Northampton Road Runners	V45	19	30	21	16	19	12	5	75
169	Linda	Aird	North Herts Road Runners	V55	20	26	24	17	24	14	5	85
1009	Liz	Davies	Stopsley Striders	V50	23	27	27	18	18	15	5	86
351	Jocelyn	Granger	Northampton Road Runners	V50	28	28	19	21	26	16	5	94
473	Annette	Bell	Amphill & Flitwick Flyers	V45	30	42	25	24	16	17	5	95
359	Jo	Smith	Northampton Road Runners	V45	22	34	33	20	25	18	5	100
226	Sue	Vaughan	North Herts Road Runners	V45	27	40	26	22	27	19	5	102
569	Nette	Cheetham	Bedford Harriers	V45	25	38	40	23	20	20	5	106
156	Taraneh	Gerami	Leighton Fun Runners	V55	26	37		25	28	21	4	116
632	Diane	Wallis	Bedford Harriers	V50	33	33	35		29	22	4	130
355	Mary	Sullivan	Northampton Road Runners	V55	31	44	38	29	34	23	5	132
346	Helen	Blackburn	Northampton Road Runners	V45	34		52	39	41	24	4	166
904	Val	Bridges	Team East Haddon	V60	37	65	60	44	44	25	5	185
626	Sylvia	Snowling	Bedford Harriers	V50	39	63	48		39	26	4	189
127	Donna	Fowler-Reid	Leighton Fun Runners	V45	38	67		43	46	27	4	194
1133	Sally	Hewitt	Wellingborough AC	V60		68	53	38	49	28	4	208
1118	Mandy	Allen	Wellingborough AC	V50		69	58	42	42	29	4	211
442	Jane	Cook	Amphill & Flitwick Flyers	V55		70	59	40	45	30	4	214
361	Carol	Whatton	Northampton Road Runners	V50	40	75	61		43	31	4	219
350	Sally	Garrett	Northampton Road Runners	V50		76	64	45	48	32	4	233
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