

3 Counties Cross Country League Results

Venue		Dunstable		4-November-2018			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
1	1823	Michael	Hobbs-Aldridge	Wootton Road Runners	M45-49	1	1	1
2	1651	Alex	Ash	Wellingborough & District AC	M25-29	2	2	1
3	141	Tim	Harris	Amphthill & Flitwick Flyers	M35-39	3	3	1
4	1072	Thomas	Webb	North Herts Road Runners	M30-34	4	4	1
5	1924	Hayden	Arnall	Rugby & Northampton AC	M17-19	5	5	1
6	929	Adam	Bowler	North Herts Road Runners	M35-39	6	6	2
7	1058	Darren	Sunter	North Herts Road Runners	M35-39	7	7	3
8	835	Peter	Mackrell	Leighton Fun Runners	M35-39	8	8	4
9	184	Joe	Strange	Amphthill & Flitwick Flyers	M25-29	9	9	2
10	190	Mark	Waine	Amphthill & Flitwick Flyers	M45-49	10	10	2
11	138	Ian	Halpin	Amphthill & Flitwick Flyers	M30-34	11	11	2
12	1040	Matthew	Sayers	North Herts Road Runners	M40-44	12	12	1
13	383	Phil	Jamieson	Bedford Harriers	M30-34	13	13	3
14	1205	Norbert	Mihalik	Northampton Road Runners	M35-39	14	14	5
15	367	Ian	Hammett	Bedford Harriers	M35-39	15	15	6
16	489	Danny	Winn	Bedford Harriers	M30-34	16	16	4
17	1200	Tony	Letts	Northampton Road Runners	M50-54	17	17	1
18	1189	Tom	High	Northampton Road Runners	M25-29	18	18	3
19	145	Phil	Holland	Amphthill & Flitwick Flyers	M40-44	19	19	2
20	1975	Joe	Musgrove	Rugby & Northampton AC	M17-19	20	20	2
21	1019	Stewart	Overton	North Herts Road Runners	M35-39	21	21	7
22	514	Steven	Baldwin	Biggleswade AC	M25-29	22	22	4
23	9999	Unknown	Runner		#VALUE!			1
24	189	Steven	Upton	Amphthill & Flitwick Flyers	M40-44	23	23	3
25	300	Ed	Castro	Bedford Harriers	M30-34	24	24	5
26	1681	Craig	Clements	Wellingborough & District AC	M35-39	25	25	8
27	1239	Matthew	Clarke	Northampton Road Runners	M40-44	26	26	4
28	1958	Chris	Lamb	Rugby & Northampton AC	M30-34	27	27	6
29	103	Dave	Ackerley	Amphthill & Flitwick Flyers	M25-29	28	28	5
30	311	David	Course	Bedford Harriers	M40-44	29	29	5
31	1676	Greg	Spellman	Wellingborough & District AC	M50-54	30	30	2
32	1877	Geoff	Bonnett	Wootton Road Runners	M25-29	31	31	6
33	160	Lee	Murphy	Amphthill & Flitwick Flyers	M25-29	32	32	7
34	178	Giles	Shorley	Amphthill & Flitwick Flyers	M40-44	33	33	6
35	1033	John	Rayner	North Herts Road Runners	M35-39	34	34	9
36	1003	Darren	Matussa	North Herts Road Runners	M40-44	35	35	7
37	1163	Iilir	Brecani	Northampton Road Runners	M40-44	36	36	8
38	974	Robert John	Harris	North Herts Road Runners	M40-44	37	37	9
39	1674	Jon	Kemp	Wellingborough & District AC	M45-49	38	38	3
40	122	John	Decesare	Amphthill & Flitwick Flyers	M50-54	39	39	3
41	1581	Andy	Green	Team East Haddon	M50-54	40	40	4
42	339	Gary	Finch	Bedford Harriers	M50-54	41	41	5
43	500	Mark	E-Jones	Bedford Harriers	M50-54	42	42	6
44	1671	Paul	Huckle	Wellingborough & District AC	M30-34	43	43	7
45	1493	Tom	Rankin	Stopsley Striders	M20-24	44	44	1
46	998	Nick	Malpeli	North Herts Road Runners	M50-54	45	45	7
47	107	Martin	Beare	Amphthill & Flitwick Flyers	M55-59	46	46	1
48	1611	Chris	Bell	Team East Haddon	M50-54	47	47	8
49	1705	Patrick	Barber	Wellingborough & District AC	M30-34	48	48	8
50	1816	Richard	Lack	Wootton Road Runners	M45-49	49	49	4
51	520	Hannah	Broom	Biggleswade AC	F35-39	1	50	1
52	117	Marcus	Cook	Amphthill & Flitwick Flyers	M40-44	50	51	10
53	1466	Christine	Lathwell	Stopsley Striders	F40-44	2	52	1
54	1936	Vince	Carroll	Rugby & Northampton AC	M45-49	51	53	5
55	182	Terry	Stanley	Amphthill & Flitwick Flyers	M30-34	52	54	9
56	1974	Oliver	Munns	Rugby & Northampton AC	M20-24	53	55	2
57	987	James	Keogh	North Herts Road Runners	M40-44	54	56	11
58	1679	Ben	Shirley	Wellingborough & District AC	M40-44	55	57	12
59	139	James	Handley	Amphthill & Flitwick Flyers	M40-44	56	58	13

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Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
60	823	Steve	Harrison	Leighton Fun Runners	M45-49	57	59	6
61	1722	Kelly	Barnett	Wellingborough & District AC	F25-29	3	60	1
62	1480	Gez	Fallon	Stopsley Striders	M45-49	58	61	7
63	679	Steve	Kerin	Dunstable Road Runners	M30-34	59	62	10
64	185	Barry	Stratford	Amphthill & Flitwick Flyers	M35-39	60	63	10
65	313	Sean	Crawley	Bedford Harriers	M40-44	61	64	14
66	821	Dan	Green	Leighton Fun Runners	M40-44	62	65	15
67	412	Neil	Loader	Bedford Harriers	M50-54	63	66	9
68	172	Simon	Read	Amphthill & Flitwick Flyers	M40-44	64	67	16
69	1077	Vincent	Wright	North Herts Road Runners	M40-44	65	68	17
70	528	Marcus	Davey	Biggleswade AC	M45-49	66	69	8
71	1047	Adrian	Sherwood	North Herts Road Runners	M50-54	67	70	10
72	2001	Adam	Bebbington	Rugby & Northampton AC	M17-19	68	71	3
73	808	Tom	Ellerton	Leighton Fun Runners	M25-29	69	72	8
74	920	John	Auld	North Herts Road Runners	M35-39	70	73	11
75	307	Jon	Clark	Bedford Harriers	M50-54	71	74	11
76	555	Rob	Morgan	Biggleswade AC	M40-44	72	75	18
77	1508	Ahmed	Berrah	Stopsley Striders	M35-39	73	76	12
78	1071	James	Walsh	North Herts Road Runners	M50-54	74	77	12
79	548	Nick	Haworth	Biggleswade AC	M40-44	75	78	19
80	975	Lee	Hayes	North Herts Road Runners	M50-54	76	79	13
81	149	Dan	Karaiskou	Amphthill & Flitwick Flyers	M20-24	77	80	3
82	1486	Michael	Tucker	Stopsley Striders	M30-34	78	81	11
83	1689	Peter	Cowler	Wellingborough & District AC	M40-44	79	82	20
84	1591	Adrian	Homer	Team East Haddon	M45-49	80	83	9
85	151	Ashley	Larman	Amphthill & Flitwick Flyers	M40-44	81	84	21
86	1006	Astrid	Mckeown	North Herts Road Runners	F45-49	4	85	1
87	1081	David	Welch	North Herts Road Runners	M40-44	82	86	22
88	108	Roger	Ball	Amphthill & Flitwick Flyers	M45-49	83	87	10
89	731	James	Young	Dunstable Road Runners	M17-19	84	88	4
90	610	Colin	Woods	Amphthill & Flitwick Flyers	M25-29	85	89	9
91	526	Paul	Cooke	Biggleswade AC	M40-44	86	90	23
92	819	Matthew	Gilbert	Leighton Fun Runners	M40-44	87	91	24
93	390	Oliver	Jones	Bedford Harriers	M40-44	88	92	25
94	651	Liam	Deller	Dunstable Road Runners	M35-39	89	93	13
95	114	Warwick	Browning	Amphthill & Flitwick Flyers	M60-64	90	94	1
96	345	Simon	Foster	Bedford Harriers	M45-49	91	95	11
97	1590	Rob	White	Team East Haddon	M55-59	92	96	2
98	1846	Jason	Eales	Wootton Road Runners	M40-44	93	97	26
99	852	James	Smith	Leighton Fun Runners	M45-49	94	98	12
100	825	Andrew	Heale	Leighton Fun Runners	M50-54	95	99	14
101	732	Neill	Currant	Dunstable Road Runners	M40-44	96	100	27
102	157	Philip	Mead	Amphthill & Flitwick Flyers	M30-34	97	101	12
103	1237	Mitchell	Baines	Northampton Road Runners	M25-29	98	102	10
104	170	Richard	Pillinger	Amphthill & Flitwick Flyers	M40-44	99	103	28
105	144	Ross	Henson	Amphthill & Flitwick Flyers	M40-44	100	104	29
106	1475	John	Chapman	Stopsley Striders	M60-64	101	105	2
107	162	Gavin	Nicholson	Amphthill & Flitwick Flyers	M40-44	102	106	30
108	1166	Mick	Conroy	Northampton Road Runners	M55-59	103	107	3
109	294	Shaun	Busby	Bedford Harriers	M30-34	104	108	13
110	277	Tony	Barnes	Bedford Harriers	M55-59	105	109	4
111	1356	Stephen	Dicks	Olney Runners	M45-49	106	110	13
112	1616	Olly	Pearson	Team East Haddon	M35-39	107	111	14
113	910	Paula	Adams	North Herts Road Runners	F45-49	5	112	2
114	947	Ian	Dalton	North Herts Road Runners	M45-49	108	113	14
115	1479	Martin	Fallon	Stopsley Striders	M50-54	109	114	15
116	346	David	Frampton	Bedford Harriers	M60-64	110	115	3
117	1495	Pat	Blessing	Stopsley Striders	M55-59	111	116	5
118	1483	Philip	Davies	Stopsley Striders	M25-29	112	117	11

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		4-November-2018						
Pos.	No.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
119	1713	Lisa	Smith	Wellingborough & District AC	F35-39	6	118	2
120	1048	Peter	Sibbett	North Herts Road Runners	M55-59	113	119	6
121	648	Robert	Curtis	Dunstable Road Runners	M55-59	114	120	7
122	1608	Charles	Spencer	Team East Haddon	M30-34	115	121	14
123	132	Jeremy	Godfrey	Amphill & Flitwick Flyers	M30-34	116	122	15
124	269	Andrew	MacIntyre	Amphill & Flitwick Flyers	M25-29	117	123	12
125	1512	Danny	Kelly	Stopsley Striders	M55-59	118	124	8
126	1680	Mike	Gooch	Wellingborough & District AC	M45-49	119	125	15
127	1733	Helen	Etherington	Wellingborough & District AC	F35-39	7	126	3
128	1216	Andrew	Rosewell	Northampton Road Runners	M30-34	120	127	16
129	295	Gary	Butler	Bedford Harriers	M50-54	121	128	16
130	326	Will	Drown	Bedford Harriers	M25-29	122	129	13
131	342	Anna	Folland	Bedford Harriers	F45-49	8	130	3
132	403	Jason	Lake	Bedford Harriers	M45-49	123	131	16
133	570	John	Stott	Biggleswade AC	M45-49	124	132	17
134	1985	John	Saw	Rugby & Northampton AC	M40-44	125	133	31
135	441	Jerry	Pullinger	Bedford Harriers	M60-64	126	134	4
136	683	Stuart	Lamond	Dunstable Road Runners	M30-34	127	135	17
137	1615	Andy	Peel	Team East Haddon	M35-39	128	136	15
138	510	Charlie	Arnold	Biggleswade AC	M60-64	129	137	5
139	1872	John	White	Wootton Road Runners	M40-44	130	138	32
140	939	Jane	Clarke	North Herts Road Runners	F35-39	9	139	4
141	382	Stephen	James	Bedford Harriers	M50-54	131	140	17
142	400	Sally	Knight	Bedford Harriers	F45-49	10	141	4
143	511	Emma	Bailey	Biggleswade AC	F40-44	11	142	2
144	1604	Lindsay	Scott	Team East Haddon	F30-34	12	143	1
145	1001	Daniel	Martin	North Herts Road Runners	M35-39	132	144	16
146	1211	Jonathon	Panter	Northampton Road Runners	M50-54	133	145	18
147	1227	Ed	Taylor	Northampton Road Runners	M55-59	134	146	9
148	228	Kerry	Large	Amphill & Flitwick Flyers	F30-34	13	147	2
149	1857	Chris	McFaul	Wootton Road Runners	M45-49	135	148	18
150	713	Jose	Santos	Dunstable Road Runners	M40-44	136	149	33
151	1886	Andrew	Myers	Wootton Road Runners	M30-34	137	150	18
152	1196	Mark	Kennedy	Northampton Road Runners	M40-44	138	151	34
153	161	Chris	Newnham	Amphill & Flitwick Flyers	M55-59	139	152	10
154	1180	Mark	Garrett	Northampton Road Runners	M55-59	140	153	11
155	554	Natalie	Morgan	Biggleswade AC	F40-44	14	154	3
156	1232	Dave	Whatton	Northampton Road Runners	M50-54	141	155	19
157	1212	Seb	Perry	Northampton Road Runners	M45-49	142	156	19
158	1950	Oliver	Harvey	Rugby & Northampton AC	M20-24	143	157	4
159	401	Stuart	Knight	Bedford Harriers	M50-54	144	158	20
160	215	Amy	Farr	Amphill & Flitwick Flyers	F35-39	15	159	5
161	1865	Craig	Goodman	Wootton Road Runners	M30-34	145	160	19
162	286	Cameron	Blair	Bedford Harriers	M25-29	146	161	14
163	736	David	Morgan	Dunstable Road Runners	M50-54	147	162	21
164	1079	Darren	Bonham	North Herts Road Runners	M35-39	148	163	17
165	1739	Malcolm	Kildin	Wellingborough & District AC	M50-54	149	164	22
166	973	Richard	Harbon	North Herts Road Runners	M55-59	150	165	12
167	1503	Christian	Bredenkamp	Stopsley Striders	M50-54	151	166	23
168	1490	Charles	Nelis	Stopsley Striders	M50-54	152	167	24
169	803	Eddie	Cusick	Leighton Fun Runners	M55-59	153	168	13
170	238	Hattie	Oakley-King	Amphill & Flitwick Flyers	F30-34	16	169	3
171	1714	Louise	Kemp	Wellingborough & District AC	F40-44	17	170	4
172	175	Mark	Rouse	Amphill & Flitwick Flyers	M40-44	154	171	35
173	1354	Justin	Crook	Olney Runners	M40-44	155	172	36
174	133	Martin	Godin	Amphill & Flitwick Flyers	M60-64	156	173	6
175	1976	Bernie	Myers	Rugby & Northampton AC	M55-59	157	174	14
176	467	Paul	Stuart	Bedford Harriers	M50-54	158	175	25
177	1063	Caroline	Thrusell	North Herts Road Runners	F55-59	18	176	1

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Venue		Dunstable		4-November-2018			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
178	256	Lisa	Wells	Amphthill & Flitwick Flyers	F50-54	19	177	1
179	136	Stan	Greening	Amphthill & Flitwick Flyers	M50-54	159	178	26
180	866	Ian	Bisby	Leighton Fun Runners	M45-49	160	179	20
181	688	Shilen	Mantri	Dunstable Road Runners	M45-49	161	180	21
182	183	Ben	Stoneman	Amphthill & Flitwick Flyers	M40-44	162	181	37
183	869	Mike	Ellyard	Leighton Fun Runners	M30-34	163	182	20
184	330	Frank	Esaw	Bedford Harriers	M65-69	164	183	1
185	1156	Darren	Baldwin	Northampton Road Runners	M50-54	165	184	27
186	1602	Liv	Thompson	Team East Haddon	F30-34	20	185	4
187	676	Peter	Keane	Dunstable Road Runners	M55-59	166	186	15
188	140	Robert	Hardwick	Amphthill & Flitwick Flyers	M35-39	167	187	18
189	1344	Lisa	Russell	Olney Runners	F45-49	21	188	5
190	453	Claire	Rulton	Bedford Harriers	F40-44	22	189	5
191	1505	Andy	Reid	Stopsley Striders	M65-69	168	190	2
192	298	Sally	Cartwright	Bedford Harriers	F50-54	23	191	2
193	461	Graham	Short	Bedford Harriers	M55-59	169	192	16
194	1073	Ellie	Webb	North Herts Road Runners	F25-29	24	193	2
195	1178	John	Fleming	Northampton Road Runners	M45-49	170	194	22
196	106	Andy	Atherton	Amphthill & Flitwick Flyers	M55-59	171	195	17
197	321	Caroline	Devine	Bedford Harriers	F55-59	25	196	2
198	1352	Chris	Barnes	Olney Runners	M50-54	172	197	28
199	798	Jim	Buttleman	Leighton Fun Runners	M50-54	173	198	29
200	822	Kevin	Hare	Leighton Fun Runners	M45-49	174	199	23
201	165	Paul	Owen	Amphthill & Flitwick Flyers	M50-54	175	200	30
202	493	Richard	Woodward	Bedford Harriers	M35-39	176	201	19
203	953	James	Drew	North Herts Road Runners	M40-44	177	202	38
204	1738	Claire	Boyles	Wellingborough & District AC	F30-34	26	203	5
205	268	Dean	Shanley	Amphthill & Flitwick Flyers	M20-24	178	204	5
206	324	Dea	Ditchfield	Bedford Harriers	F50-54	27	205	3
207	1187	Alan	Hall	Northampton Road Runners	M60-64	179	206	7
208	1159	Dave	Blackburn	Northampton Road Runners	M60-64	180	207	8
209	328	David	Elliott	Bedford Harriers	M40-44	181	208	39
210	1941	Angela	Copson	Rugby & Northampton AC	F70-74	28	209	1
211	997	Dan	Mallett	North Herts Road Runners	M25-29	182	210	15
212	1068	Andrew	Underhill	North Herts Road Runners	M40-44	183	211	40
213	664	Ruth	Grint	Dunstable Road Runners	F50-54	29	212	4
214	220	Caroline	Gilby	Amphthill & Flitwick Flyers	F50-54	30	213	5
215	198	Sophia	Bartlett	Amphthill & Flitwick Flyers	F40-44	31	214	6
216	365	Chloe	Haffenden	Bedford Harriers	F20-24	32	215	1
217	297	Chris	Capps	Bedford Harriers	M60-64	184	216	9
218	855	Chris	Stenner	Leighton Fun Runners	M50-54	185	217	31
219	252	Dayle	Walker	Amphthill & Flitwick Flyers	F20-24	33	218	2
220	1661	Mark	Viccars	Wellingborough & District AC	M55-59	186	219	18
221	1887	Jo	Gardner	Wootton Road Runners	F30-34	34	220	6
222	1484	Ian	Pitkin	Stopsley Striders	M50-54	187	221	32
223	270	William	Abram	Bedford Harriers	M45-49	188	222	24
224	148	Richie	Jones	Amphthill & Flitwick Flyers	M50-54	189	223	33
225	449	Andrew	Robertson	Bedford Harriers	M60-64	190	224	10
226	110	Jeremy	Bell	Amphthill & Flitwick Flyers	M55-59	191	225	19
227	864	Elle	Laird	Leighton Fun Runners	F30-34	35	226	7
228	710	Mike	Reilly	Dunstable Road Runners	M50-54	192	227	34
229	470	Mark	Taggart	Bedford Harriers	M45-49	193	228	25
230	264	Sophie	Windmill	Amphthill & Flitwick Flyers	F25-29	36	229	3
231	1372	Amy	Butler	Olney Runners	F40-44	37	230	7
232	839	Karen	McLean	Leighton Fun Runners	F50-54	38	231	6
233	867	David	Pym	Leighton Fun Runners	M50-54	194	232	35
234	1881	Gill	Jakeman	Wootton Road Runners	F40-44	39	233	8
235	865	Rosie	Booth	Leighton Fun Runners	F40-44	40	234	9
236	1368	David	Shakespeare	Olney Runners	M50-54	195	235	36

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Venue		Dunstable		4-November-2018			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
237	1815	Phoebe	Lowick	Wootton Road Runners	F30-34	41	236	8
238	398	Simon	King	Bedford Harriers	M60-64	196	237	11
239	481	Rob	Walls	Bedford Harriers	M55-59	197	238	20
240	119	Paul	Court	Amphthill & Flitwick Flyers	M45-49	198	239	26
241	701	Clare	Murphy	Dunstable Road Runners	F	42	240	1
242	1437	Joe	Cashman	Stopsley Striders	M30-34	199	241	21
243	930	Jillian	Boys	North Herts Road Runners	F40-44	43	242	10
244	257	Abi	Wells-Day	Amphthill & Flitwick Flyers	F20-24	44	243	3
245	1494	Andy	Durrant	Stopsley Striders	M60-64	200	244	12
246	1026	Chris	Poole	North Herts Road Runners	M30-34	201	245	22
247	191	Jon	Walker	Amphthill & Flitwick Flyers	M55-59	202	246	21
248	725	Teresa	Warren	Dunstable Road Runners	F45-49	45	247	6
249	1459	Miriam	Linforth	Stopsley Striders	F35-39	46	248	6
250	425	Rachel	Moss	Bedford Harriers	F35-39	47	249	7
251	1683	Mark	Cheadle	Wellingborough & District AC	M40-44	203	250	41
252	1981	Adrian	Reast	Rugby & Northampton AC	M45-49	204	251	27
253	1052	Johnny	Spinks	North Herts Road Runners	M50-54	205	252	37
254	408	Jason	Lee	Bedford Harriers	M40-44	206	253	42
255	668	Owen	Hendry	Dunstable Road Runners	M45-49	207	254	28
256	724	Jeannette	Walster	Dunstable Road Runners	F50-54	48	255	7
257	1185	Jocelyn	Granger	Northampton Road Runners	F55-59	49	256	3
258	1858	Frances	Hooper	Wootton Road Runners	F40-44	50	257	11
259	1513	Graham	Busch	Stopsley Striders	M60-64	208	258	13
260	1854	James	Meade	Wootton Road Runners	M45-49	209	259	29
261	824	Sam	Heady	Leighton Fun Runners	F35-39	51	260	8
262	192	Joe	Walters	Amphthill & Flitwick Flyers	M40-44	210	261	43
263	343	Lawrence	Folley	Bedford Harriers	M55-59	211	262	22
264	861	Glenn	Watson	Leighton Fun Runners	M50-54	212	263	38
265	388	Niki	Jones	Bedford Harriers	F45-49	52	264	7
266	310	Enrico	Cormano	Bedford Harriers	M25-29	213	265	16
267	550	Kathryn	Juty	Biggleswade AC	F45-49	53	266	8
268	703	Lisa	Phee	Dunstable Road Runners	F35-39	54	267	9
269	547	Neil	Harvey	Biggleswade AC	M55-59	214	268	23
270	1851	Chris	Jakeman	Wootton Road Runners	M40-44	215	269	44
271	1488	Ian	Curry	Stopsley Striders	M40-44	216	270	45
272	115	Dave	Coker	Amphthill & Flitwick Flyers	M55-59	217	271	24
273	232	Jacqui	Morland	Amphthill & Flitwick Flyers	F40-44	55	272	12
274	612	Kim	Nash	Amphthill & Flitwick Flyers	F35-39	56	273	10
275	1885	Amanda	Barnes	Wootton Road Runners	F30-34	57	274	9
276	638	Ian	Byford	Dunstable Road Runners	M60-64	218	275	14
277	1228	Roger	Taylor	Northampton Road Runners	M50-54	219	276	39
278	1977	Helen	Needham	Rugby & Northampton AC	F45-49	58	277	9
279	308	Mark	Clements	Bedford Harriers	M35-39	220	278	20
280	389	Kirsty	Jones	Bedford Harriers	F35-39	59	279	11
281	246	Katie	Ruditis	Amphthill & Flitwick Flyers	F35-39	60	280	12
282	385	Tony	Jones	Bedford Harriers	M55-59	221	281	25
283	970	Helen	Harbon	North Herts Road Runners	F25-29	61	282	4
284	1710	Stephanie	Welsford	Wellingborough & District AC	F25-29	62	283	5
285	302	Lisa	Chappel	Bedford Harriers	F50-54	63	284	8
286	661	Anne	Golding	Dunstable Road Runners	F60-64	64	285	1
287	156	Terry	McHugh	Amphthill & Flitwick Flyers	M60-64	222	286	15
288	1921	Vicky	Anderson	Rugby & Northampton AC	F45-49	65	287	10
289	1577	Sam	Cortese	Team East Haddon	M60-64	223	288	16
290	1202	Mark	Lewis	Northampton Road Runners	M50-54	224	289	40
291	1157	Suzanne	Baldwin	Northampton Road Runners	F50-54	66	290	9
292	984	Hannah	Keeble	North Herts Road Runners	F35-39	67	291	13
293	737	David	Willis	Dunstable Road Runners	M40-44	225	292	46
294	275	Lucy	Baldwin	Bedford Harriers	F35-39	68	293	14
295	801	Graham	Cooper	Leighton Fun Runners	M50-54	226	294	41

3 Counties Cross Country League Results

Venue		Dunstable		4-November-2018			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
296	476	Sacha	Trude	Bedford Harriers	F45-49	69	295	11
297	1965	Trudi	Mawby	Rugby & Northampton AC	F35-39	70	296	15
298	446	Alan	Rickhuss	Bedford Harriers	M50-54	227	297	42
299	448	Karen	Robertson	Bedford Harriers	F55-59	71	298	4
300	407	Richard	Lawson	Bedford Harriers	M45-49	228	299	30
301	1853	Janet	Mitchell	Wootton Road Runners	F55-59	72	300	5
302	523	Nigel	Bush	Biggleswade AC	M70-74	229	301	1
303	912	Linda	Aird	North Herts Road Runners	F60-64	73	302	2
304	369	Mervyn	Harmon	Bedford Harriers	M55-59	230	303	26
305	468	Paula	Stuart	Bedford Harriers	F50-54	74	304	10
306	273	Claire	Adamson	Bedford Harriers	F35-39	75	305	16
307	1210	Elaine	Palmer	Northampton Road Runners	F50-54	76	306	11
308	1347	Helen	Margetts	Olney Runners	F40-44	77	307	13
309	281	Sam	Baylis	Bedford Harriers	F45-49	78	308	12
310	971	Jo	Harbon	North Herts Road Runners	F50-54	79	309	12
311	735	Clifford	Punter	Dunstable Road Runners	M55-59	231	310	27
312	968	Russ	Hagan	North Herts Road Runners	M55-59	232	311	28
313	1464	Karen	Ashby	Stopsley Striders	F55-59	80	312	6
314	1603	Sarah	Ryder	Team East Haddon	F25-29	81	313	6
315	915	Matt	Ankers	North Herts Road Runners	M25-29	233	314	17
316	452	Gary	Rudd	Bedford Harriers	M50-54	234	315	43
317	495	Mark	Keens	Bedford Harriers	M40-44	235	316	47
318	496	Laurene	Lee	Bedford Harriers	F40-44	82	317	14
319	248	Christine	Sharman	Amphill & Flitwick Flyers	F50-54	83	318	13
320	1155	Vicki	Baker	Northampton Road Runners	F40-44	84	319	15
321	171	Andy	Ralphs	Amphill & Flitwick Flyers	M45-49	236	320	31
322	1451	Martin	Emmanuel	Stopsley Striders	F35-39	85	321	17
323	845	Keith	Phillips	Leighton Fun Runners	M65-69	237	322	3
324	331	Chris	Fadden	Bedford Harriers	M55-59	238	323	29
325	242	Julie	Pritchett	Amphill & Flitwick Flyers	F40-44	86	324	16
326	288	Tom	Brassington	Bedford Harriers	M60-64	239	325	17
327	1364	Mike	Pezaro	Olney Runners	M40-44	240	326	48
328	830	Dawn	Kennedy	Leighton Fun Runners	F40-44	87	327	17
329	842	Stephen	Moore	Leighton Fun Runners	M55-59	241	328	30
330	674	Amanda	Jefferys	Dunstable Road Runners	F45-49	88	329	13
331	1460	Katicia	Blanchard	Stopsley Striders	F20-24	89	330	4
332	1175	Jon	Dilworth	Northampton Road Runners	M60-64	242	331	18
333	358	Lesley	Gaunt	Bedford Harriers	F55-59	90	332	7
334	474	Mark	Tinkler	Bedford Harriers	M60-64	243	333	19
335	205	Denise	Browning	Amphill & Flitwick Flyers	F55-59	91	334	8
336	214	Zoey	Didlick	Amphill & Flitwick Flyers	F40-44	92	335	18
337	357	Steve	Gaunt	Bedford Harriers	M55-59	244	336	31
338	497	Peter	Pack	Bedford Harriers	M55-59	245	337	32
339	543	Ian	Grimwood	Biggleswade AC	M65-69	246	338	4
340	950	Karen	Dodsworth	North Herts Road Runners	F55-59	93	339	9
341	928	Paul	Bowal	North Herts Road Runners	M55-59	247	340	33
342	860	Patrick	Waring	Leighton Fun Runners	M60-64	248	341	20
343	1012	Geoff	Murray-Rochard	North Herts Road Runners	M60-64	249	342	21
344	1221	Jo	Smith	Northampton Road Runners	F50-54	94	343	14
345	279	Nick	Barringer	Bedford Harriers	M50-54	250	344	44
346	347	Amanda	Friman	Bedford Harriers	F60-64	95	345	3
347	1361	David	O'Connor	Olney Runners	M50-54	251	346	45
348	795	Christine	Ayres	Leighton Fun Runners	F65-69	96	347	1
349	1230	Paula	Towers	Northampton Road Runners	F50-54	97	348	15
350	360	Dave	Girling	Bedford Harriers	M65-69	252	349	5
351	255	Samantha	Walters	Amphill & Flitwick Flyers	F40-44	98	350	19
352	689	Steven	Mcallister	Dunstable Road Runners	M35-39	253	351	21
353	1482	Stewart	Read	Stopsley Striders	M45-49	254	352	32
354	572	Simon	Strong	Biggleswade AC	M45-49	255	353	33

3 Counties Cross Country League Results

Venue		Dunstable		4-November-2018			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
355	868	Matthew	Kelly	Leighton Fun Runners	M50-54	256	354	46
356	576	Robin	Wynde	Biggleswade AC	M60-64	257	355	22
357	1843	Kay	Duffy	Wootton Road Runners	F40-44	99	356	20
358	1592	Rob	Watkinson	Team East Haddon	M55-59	258	357	34
359	827	Jon	Hull	Leighton Fun Runners	M45-49	259	358	34
360	1174	Sheena	Desborough	Northampton Road Runners	F45-49	100	359	14
361	1027	Andrew	Porter	North Herts Road Runners	M70-74	260	360	2
362	303	Jeanette	Cheetham	Bedford Harriers	F50-54	101	361	16
363	2021	Angela	E-Jones	Bedford Harriers	F55-59	102	362	10
364	1867	Andrea	Collingwood	Wootton Road Runners	F40-44	103	363	21
365	227	Helen	Kearns	Amphthill & Flitwick Flyers	F55-59	104	364	11
366	2020	Carla	Whitmore	Bedford Harriers	F20-24	105	365	5
367	720	Claire	Thomas	Dunstable Road Runners	F35-39	106	366	18
368	349	Elaine	Fullard	Bedford Harriers	F55-59	107	367	12
369	1343	Rachel	David	Olney Runners	F50-54	108	368	17
370	480	Diane	Wallis	Bedford Harriers	F55-59	109	369	13
371	723	Jonathan	Venning	Dunstable Road Runners	M65-69	261	370	6
372	353	Stephen	Gale	Bedford Harriers	F55-59	110	371	14
373	1478	Dave	Adam	Stopsley Striders	M60-64	262	372	23
374	355	Richard	Gallivan	Bedford Harriers	M60-64	263	373	24
375	499	Kerry	M-Battern	Bedford Harriers	F40-44	111	374	22
376	667	Sharon	Hawkins	Dunstable Road Runners	F45-49	112	375	15
377	121	Barry	Dackombe	Amphthill & Flitwick Flyers	M50-54	264	376	47
378	234	Michelle	Morris	Amphthill & Flitwick Flyers	F30-34	113	377	10
379	820	Felicity	Gray	Leighton Fun Runners	F35-39	114	378	19
380	1735	Jessica	Wynn-Werninck	Wellingborough & District AC	F30-34	115	379	11
381	164	Brendan	O'Mahoney	Amphthill & Flitwick Flyers	M55-59	265	380	35
382	282	Andrew	Baylis	Bedford Harriers	M45-49	266	381	35
383	1370	Justin	Schofield	Olney Runners	M45-49	267	382	36
384	681	Greer	Kidney	Dunstable Road Runners	F45-49	116	383	16
385	739	Chris	Hyde	Dunstable Road Runners	M35-39	268	384	22
386	118	Rob	Cook	Amphthill & Flitwick Flyers	M60-64	269	385	25
387	380	Amy	Hutchinson	Bedford Harriers	F30-34	117	386	12
388	810	Caroline	Emerton	Leighton Fun Runners	F45-49	118	387	17
389	544	Juliet	Grimwood	Biggleswade AC	F50-54	119	388	18
390	1864	Samantha	Inniss	Wootton Road Runners	F40-44	120	389	23
391	857	Paul	Thomas	Leighton Fun Runners	M70-74	270	390	3
392	1883	Rebecca	Baker	Wootton Road Runners	F35-39	121	391	20
393	236	Debbie	Newell	Amphthill & Flitwick Flyers	F45-49	122	392	18
394	225	Laura	Johnston	Amphthill & Flitwick Flyers	F50-54	123	393	19
395	530	Jennie	Day	Biggleswade AC	F50-54	124	394	20
396	259	Louise	Wilkins	Amphthill & Flitwick Flyers	F45-49	125	395	19
397	319	Carole	Darnell	Bedford Harriers	F55-59	126	396	15
398	926	Allison	Blunt	North Herts Road Runners	F50-54	127	397	21
399	251	Mei	Trace	Amphthill & Flitwick Flyers	F50-54	128	398	22
400	1229	James	Thorpe	Northampton Road Runners	M45-49	271	399	37
401	375	Cint	Horne	Bedford Harriers	F50-54	129	400	23
402	1208	Caroline	Owers	Northampton Road Runners	F50-54	130	401	24
403	1709	Mary	Pearson	Wellingborough & District AC	F30-34	131	402	13
404	680	Tina	Keynon	Dunstable Road Runners	F50-54	132	403	25
405	719	Mel Mwa	Sylvester	Dunstable Road Runners	F40-44	133	404	24
406	1452	Kulwinder	Assra	Stopsley Striders	F50-54	134	405	26
407	553	Maria	Merridan	Biggleswade AC	F45-49	135	406	20
408	733	Sadi	Martin	Dunstable Road Runners	F30-34	136	407	14
409	941	Lindsay	Cook	North Herts Road Runners	F40-44	137	408	25
410	1222	Rachael	Smith	Northampton Road Runners	F25-29	138	409	7
411	1837	Josie	Pickering	Wootton Road Runners	F35-39	139	410	21
412	1456	Lucy	Joseph	Stopsley Striders	F50-54	140	411	27
413	1201	Jo	Letts	Northampton Road Runners	F45-49	141	412	21

3 Counties Cross Country League Results

Venue		Dunstable		4-November-2018			Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points
414	258	Emma	White	Amphthill & Flitwick Flyers	F40-44	142	413	26
415	1492	Paul	Duffy	Stopsley Striders	M40-44	272	414	49
416	1160	Helen	Blackburn	Northampton Road Runners	F50-54	143	415	28
417	1209	Rachel	Palmer	Northampton Road Runners	F25-29	144	416	8
418	239	Caroline	O'Mahoney	Amphthill & Flitwick Flyers	F50-54	145	417	29
419	278	Karen	Barringer	Bedford Harriers	F50-54	146	418	30
420	437	Jackie	Popland	Bedford Harriers	F60-64	147	419	4
421	402	Eva	Kovacs	Bedford Harriers	F45-49	148	420	22
422	335	Peter	Fadden	Bedford Harriers	M20-24	273	421	6
423	851	Chrissy	Sherwood	Leighton Fun Runners	F30-34	149	422	15
424	395	Bill	Khinda	Bedford Harriers	M65-69	274	423	7
425	485	Helen	Whiting	Bedford Harriers	F30-34	150	424	16
426	837	Caroline	Mann	Leighton Fun Runners	F45-49	151	425	23
427	1718	Mandy	Allen	Wellingborough & District AC	F55-59	152	426	16
428	1935	Emma	Burrows	Rugby & Northampton AC	F25-29	153	427	9
429	1056	Joy	Stroud	North Herts Road Runners	F70-74	154	428	2
430	1819	Gerald	Billis	Wootton Road Runners	M75-99	275	429	1
431	1240	Jamie	Blackburn	Northampton Road Runners	M20-24-Guest			7
432	226	Claire	Jones	Amphthill & Flitwick Flyers	F50-54	155	430	31
433	675	Tina	Keane	Dunstable Road Runners	F50-54	156	431	32
434	983	Brian	Judkins	North Herts Road Runners	M60-64	276	432	26
435	473	Tracey	Thompson	Bedford Harriers	F45-49	157	433	24
436	430	Sue	Pack	Bedford Harriers	F50-54	158	434	33
437	322	Caroline	Diggle	Bedford Harriers	F45-49	159	435	25
438	734	Kelly	Bywaters	Dunstable Road Runners	F40-44	160	436	27
439	652	Nicola	Dent	Dunstable Road Runners	F50-54	161	437	34
440	678	Hayley	Keeble	Dunstable Road Runners	F40-44	162	438	28
441	1310	Sarah	Humphreys	Dunstable Road Runners	F45-49	163	439	26
442	562	Gareth	Saynor	Biggleswade AC	M45-49	277	440	38
443	372	Kathy	Hewitt	Bedford Harriers	F55-59	164	441	17
444	352	Sara	Gale	Bedford Harriers	F55-59	165	442	18
445	698	Karen	Mulholland-McGroary	Dunstable Road Runners	F50-54	166	443	35
446	565	Julie	Spavins	Biggleswade AC	F50-54	167	444	36
447	738	Lisa	Bracken	Dunstable Road Runners	F35-39	168	445	22
448	1450	Zena	Ellis	Stopsley Striders	F35-39	169	446	23
449	301	Jack	Chana	Bedford Harriers	M65-69	278	447	8
450	1463	Judy	Reid	Stopsley Striders	F65-69	170	448	2
451	217	Rebecca	Fleckney	Amphthill & Flitwick Flyers	F35-39	171	449	24
452	818	Claire	Giblin	Leighton Fun Runners	F40-44	172	450	29
453	854	Lorraine	Stanesby	Leighton Fun Runners	F50-54	173	451	37
454	1177	Karen	Eke	Northampton Road Runners	F55-59	174	452	19
455	177	Dave	Sedgley	Amphthill & Flitwick Flyers	M75-99	279	453	2
456	440	Judy	Prior	Bedford Harriers	F70-74	175	454	3
457	271	Pauline	Abram	Bedford Harriers	F50-54	176	455	38
458	371	Lorena	Henderson	Bedford Harriers	F45-49	177	456	27
459	1233	Carol	Whatton	Northampton Road Runners	F55-59	178	457	20
460	1346	Kirsten	Chantrell	Olney Runners	F40-44	179	458	30
461	1340	Liz	Conibere	Olney Runners	F65-69	180	459	3
462	180	Dave	Stanley	Amphthill & Flitwick Flyers	M65-69	280	460	9
463	1181	Sally	Garrett	Northampton Road Runners	F55-59	181	461	21
464	340	Debi	Fisher	Bedford Harriers	F25-29	182	462	10
465	692	Claire	Mcfauld	Dunstable Road Runners	F30-34	183	463	17
466	341	Katie	Fletcher	Bedford Harriers	F25-29	184	464	11
467	466	Sylvia	Snowling	Bedford Harriers	M55-59	281	465	36
468	221	Pat	Godfrey	Amphthill & Flitwick Flyers	F65-69	185	466	4
469	1578	Val	Bridges	Team East Haddon	F65-69	186	467	5
470	1444	Loraine	Paine	Stopsley Striders	F50-54	187	468	39
471	1440	Sharon	Chesham	Stopsley Striders	F50-54	188	469	40
472	1469	Jill	Bywaters	Stopsley Striders	F50-54	189	470	41

3 Counties Cross Country League Results

Venue **Dunstable**

4-November-2018

Pos.	No.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
473	1468	Andrea	Watts	Stopsley Striders	F50-54	190	471	42
474	1439	Sylvia	Thomas	Stopsley Striders	F55-59	191	472	22
475	1441	Kate	Neale	Stopsley Striders	F55-59	192	473	23
476	1236	Teresa	Raynor	Northampton Road Runners	F55-59	193	474	24
477	223	Vickie	Humber	Amphill & Flitwick Flyers	F40-44	194	475	31
478	212	Heather	Crellin	Amphill & Flitwick Flyers	F50-54	195	476	43
479	1453	Lucinda	Philpott	Stopsley Striders	F25-29	196	477	12
480	1474	Bridget	Drimussis	Stopsley Striders	F55-59	197	478	25
481	1518	Penny	Kilberry	Stopsley Striders	F50-54	198	479	44
482	356	Angela	Gallivan	Bedford Harriers	F60-64	199	480	5
483	419	Elaine	Massie	Bedford Harriers	F45-49	200	481	28
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3 Counties Cross Country League Results

Venue **Dunstable**

4-November-2018

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3 Counties Cross Country League Results

Venue **Dunstable**

4-November-2018

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