

3 Counties Cross Country League Results

After 4 Events

Male V45+

17-December-2017

No.	First Name	Surname	Club	Vet	Well'borough	Wootton	Dunstable	North Herts	Biggleswade	Pos	Races	Score
176	Mark	Waine	Ampthill & Flitwick Flyers	V45	2	1	1	2		1	4	4
961	Tony	Letts	Northampton Road Runners	V45	3	2	2	3		2	4	7
1303	Greg	Spellman	Wellingborough & District AC	V50	4	3	3	4		3	4	10
107	Martin	Beare	Ampthill & Flitwick Flyers	V50		4	5	7		4	3	16
694	Martin	Crane	Leighton Fun Runners	V45		8	4	6		5	3	18
119	John	Decesare	Ampthill & Flitwick Flyers	V45		5	9	5		6	3	19
1301	Jon	Kemp	Wellingborough & District AC	V45	6	9	7	9		7	4	22
1220	Andy	Green	Team East Haddon	V50	5	7	11	11		8	4	23
1559	Brendan	Moen	Rugby & Northampton AC	V50	11	6	6	12		8	4	23
1457	Richard	Lack	Wootton Road Runners	V45	7	14	8	10		10	4	25
1321	Ady	King	Wellingborough & District AC	V45	14	11		8		11	3	33
857	Nick	Malpeli	North Herts Road Runners	V50	8	12	15			12	3	35
727	Steve	Harrison	Leighton Fun Runners	V45	10	10	24	18		13	4	38
1471	Dean	Weldon	Wootton Road Runners	V45	9		17	13		14	3	39
1166	Gez	Fallon	Stopsley Striders	V45		17	16	14		15	3	47
346	Neil	Loader	Bedford Harriers	V50	18	19	12			16	3	49
383	Kevin	Shelton-Smith	Bedford Harriers	V55	16	13	21	20		16	4	49
910	Adrian	Sherwood	North Herts Road Runners	V50	19	18	18	15		18	4	51
1561	Nigel	Roberts	Rugby & Northampton AC	V45		16	13	25		19	3	54
1325	Julian	Blackwell	Wellingborough & District AC	V45	20		14	22		20	3	56
497	Marcus	Davey	Biggleswade AC	V45	17	21	23			21	3	61
415	Bryan	Seago	Bedford Harriers	V45	28	25	20	16		21	4	61
1556	Vince	Carroll	Rugby & Northampton AC	V45	26	41	22	24		23	4	72
293	Alastair	Fadden	Bedford Harriers	V50	23	26	28			24	3	77
424	Simon	Foster	Bedford Harriers	V45		27	25	26		25	3	78
498	Paul	Davies	Biggleswade AC	V45	21	31	30	35		26	4	82
1078	Stephen	Dicks	Olney Runners	V45	25	30	48	32		27	4	87
254	Tony	Barnes	Bedford Harriers	V50	45	32	27	29		28	4	88
829	Richard	Harbon	North Herts Road Runners	V55		38	26	27		29	3	91
112	Warwick	Browning	Ampthill & Flitwick Flyers	V60	30	45	34	33		30	4	97
1165	Martin	Fallon	Stopsley Striders	V45	32	44	29	36		30	4	97
167	Richard	Stanley	Ampthill & Flitwick Flyers	V50	33	35	32	39		32	4	100
1181	Pat	Blessing	Stopsley Striders	V50	39	28	35	40		33	4	102
681	Andrew	Heale	Leighton Fun Runners	V50	42	36	33	43		34	4	111
1280	Mark	Bonham	Wellingborough & District AC	V45	29	43	44	41		35	4	113
1690	James	Walsh	North Herts Road Runners	V45		52	39	28		36	3	119
1307	Mike	Gooch	Wellingborough & District AC	V45	35	48	37			37	3	120
372	Dave	Roberts	Bedford Harriers	V50	37	46		38		38	3	121
1461	Paul	Matthews	Wootton Road Runners	V45	38		42	45		39	3	125
538	John	Stott	Biggleswade AC	V45	31	40	57			40	3	128