

3 Counties Cross Country League Results

After 5 Events

Male V35+

14-January-2018

No.	First Name	Surname	Club	Vet	Well'borough	Wootton	Dunstable	North Herts	Biggleswade	Pos	Races	Score
863	Jim	McConnel	North Herts Road Runners	V40	2	3	2	2	2	1	5	8
895	Edward	Price	North Herts Road Runners	V40	8	4	3		4	2	4	19
772	John	Auld	North Herts Road Runners	V35	5	6	4	5	7	3	5	20
176	Mark	Waine	Ampthill & Flitwick Flyers	V45	7	5	5	9	14	4	5	26
1481	Andy	Fairley	Wootton Road Runners	V40	6	7	7	8	56	5	5	28
904	Matthew	Sayers	North Herts Road Runners	V40	10	9	11	7	9	6	5	35
961	Tony	Letts	Northampton Road Runners	V45	12	10	9	10	13	7	5	41
1303	Greg	Spellman	Wellingborough & District AC	V50	13	11	12	11	10	8	5	44
1673	Ryan	Smith	North Herts Road Runners	V40	16	23	15	13	11	9	5	55
1458	Peter	Adams	Wootton Road Runners	V40	17	22	13	21	32	10	5	73
1239	Matt	Dine	Team East Haddon	V35		18	22	23	15	11	4	78
1487	Jason	Eales	Wootton Road Runners	V40	32	25	18	15	22	12	5	80
523	Rob	Morgan	Biggleswade AC	V40	11	13	14		43	13	4	81
119	John	Decesare	Ampthill & Flitwick Flyers	V45		16	31	18	20	14	4	85
107	Martin	Beare	Ampthill & Flitwick Flyers	V50		14	19	24	28	14	4	85
881	Stewart	Overton	North Herts Road Runners	V35	22	21		19	24	16	4	86
694	Martin	Crane	Leighton Fun Runners	V45		28	17	22	25	17	4	92
140	Ross	Henson	Ampthill & Flitwick Flyers	V40	19	15		17	42	18	4	93
1559	Brendan	Moen	Rugby & Northampton AC	V50	28	17	25	30	23	18	5	93
1220	Andy	Green	Team East Haddon	V50	15	20	34	28	31	20	5	94
1301	Jon	Kemp	Wellingborough & District AC	V45	20	29	26	26	36	21	5	101
1457	Richard	Lack	Wootton Road Runners	V45	23	43	30	27	30	22	5	110
159	Simon	Read	Ampthill & Flitwick Flyers	V40	34	36	21	20	37	23	5	111
836	Dan	Hills	North Herts Road Runners	V35		38	23	29	27	24	4	117
1321	Ady	King	Wellingborough & District AC	V45	33	35		25	38	25	4	131
1696	Vincent	Wright	North Herts Road Runners	V40	37	40	36	34	34	26	5	141
857	Nick	Malpeli	North Herts Road Runners	V50	25	37	42		44	27	4	148
1561	Nigel	Roberts	Rugby & Northampton AC	V45		45	38	49	21	28	4	153
727	Steve	Harrison	Leighton Fun Runners	V45	27	32	56	40	72	29	5	155
1306	Ben	Shirley	Wellingborough & District AC	V40	41	49	44	33	77	30	5	167
383	Kevin	Shelton-Smith	Bedford Harriers	V55	39	39	51	42	86	31	5	171
346	Neil	Loader	Bedford Harriers	V50	44	48	35		51	32	4	178
910	Adrian	Sherwood	North Herts Road Runners	V50	46	47	48	37	57	32	5	178
1166	Gez	Fallon	Stopsley Striders	V45		46	43	36	54	34	4	179
847	James	Keogh	North Herts Road Runners	V35	36		41	67	46	35	4	190
415	Bryan	Seago	Bedford Harriers	V45	61	61	50	38	45	36	5	194
497	Marcus	Davey	Biggleswade AC	V45	42	52	55		47	37	4	196
515	Nick	Haworth	Biggleswade AC	V40	40	55		43	68	38	4	206
1195	Ahmed	Berrah	Stopsley Striders	V35	52	53	37		66	39	4	208
1556	Vince	Carroll	Rugby & Northampton AC	V45	59	87	54	48	58	40	5	219