

3 Counties Cross Country League Results

Venue **North Herts Road Runners**

17-December-2017

Amphill & Flitwick Flyers

Team Score

695

Men

No.	First Name	Surname	Vet	2nd	Score	Team
156	Craig	Palmer			1	1
151	Paul	Mizon		x	2	2
125	Paul	Farmer	V35		5	5
137	Tim	Harris	V35		9	9
134	Ian	Halpin			10	10
176	Mark	Waine	V45		18	18
175	Steven	Upton	V40		22	22
186	Matt	Palmer			25	25

92 92

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
198	Nicola	Bowerman	V40		2	49
210	Caroline	Gilby	V50		28	173
234	Dayle	Walker			36	190
235	Lisa	Wells	V50		37	191

103 603

Bedford Harriers

Team Score

1009

Men

No.	First Name	Surname	Vet	2nd	Score	Team
312	Peter	Graham			7	7
287	Chris	Dilley			28	28
415	Bryan	Seago	V45		58	62
383	Kevin	Shelton-Smith	V55		63	68
424	Simon	Foster	V45		72	77
254	Tony	Barnes	V50		76	82
354	Gary	McKeaveney			84	91
330	Oliver	Jones	V35		90	98

478 513

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
302	Gill	Fullen	V50		3	50
338	Sally	Knight	V40		12	124
268	Sally	Cartwright	V50		18	148
313	Nora	Haggart	V60		29	174

62 496

Biggleswade AC

Team Score

949

Men

No.	First Name	Surname	Vet	2nd	Score	Team
512	Jamie	Hall			4	4
550	Steven	Baldwin			14	14
515	Nick	Haworth	V40		64	69
495	Paul	Cooke	V40		78	85
498	Paul	Davies	V45		88	95
528	Damien	Pitts			92	100
524	Adam	Murphy			102	112
516	Giles	Hawthorne	V40		104	114

546 593

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
520	Elaine	Livera			4	56
525	Juliet	Nayler	V45		7	84
502	Isobel	Everest	V45		8	96
522	Natalie	Morgan	V40		11	120

30 356

Dunstable Road Runners

Team Score

1779

Men

No.	First Name	Surname	Vet	2nd	Score	Team
594	Lee	Murphy			31	31
574	Matt	Earles	V40		50	53
586	Stuart	Lamond			59	63
590	Cahal	McConville	V50		107	117
568	Mark	Cornell	V50		110	121
601	Lee	Richardson	V50		114	127
571	Robert	Curtis	V50		115	128
584	Peter	Keane	V55		134	153

720 793

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
608	Teresa	Warren	V45		35	188
578	Anne	Golding	V55		54	236
598	Tara	Pountney	V35		77	271
583	Tina	Keane	V50		92	291

258 986

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Leighton Fun Runners

Team Score

1893

Men

No.	First Name	Surname	Vet	2nd	Score	Team
694	Martin	Crane	V45	x	36	36
727	Steve	Harrison	V45		61	65
683	Dan	Green	V40		101	111
681	Andrew	Heale	V50		109	119
729	Tom	Ellerton			113	126
732	James	Smith	V45		128	145
737	David	Malatynski	V60		158	198
689	Keith	Phillips	V65		182	235

888 1035

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
725	Zoe	Illingworth	V40	x	19	149
713	Katy	Garnham-Lee			26	169
708	Dawn	Kennedy	V40		62	246
705	Chris	Ellis	V55		94	294

201 858

North Herts Road Runners

Team Score

636

Men

No.	First Name	Surname	Vet	2nd	Score	Team
863	Jim	McConnel	V40		8	8
1682	Darren	Sunter	V35		12	12
772	John	Auld	V35		13	13
904	Matthew	Sayers	V40		16	16
1673	Ryan	Smith	V40		23	23
881	Stewart	Overton	V35		33	33
836	Dan	Hills	V35		47	48
1696	Vincent	Wright	V40		53	57

205 210

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
828	Katie	Harbon			1	45
791	Jane	Clarke	V35		9	103
887	Natasha	Pitman	V40		15	137
868	Sarah	Mitcherson	V40		17	141

42 426

Northampton Road Runners

Team Score

1929

Men

No.	First Name	Surname	Vet	2nd	Score	Team
961	Tony	Letts	V45		19	19
986	Dave	Whatton	V50		117	131
983	Ed	Taylor	V55		119	133
940	Mark	Garrett	V55		120	134
911	Ronnie	Ambrose	V50		129	146
974	Andrew	Rosewell			138	157
937	John	Fleming	V45		146	175
918	Dave	Blackburn	V55		149	179

937 1074

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1011	Liz	Dabell	V50		22	163
1033	Wendy	Parker	V50		45	212
1032	Elaine	Palmer	V50		55	237
1012	Sarah	Davis	V50	x	61	243

183 855

Olney Runners

Team Score

2938

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1078	Stephen	Dicks	V45		83	90
1087	Dean	Sartin	V40		87	94
1092	David	Shakespeare	V50		147	176
1083	David	O'Connor	V50		177	228
1096	Justin	Schofield	V45		190	259
	Last	Man			205	318
	Last	Man			205	318
	Last	Man			205	318

1299 1801

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1065	Helen	Margetts	V40		39	194
1051	Liz	Conibere	V65		106	307
	Last	Lady			113	318
	Last	Lady			113	318

371 1137

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Stopsley Striders

Team Score

1360

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1183	Robert	Barnes			6	6
1201	Matthew	Lewis			34	34
1166	Gez	Fallon	V45		56	60
1162	Adrian	Copp	V45		80	87
1165	Martin	Fallon	V45		91	99
1169	Philip	Davies			93	101
1181	Pat	Blessing	V50		105	115
1191	Andy	Reid	V60		121	135

586 637

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1152	Christine	Lathwell	V40		5	66
750	Vanessa	Thompson	V40		27	172
1131	Liz	Davies	V50		53	234
1150	Karen	Ashby	V55		65	251

150 723

Team East Haddon

Team Score

1622

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1239	Matt	Dine	V35		37	37
1220	Andy	Green	V50		46	47
1228	Matthew	Tyrrell	V40		49	52
1237	Tim	Webster			51	54
1248	Robert	Gaskill			74	80
1253	Chris	Bell	V45		77	83
1229	Rob	White	V50		95	104
1216	Sam	Cortese	V55		162	202

591 659

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1247	Sarah	Ashcroft			24	166
1245	Sarah	Ryder			57	239
1224	Joanna	Szymborska	V45		58	240
	Last	Lady			113	318

252 963

Wellingborough & District AC

Team Score

899

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1303	Greg	Spellman	V50		21	21
1308	Craig	Clements	V35		24	24
1299	Jason	French	V35		27	27
1321	Ady	King	V45	x	41	41
1301	Jon	Kemp	V45		42	42
1306	Ben	Shirley	V40		52	55
1325	Julian	Blackwell	V45		65	70
1314	Andrew	Redden			100	109

372 389

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1381	Kelly	Barnett			6	79
1368	Lisa	Smith			10	110
1402	Helen	Etherington	V35		20	160
1369	Louise	Kemp	V35		21	161

57 510

Wootton Road Runners

Team Score

1087

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1481	Andy	Fairley	V40		17	17
1487	Jason	Eales	V40		26	26
1458	Peter	Adams	V40		35	35
1519	Dave	Lazenby			38	38
1457	Richard	Lack	V45		43	43
1479	Stuart	DeFreyne			44	44
1518	Geoff	Bonnett			45	46
1471	Dean	Weldon	V45		54	58

302 307

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1503	Kairit	Fitzgerald			25	167
1456	Phoebe	Lowick			34	187
1499	Frances	Hooper	V35		38	193
1484	Kay	Duffy	V40		52	233

149 780

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Rugby & Northampton AC

Team Score

895

Men

No.	First Name	Surname	Vet	2nd	Score	Team
1568	Alistair	McDonnell			3	3
1558	Chris	Lamb			11	11
1607	John	Gercs	V45		15	15
1606	Joe	Childs			20	20
1557	Peter	Currington			30	30
1559	Brendan	Moen	V50		48	51
1585	Simon	Bickers	V55		60	64
1556	Vince	Carroll	V45		70	75

257 269

Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1608	Bethan	Goddard			13	125
1605	Rebecca	Leadbeater			16	138
1578	Angela	Copson	V70		30	177
1599	Sally	Tilt	V40		33	186

92 626

Team Summary

	Men		Ladies		Team		
Amphill & Flitwick Flyers	1	92	6	103	2	92	603
Bedford Harriers	6	478	4	62	6	513	496
Biggleswade AC	7	546	1	30	5	593	356
Dunstable Road Runners	10	720	12	258	10	793	986
Leighton Fun Runners	11	888	10	201	11	1035	858
North Herts Road Runners	2	205	2	42	1	210	426
Northampton Road Runners	12	937	9	183	12	1074	855
Olney Runners	13	1299	13	371	13	1801	1137
Stopsley Striders	8	586	8	150	8	637	723
Team East Haddon	9	591	11	252	9	659	963
Wellingborough & District AC	5	372	3	57	4	389	510
Wootton Road Runners	4	302	7	149	7	307	780
Rugby & Northampton AC	3	257	5	92	3	269	626

Total of Scoring Men's Teams	8372	Contribution to Team Scores	47.32%
Total of Scoring Women's Teams	9319		52.68%