

3 Counties Cross Country League Results

Venue Wellingborough				22-October-2017				Team
Pos.	No.	First Name	Surname	Club	Category	Points	Points	
1	137	Tim	Harris	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV35	1	1
2	1276	Alex	Ash	Wellingborough AC	Wellingborough AC	M	2	2
3	1183	Robert	Barnes	Stopsley Striders	Stopsley Striders	M	3	3
4	364	Scott	Penfold	Bedford Harriers	Bedford Harriers	M	4	4
5	120	Max	Dillon	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	5	5
6	109	Peter Jr	Benedickter	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	6	6
7	863	Jim	McConnel	North Herts Road Runners	North Herts Road Runners	MV40	7	7
8	312	Peter	Graham	Bedford Harriers	Bedford Harriers	M	8	8
9	1688	Mark	Vaughan	North Herts Road Runners	North Herts Road Runners	MV45	9	9
10	125	Paul	Farmer	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV35	10	10
11	170	Joe	Strange	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M-2ndClaim	11	11
12	784	Adam	Bowler	North Herts Road Runners	North Herts Road Runners	M	12	12
13	488	Richard	Bevan	Biggleswade AC	Biggleswade AC	M	13	13
14	134	Ian	Halpin	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	14	14
15	772	John	Auld	North Herts Road Runners	North Herts Road Runners	MV35	15	15
16	1481	Andy	Fairley	Wootton Road Runners	Wootton Road Runners	MV40	16	16
17	176	Mark	Waine	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV45	17	17
18	895	Edward	Price	North Herts Road Runners	North Herts Road Runners	MV40	18	18
19	287	Chris	Dilley	Bedford Harriers	Bedford Harriers	M	19	19
20	141	Phil	Holland	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	20	20
21	904	Matthew	Sayers	North Herts Road Runners	North Herts Road Runners	MV40	21	21
22	523	Rob	Morgan	Biggleswade AC	Biggleswade AC	MV40	22	22
23	961	Tony	Letts	Northampton Road Runners	Northampton Road Runners	MV45	23	23
24	951	Tom	High	Northampton Road Runners	Northampton Road Runners	M	24	24
25	1303	Greg	Spellman	Wellingborough AC	Wellingborough AC	MV50	25	25
26	1308	Craig	Clements	Wellingborough AC	Wellingborough AC	MV35	26	26
27	1179	Tom	Rankin	Stopsley Striders	Stopsley Striders	M	27	27
28	1220	Andy	Green	Team East Haddon	Team East Haddon	MV50	28	28
29	1673	Ryan	Smith	North Herts Road Runners	North Herts Road Runners	MV40	29	29
30	1458	Peter	Adams	Wootton Road Runners	Wootton Road Runners	MV40	30	30
31	1201	Matthew	Lewis	Stopsley Striders	Stopsley Striders	MU20	31	31
32	311	Oswin	Grady	Bedford Harriers	Bedford Harriers	MV40	32	32
33	140	Ross	Henson	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	33	33
34	1301	Jon	Kemp	Wellingborough AC	Wellingborough AC	MV45	34	34
35	323	Phil	Jamieson	Bedford Harriers	Bedford Harriers	M	35	35
36	1228	Matthew	Tyrrell	Team East Haddon	Team East Haddon	MV40	36	36
37	1324	Edward	Frain	Wellingborough AC	Wellingborough AC	M	37	37
38	881	Stewart	Overton	North Herts Road Runners	North Herts Road Runners	MV35	38	38
39	1457	Richard	Lack	Wootton Road Runners	Wootton Road Runners	MV45	39	39
40	1586	Ed	Wise	Rugby and Northampton Athletic Club	Rugby and Northampton Athletic Club	M	40	40
41	922	Ilir	Brecani	Northampton Road Runners	Northampton Road Runners	MV40	41	41
42	857	Nick	Malpeli	North Herts Road Runners	North Herts Road Runners	MV50	42	42
43	1471	Dean	Weldon	Wootton Road Runners	Wootton Road Runners	MV45	43	43
44	727	Steve	Harrison	Leighton Fun Runners	Leighton Fun Runners	MV45	44	44
45	1559	Brendan	Moen	Rugby and Northampton Athletic Club	Rugby and Northampton Athletic Club	MV50	45	45
46	1466	Tim	Thurlow	Wootton Road Runners	Wootton Road Runners	MV40	46	46
47	964	Scott	Magee	Northampton Road Runners	Northampton Road Runners	MV45-2ndClaim	47	47
48	1697	Steve	Wells	North Herts Road Runners	North Herts Road Runners	MV55-2ndClaim	48	48
49	1487	Jason	Eales	Wootton Road Runners	Wootton Road Runners	MV40	49	49
50	1321	Ady	King	Wellingborough AC	Wellingborough AC	MV45-2ndClaim	50	50
51	159	Simon	Read	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40-2ndClaim		
52	165	Giles	Shorley	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	51	51
53	847	James	Keogh	North Herts Road Runners	North Herts Road Runners	MV35	52	52
54	577	Loui	Faulkner	Dunstable Road Runners	Dunstable Road Runners	M	53	53
55	520	Elaine	Livera	Biggleswade AC	Biggleswade AC	F	1	54
56	1696	Vincent	Wright	North Herts Road Runners	North Herts Road Runners	MV40	54	55
57	1585	Simon	Bickers	Rugby and Northampton Athletic Club	Rugby and Northampton Athletic Club	MV55	55	56
58	302	Gill	Fullen	Bedford Harriers	Bedford Harriers	FV50	2	57
59	383	Kevin	Shelton-Smith	Bedford Harriers	Bedford Harriers	MV55	56	58
60	1381	Kelly	Barnett	Wellingborough AC	Wellingborough AC	F	3	59
61	515	Nick	Haworth	Biggleswade AC	Biggleswade AC	MV40	57	60
62	1306	Ben	Shirley	Wellingborough AC	Wellingborough AC	MV40	58	61
63	497	Marcus	Davey	Biggleswade AC	Biggleswade AC	MV45	59	62
64	1589	Steve	Ditton	Rugby and Northampton Athletic Club	Rugby and Northampton Athletic Club	MV40	60	63
65	346	Neil	Loader	Bedford Harriers	Bedford Harriers	MV50	61	64
66	1152	Christine	Lathwell	Stopsley Striders	Stopsley Striders	FV40	4	65
67	417	James	Adams	Bedford Harriers	Bedford Harriers	MV35	62	66
68	347	James	Loader	Bedford Harriers	Bedford Harriers	MU20	63	67
69	1094	Darren	Darkins	Olney Runners	Olney Runners	M	64	68
70	145	Dan	Karaiskou	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	65	69
71	910	Adrian	Sherwood	North Herts Road Runners	North Herts Road Runners	MV50	66	70
72	1252	Richard	Watson	Team East Haddon	Team East Haddon	M	67	71
73	379	Kirste	Sharman	Bedford Harriers	Bedford Harriers	FV40	5	72
74	121	James	Down	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M-2ndClaim		
75	495	Paul	Cooke	Biggleswade AC	Biggleswade AC	MV40	68	73
76	1279	Tom	Roberts	Wellingborough AC	Wellingborough AC	M	69	74

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Pos.	No.	First Name	Surname	Club	Category	Points	Points	
77	1325	Julian	Blackwell	Wellingborough AC	Wellingborough AC	MV45	70	75
78	135	James	Handley	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	71	76
79	1292	Dariusz	Gertchen	Wellingborough AC	Wellingborough AC	MV40	72	77
80	498	Paul	Davies	Biggleswade AC	Biggleswade AC	MV45	73	78
81	1195	Ahmed	Berrah	Stopsley Striders	Stopsley Striders	MV35	74	79
82	1226	Stuart	Wheeldon	Team East Haddon	Team East Haddon	MV45	75	80
83	293	Alastair	Fadden	Bedford Harriers	Bedford Harriers	MV50	76	81
84	612	Darran	Wilson	Dunstable Road Runners	Dunstable Road Runners	MV45	77	82
85	1472	Mike	Carreia	Wootton Road Runners	Wootton Road Runners	MV40	78	83
86	586	Stuart	Lamond	Dunstable Road Runners	Dunstable Road Runners	M	79	84
87	129	Jeremy	Godfrey	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	80	85
88	1078	Stephen	Dicks	Olney Runners	Olney Runners	MV45	81	86
89	525	Juliet	Nayler	Biggleswade AC	Biggleswade AC	FV45	6	87
90	158	Richard	Pillinger	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	82	88
91	1556	Vince	Carroll	Rugby and Northhampton Athletic Club	Rugby and Northhampton Athletic Club	MV45	83	89
92	354	Gary	McKeaveney	Bedford Harriers	Bedford Harriers	M	84	90
93	348	Neil	Lovesey	Bedford Harriers	Bedford Harriers	MV60	85	91
94	415	Bryan	Seago	Bedford Harriers	Bedford Harriers	MV45	86	92
95	1281	Andrew	Watts	Wellingborough AC	Wellingborough AC	MV40	87	93
96	1280	Mark	Bonham	Wellingborough AC	Wellingborough AC	MV45	88	94
97	380	Dave	Sharman	Bedford Harriers	Bedford Harriers	MV40	89	95
98	138	Callum	Harrison	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	90	96
99	147	Ashley	Larman	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	91	97
100	1225	James	Makin	Team East Haddon	Team East Haddon	M	92	98
101	864	Astrid	Mckeown	North Herts Road Runners	North Herts Road Runners	FV40	7	99
102	617	James	Young	Dunstable Road Runners	Dunstable Road Runners	MU20	93	100
103	126	Richard	Gale	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	94	101
104	1588	Harry	Peart	Rugby and Northhampton Athletic Club	Rugby and Northhampton Athletic Club	M	95	102
105	112	Warwick	Browning	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV60	96	103
106	538	John	Stott	Biggleswade AC	Biggleswade AC	MV45	97	104
107	1165	Martin	Fallon	Stopsley Striders	Stopsley Striders	MV45	98	105
108	167	Richard	Stanley	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV50	99	106
109	1477	Mike	Wheeler	Wootton Road Runners	Wootton Road Runners	M	100	107
110	1075	Simon	Cook	Olney Runners	Olney Runners	MV45	101	108
111	941	John	Gibbins	Northampton Road Runners	North Herts Road Runners	MV40	102	109
112	791	Jane	Clarke	North Herts Road Runners	Northampton Road Runners	FV35	8	110
113	958	Mark	Kennedy	Northampton Road Runners	Wellingborough AC	MV40	103	111
114	1291	Daniel	Bates	Wellingborough AC	Team East Haddon	MV35	104	112
115	1250	Charles	Spencer	Team East Haddon	Wellingborough AC	M	105	113
116	1307	Mike	Gooch	Wellingborough AC	Stopsley Striders	MV45	106	114
117	1169	Philip	Davies	Stopsley Striders	North Herts Road Runners	M	107	115
118	1686	Steve	Tracey	North Herts Road Runners	Bedford Harriers	MV45	108	116
119	372	Dave	Roberts	Bedford Harriers	Biggleswade AC	MV50	109	117
120	522	Natalie	Morgan	Biggleswade AC	Biggleswade AC	FV40	9	118
121	516	Giles	Hawthorne	Biggleswade AC	North Herts Road Runners	MV40	110	119
122	831	Steven	Harris	North Herts Road Runners	Wellingborough AC	M	111	120
123	1368	Lisa	Smith	Wellingborough AC	Bedford Harriers	F	10	121
124	290	David	Elliott	Bedford Harriers	Wootton Road Runners	MV40	112	122
125	1461	Paul	Matthews	Wootton Road Runners	Stopsley Striders	MV45	113	123
126	1181	Pat	Blessing	Stopsley Striders	Biggleswade AC	MV50	114	124
127	502	Isobel	Everest	Biggleswade AC	Dunstable Road Runners	FV45	11	125
128	601	Lee	Richardson	Dunstable Road Runners	Biggleswade AC	MV50	115	126
129	481	Charlie	Arnold	Biggleswade AC	Amphthill & Flitwick Flyers	MV60	116	127
130	225	Hattie	Oakley-King	Amphthill & Flitwick Flyers	Biggleswade AC	F	12	128
131	485	Aaron	Ball	Biggleswade AC	Bedford Harriers	M	117	129
132	338	Sally	Knight	Bedford Harriers	Northampton Road Runners	FV40	13	130
133	681	Andrew	Heale	Leighton Fun Runners	Leighton Fun Runners	MV50	118	131
134	136	Robert	Hardwick	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV35	119	132
135	1560	Bernie	Myers	Rugby and Northhampton Athletic Club	Rugby and Northhampton Athletic Club	MV50	120	133
136	149	Philip	Mead	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	M	121	134
137	375	Colin	Ross	Bedford Harriers	Bedford Harriers	MV60	122	135
138	1203	Danny	Kelly	Stopsley Striders	Stopsley Striders	M	123	136
139	254	Tony	Barnes	Bedford Harriers	Bedford Harriers	MV50	124	137
140	528	Damien	Pitts	Biggleswade AC	Biggleswade AC	M	125	138
141	1470	Graham	Hollowell	Wootton Road Runners	Wootton Road Runners	MV50	126	139
142	1693	Steve	Williamson	North Herts Road Runners	North Herts Road Runners	MV50	127	140
143	152	Stephen	Mullens	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV50	128	141
144	940	Mark	Garrett	Northampton Road Runners	Northampton Road Runners	MV55	129	142
145	1326	Neil	McDonald	Wellingborough AC	Wellingborough AC	MV55	130	143
146	153	Chris	Newnham	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV50	131	144
147	1163	Paul	Keech	Stopsley Striders	Stopsley Striders	MV55	132	145
148	1564	Alex	McMurtrie	Rugby and Northhampton Athletic Club	Rugby and Northhampton Athletic Club	MV45	133	146
149	1182	Daniel	Lewis	Stopsley Striders	Stopsley Striders	MV35	134	147
150	1167	Daniel	Mann	Stopsley Striders	Stopsley Striders	MV40	135	148
151	419	Stephen	James	Bedford Harriers	Bedford Harriers	MV50	136	149
152	1074	Chris	Barnes	Olnev Runners	Olnev Runners	MV45	137	150

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Pos.	No.	First Name	Surname	Club		Category	Points					
153	939	David	Frost	Northampton Road Runners		Northampton Road Runners	MV50	138	151			
154	1480	Ben	Griffiths	Wootton Road Runners		Wootton Road Runners	MV35	139	152			
155	1493	Phil	Wood	Wootton Road Runners		Wootton Road Runners	MV35	140	153			
156	571	Robert	Curtis	Dunstable Road Runners		Dunstable Road Runners	MV50	141	154			
157	763	Paula	Adams	North Herts Road Runners		North Herts Road Runners	FV45	14	155			
158	1492	Terry	Peters	Wootton Road Runners		Wootton Road Runners	MV60	142	156			
159	1089	Rob	White	Olney Runners		Olney Runners	MV40	143	157			
160	1314	Andrew	Redden	Wellingborough AC		Wellingborough AC	M	144	158			
161	725	Zoe	Illingworth	Leighton Fun Runners		Leighton Fun Runners	FV40-2ndClaim	15	159			
162	822	Lewis	Green	North Herts Road Runners		North Herts Road Runners	MV35	145	160			
163	868	Sarah	Mitcherson	North Herts Road Runners		North Herts Road Runners	FV40	16	161			
164	786	Katherine	Burr	North Herts Road Runners		North Herts Road Runners	FV35	17	162			
165	482	Emma	Bailey	Biggleswade AC		Biggleswade AC	FV40	18	163			
166	1082	Karl	McCarthy	Olney Runners		Olney Runners	MV40	146	164			
167	331	Ian	Joyce	Bedford Harriers		Bedford Harriers	MV50	147	165			
168	102	Laurence	Abbott	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	MV35	148	166			
169	1402	Helen	Etherington	Wellingborough AC		Wellingborough AC	FV35	19	167			
170	1563	Adrian	White	Rugby and Northhampton Athletic Club		Rugby and Northhampton Athletic Club	MV55	149	168			
171	974	Andrew	Rosewell	Northampton Road Runners		Northampton Road Runners	M	150	169			
172	1011	Liz	Dabell	Northampton Road Runners		Northampton Road Runners	FV50	20	170			
173	416	Frank	Esaw	Bedford Harriers		Bedford Harriers	MV65	151	171			
174	713	Katy	Garnham-Lee	Leighton Fun Runners		Leighton Fun Runners	F	21	172			
175	1247	Sarah	Ashcroft	Team East Haddon		Team East Haddon	F	22	173			
176	911	Ronnie	Ambrose	Northampton Road Runners		Northampton Road Runners	MV50	152	174			
177	983	Ed	Taylor	Northampton Road Runners		Northampton Road Runners	MV55	153	175			
178	1285	Keiran	Reid	Wellingborough AC		Wellingborough AC	MV45	154	176			
179	339	Stuart	Knight	Bedford Harriers		Bedford Harriers	MV50	155	177			
180	210	Caroline	Gilby	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	FV50	23	178			
181	127	Fraser	Geddes	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	M	156	179			
182	111	Mark	Billington	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	MV50	157	180			
183	384	Graham	Short	Bedford Harriers		Bedford Harriers	MV55	158	181			
184	611	Phil	Brogan	Dunstable Road Runners		Dunstable Road Runners	MV40	159	182			
185	1456	Phoebe	Lowick	Wootton Road Runners		Wootton Road Runners	F	24	183			
186	608	Teresa	Warren	Dunstable Road Runners		Dunstable Road Runners	FV45	25	184			
187	313	Nora	Haggart	Bedford Harriers		Bedford Harriers	FV60	26	185			
188	148	Jeremy	Lewis	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	MV45	160	186			
189	1578	Angela	Copson	Rugby and Northhampton Athletic Club		Rugby and Northhampton Athletic Club	FV70	27	187			
190	393	Mark	Taggart	Bedford Harriers		Bedford Harriers	MV40	161	188			
191	418	Kate	Lakeland	Bedford Harriers		Bedford Harriers	F-2ndClaim	28	189			
192	1369	Louise	Kemp	Wellingborough AC		Wellingborough AC	FV35	29	190			
193	1070	Georgia	Richardson	Olney Runners		Olney Runners	F	30	191			
194	404	Rob	Walls	Bedford Harriers		Bedford Harriers	MV55	162	192			
195	942	Martin	Gooding	Northampton Road Runners		Northampton Road Runners	MV50	163	193			
196	575	Ian	Early	Dunstable Road Runners		Dunstable Road Runners	MV45	164	194			
197	1171	Thom	Darby	Stopsley Striders		Stopsley Striders	MV35	165	195			
198	1495	James	Meade	Wootton Road Runners		Wootton Road Runners	MV45	166	196			
199	257	Andrew	Baylis	Bedford Harriers		Bedford Harriers	MV45	167	197			
200	924	Matt	Bushell	Northampton Road Runners		Northampton Road Runners	MV40	168	198			
201	1360	Emma	Moore	Wellingborough AC		Wellingborough AC	FV35	31	199			
202	413	Richard	Woodward	Bedford Harriers		Bedford Harriers	MV35	169	200			
203	1474	Elissa	Tennant-Brown	Wootton Road Runners		Wootton Road Runners	F	32	201			
204	386	Juliet	Smith	Bedford Harriers		Bedford Harriers	FV50	33	202			
205	1145	Miriam	Linforth	Stopsley Striders		Stopsley Striders	FV35	34	203			
206	1170	Ian	Pitkin	Stopsley Striders		Stopsley Striders	MV50	170	204			
207	1310	Mark	Cheadle	Wellingborough AC		Wellingborough AC	MV40	171	205			
208	351	Sam	Marlton	Bedford Harriers		Bedford Harriers	F	35	206			
209	1288	Mark	Vicars	Wellingborough AC		Wellingborough AC	MV55	172	207			
210	946	Alan	Hall	Northampton Road Runners		Northampton Road Runners	MV60	173	208			
211	1092	David	Shakespeare	Olney Runners		Olney Runners	MV50	174	209			
212	299	Lawrence	Folley	Bedford Harriers		Bedford Harriers	MV55	175	210			
213	324	Sally	Johnston	Bedford Harriers		Bedford Harriers	FV50	36	211			
214	484	Gary	Baldwin	Biggleswade AC		Biggleswade AC	MV50	176	212			
215	179	Simon	Wilkins	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	MV45	177	213			
216	723	Glenn	Watson	Leighton Fun Runners		Leighton Fun Runners	MV50	178	214			
217	1180	Andy	Durrant	Stopsley Striders		Stopsley Striders	MV55	179	215			
218	1465	Dave	Jones	Wootton Road Runners		Wootton Road Runners	MV40	180	216			
219	242	Sophie	Windmill	Amphill & Flitwick Flyers		Amphill & Flitwick Flyers	F	37	217			
220	325	Tony	Jones	Bedford Harriers		Bedford Harriers	MV55	181	218			
221	508	Stuart	Goodwin	Biggleswade AC		Biggleswade AC	MV35	182	219			
222	385	Ronnie	Singleton-Lawley	Bedford Harriers		Bedford Harriers	FV55-2ndClaim					
223	317	Dave	Holt	Bedford Harriers		Bedford Harriers	MV60	183	220			
224	610	Christina	Lawrence	Dunstable Road Runners		Dunstable Road Runners	FV35	38	221			
225	1216	Sam	Cortese	Team East Haddon		Team East Haddon	MV55	184	222			
226	1065	Helen	Margetts	Olney Runners		Olney Runners	FV40	39	223			
227	615	Liz	Harding	Dunstable Road Runners		Dunstable Road Runners	FV40	40	224			
228	256	Sam	Bavlis	Bedford Harriers		Bedford Harriers	FV40	41	225			

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229	1494	Janet	Mitchell	Wootton Road Runners	Wootton Road Runners	FV55	42	226
230	1489	Jason	Gurney	Wootton Road Runners	Wootton Road Runners	MV45	185	227
231	155	Paul	Owen	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV50	186	228
232	962	Mark	Lewis	Northampton Road Runners	Northampton Road Runners	MV50	187	229
233	177	Jon	Walker	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV55	188	230
234	492	Nigel	Bush	Biggleswade AC	Biggleswade AC	MV65	189	231
235	918	Dave	Blackburn	Northampton Road Runners	Northampton Road Runners	MV55	190	232
236	235	Lisa	Wells	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV50	43	233
237	400	Rachel	Cameron	Bedford Harriers	Bedford Harriers	FV35	44	234
238	1085	James	Richardson	Olney Runners	Olney Runners	MV55	191	235
239	1374	Nicola	Walpole	Wellingborough AC	Wellingborough AC	FV45	45	236
240	230	Sally	Sawkins	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV45	46	237
241	514	Neil	Harvey	Biggleswade AC	Biggleswade AC	MV55	192	238
242	221	Jacqui	Morland	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV40	47	239
243	1491	Steve	Smith	Wootton Road Runners	Wootton Road Runners	MV60	193	240
244	326	Noel	Jones	Bedford Harriers	Bedford Harriers	MV50	194	241
245	101	Paresh	Aatkar	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV50	195	242
246	229	Katie	Ruditis	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV35	48	243
247	271	Jeanette	Cheetham	Bedford Harriers	Bedford Harriers	FV50	49	244
248	529	James	Rastrick	Biggleswade AC	Biggleswade AC	MV40	196	245
249	1066	Sarah	McAuliffe	Olney Runners	Olney Runners	F	50	246
250	1484	Kay	Duffy	Wootton Road Runners	Wootton Road Runners	FV40	51	247
251	1033	Wendy	Parker	Northampton Road Runners	Northampton Road Runners	FV50	52	248
252	1032	Elaine	Palmer	Northampton Road Runners	Northampton Road Runners	FV50	53	249
253	689	Keith	Phillips	Leighton Fun Runners	Leighton Fun Runners	MV65	197	250
254	718	Sally	Dickinson	Leighton Fun Runners	Leighton Fun Runners	FV45	54	251
255	1371	Sarah	Ellwood	Wellingborough AC	Wellingborough AC	FV40	55	252
256	1131	Liz	Davies	Stopsley Striders	Stopsley Striders	FV50	56	253
257	578	Anne	Golding	Dunstable Road Runners	Dunstable Road Runners	FV55	57	254
258	1459	Stephen	Atkinson	Wootton Road Runners	Wootton Road Runners	MV45	198	255
259	604	Paul	Stack	Dunstable Road Runners	Dunstable Road Runners	MV50	199	256
260	204	Zoey	Didlick	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV40	58	257
261	517	Kathryn	Juty	Biggleswade AC	Biggleswade AC	FV45	59	258
262	213	Charlene	Halpin	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	F	60	259
263	396	Mark	Tinkler	Bedford Harriers	Bedford Harriers	MV60	200	260
264	1083	David	O'Connor	Olney Runners	Olney Runners	MV50	201	261
265	764	Linda	Aird	North Herts Road Runners	North Herts Road Runners	FV55	61	262
266	1587	Eden	Bates	Rugby and Northampton Athletic Club	Rugby and Northampton Athletic Club	F	62	263
267	613	Ian	Byford	Dunstable Road Runners	Dunstable Road Runners	MV55	202	264
268	542	Robin	Wynde	Biggleswade AC	Biggleswade AC	MV55	203	265
269	309	Dave	Girling	Bedford Harriers	Bedford Harriers	MV65	204	266
270	708	Dawn	Kennedy	Leighton Fun Runners	Leighton Fun Runners	FV40	63	267
271	1233	Rob	Watkinson	Team East Haddon	Team East Haddon	MV55	205	268
272	128	Steve	Gibbons	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	206	269
273	199	Denise	Browning	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV55	64	270
274	691	Mark	McLoughlin	Leighton Fun Runners	Leighton Fun Runners	MV50	207	271
275	1397	Lauren	Wood	Wellingborough AC	Wellingborough AC	F	65	272
276	280	Sue	Cross	Bedford Harriers	Bedford Harriers	FV55	66	273
277	334	Viv	Kilgour	Bedford Harriers	Bedford Harriers	FV55	67	274
278	1022	Jo	Humphrey	Northampton Road Runners	Northampton Road Runners	FV40	68	275
279	933	Jon	Dilworth	Northampton Road Runners	Northampton Road Runners	MV60	208	276
280	1490	Michael	Gittings	Wootton Road Runners	Wootton Road Runners	MV40	209	277
281	509	Ian	Grimwood	Biggleswade AC	Biggleswade AC	MV65	210	278
282	500	Richard	Dilley	Biggleswade AC	Biggleswade AC	MV45	211	279
283	1018	Joanne	Hewlett	Northampton Road Runners	Northampton Road Runners	FV40	69	280
284	702	Stephen	Moore	Leighton Fun Runners	Leighton Fun Runners	MV55	212	281
285	178	Joe	Walters	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV40	213	282
286	207	Rebecca	Fleckney	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV35	70	283
287	231	Christine	Sharman	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV50	71	284
288	1038	Rebecca	Shillington	Northampton Road Runners	Northampton Road Runners	FV50	72	285
289	1698	Hannah	Keeble	North Herts Road Runners	North Herts Road Runners	F	73	286
290	1068	Yvonne	Murphy	Olney Runners	Olney Runners	FV40	74	287
291	716	Lindsey	Rigby	Leighton Fun Runners	Leighton Fun Runners	FV45	75	288
292	194	Gemma	Bear	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV35	76	289
293	501	Nicky	Double	Biggleswade AC	Biggleswade AC	FV40	77	290
294	614	Richard	Evans	Dunstable Road Runners	Dunstable Road Runners	MV60	214	291
295	597	Lisa	Phee	Dunstable Road Runners	Dunstable Road Runners	FV35	78	292
296	288	Julie	Driver	Bedford Harriers	Bedford Harriers	FV55	79	293
297	341	Claire	Lathall	Bedford Harriers	Bedford Harriers	FV35	80	294
298	403	Diane	Wallis	Bedford Harriers	Bedford Harriers	FV55	81	295
299	1168	Stewart	Read	Stopsley Striders	Stopsley Striders	MV40	215	296
300	1096	Justin	Schofield	Olney Runners	Olney Runners	MV45	216	297
301	1365	Kirsty	Hewitt	Wellingborough AC	Wellingborough AC	FV35	82	298
302	301	Elaine	Fullard	Bedford Harriers	Bedford Harriers	FV55	83	299
303	1485	Tricia	Harrison	Wootton Road Runners	Wootton Road Runners	FV55	84	300
304	215	Laura	Johnston	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV45	85	301

3 Counties Cross Country League Results

Venue		Wellingborough			22-October-2017			Team
Pos.	No.	First Name	Surname	Club	Category	Points	Points	
305	286	Caroline	Diggle	Bedford Harriers	Bedford Harriers	FV40	86	302
306	238	Louise	Wilkins	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV45	87	303
307	219	Emily	Mead	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	F	88	304
308	154	Brendan	O'Mahoney	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV55	217	305
309	1030	Caroline	Owers	Northampton Road Runners	Northampton Road Runners	FV50	89	306
310	510	Juliet	Grimwood	Biggleswade AC	Biggleswade AC	FV50	90	307
311	196	Cherise	Berridge	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV35	91	308
312	1403	Loreto	Sheils	Wellingborough AC	Wellingborough AC	FV50	92	309
313	1061	Carole	Holloway	Olney Runners	Olney Runners	FV40	93	310
314	283	Carole	Darnell	Bedford Harriers	Bedford Harriers	FV55	94	311
315	1006	Helen	Blackburn	Northampton Road Runners	Northampton Road Runners	FV50	95	312
316	1091	Jackie	Tite	Olney Runners	Olney Runners	FV50	96	313
317	906	Christine	Sharp	North Herts Road Runners	North Herts Road Runners	FV60	97	314
318	1460	Gerald	Billis	Wootton Road Runners	Wootton Road Runners	MV75	218	315
319	1138	Kulwinder	Assra	Stopsley Striders	Stopsley Striders	FV45	98	316
320	401	Rob	Upton	Bedford Harriers	Bedford Harriers	MV45	219	317
321	1071	Carolyn	Richardson	Olney Runners	Olney Runners	FV50	99	318
322	237	Emma	White	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV40	100	319
323	1359	Sarah	Scanlon	Wellingborough AC	Wellingborough AC	FV45	101	320
324	1126	Karen	Bull	Stopsley Striders	Stopsley Striders	FV45	102	321
325	1395	Kirtsy	Dodd	Wellingborough AC	Wellingborough AC	FV40	103	322
326	1483	Laura	Wild	Wootton Road Runners	Wootton Road Runners	FV35	104	323
327	239	Nicola	Wilkins	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV40	105	324
328	273	Darren	Cimelli	Bedford Harriers	Bedford Harriers	MV40	220	325
329	1680	Joy	Stroud	North Herts Road Runners	North Herts Road Runners	FV65	106	326
330	211	Pat	Godfrey	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	FV65	107	327
331	705	Chris	Ellis	Leighton Fun Runners	Leighton Fun Runners	FV55	108	328
332	1027	Jo	Letts	Northampton Road Runners	Northampton Road Runners	FV45	109	329
333	491	Ricky	Bryne	Biggleswade AC	Biggleswade AC	M	221	330
334	591	Claire	Mcfauld	Dunstable Road Runners	Dunstable Road Runners	F	110	331
335	731	Alison	Whitbread	Leighton Fun Runners	Leighton Fun Runners	FV50	111	332
336	164	Dave	Sedgley	Amphthill & Flitwick Flyers	Amphthill & Flitwick Flyers	MV75	222	333
337	533	Julie	Spavins	Biggleswade AC	Biggleswade AC	FV50	112	334
338	518	Helen	Kapur	Biggleswade AC	Biggleswade AC	FV55	113	335
339	715	Kirsty	West	Leighton Fun Runners	Leighton Fun Runners	FV45	114	336
340	707	Clare	Fernandes	Leighton Fun Runners	Leighton Fun Runners	FV35	115	337
341	1016	Sally	Garrett	Northampton Road Runners	Northampton Road Runners	FV50	116	338
342	722	Tracy	Cardno	Leighton Fun Runners	Leighton Fun Runners	FV50	117	339
343	1055	Sophie	Dennis	Olney Runners	Olney Runners	FV40	118	340
344	1063	Donna	Lee	Olney Runners	Olney Runners	FV50	119	341
345	1008	Lynsey	Brecani	Northampton Road Runners	Northampton Road Runners	F	120	342
346	519	Ruth	King	Biggleswade AC	Biggleswade AC	FV55	121	343
347	496	Julie	Cooke	Biggleswade AC	Biggleswade AC	FV35	122	344
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3 Counties Cross Country League Results

Venue **Wellingborough**

22-October-2017

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3 Counties Cross Country League Results

Venue Wellingborough

22-October-2017

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3 Counties Cross Country League Results

Venue **Wellingborough**

22-October-2017

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