

3 Counties Cross Country League Results

After 3 Events

Open Men

8-December-2019

No.	First Name	Surname	Club	Age Cat	Well'boro	Leighton	Wootton	North Herts	Dunstable	Pos	Races	Score
220	Harry	Smith	Ampthill & Flitwick Flyers	20-24	1		1			1	2	2
1009	Edward	Price	North Herts Road Runners	40-44	8	2	2			2	3	4
153	Ian	Halpin	Ampthill & Flitwick Flyers	35-39	3	4				3	2	7
258	Paul	Farmer	Ampthill & Flitwick Flyers	40-44	15	7	3			4	3	10
161	Phil	Holland	Ampthill & Flitwick Flyers	40-44	5	12	7			5	3	12
1493	Andy	Fairley	Wootton Road Runners	40-44		8	4			5	2	12
1268	Robert	Barnes	Stopsley Striders	30-34	10	13	5			7	3	15
892	Adam	Bowler	North Herts Road Runners	35-39	9	6				7	2	15
885	Wayne	Bell	North Herts Road Runners	40-44	7	9	10			9	3	16
998	Stewart	Overton	North Herts Road Runners	35-39	11		6			10	2	17
1049	mark	Vaughan	North Herts Road Runners	45-49	19	11	9			11	3	20
227	Joe	Strange	Ampthill & Flitwick Flyers	25-29	2	22				12	2	24
1387	Craig	Clements	Wellingborough & District AC	35-39	13	14				13	2	27
177	Chris	Littlejohn	Ampthill & Flitwick Flyers	40-44		15	13			14	2	28
1020	matthew	Sayers	North Herts Road Runners	40-44	12	16				14	2	28
1001	Nathan	Pask	North Herts Road Runners	40-44		17	11			14	2	28
1393	Jason	French	Wellingborough & District AC	35-39	24	19	12			17	3	31
1095	Matthew	Clarke	Northampton Road Runners	40-44	17		16			18	2	33
880	John	Auld	North Herts Road Runners	35-39	23	20	14			19	3	34
234	Mark	Waine	Ampthill & Flitwick Flyers	45-49	20	18	27			20	3	38
167	Dan	Karaiskou	Ampthill & Flitwick Flyers	25-29	21		18			21	2	39
677	Lee	Murphy	Dunstable Road Runners	30-34	32	23	20			22	3	43
1479	Geoff	Bonnett	Wootton Road Runners	25-29	22		22			23	2	44
895	Oliver	Brady	North Herts Road Runners	17-19	29	129	17			24	3	46
559	Rob	Morgan	Biggleswade AC	40-44	30	27	21			25	3	48
761	Edward	Wise	Team East Haddon	20-24	27	21				25	2	48
1138	Tony	Letts	Northampton Road Runners	50-54	18		34			27	2	52
785	Martin	Crane	Leighton Fun Runners	45-49	36	31	23			28	3	54
209	Simon	Read	Ampthill & Flitwick Flyers	40-44	26	30				29	2	56
610	Darren	Cornish	Dunstable Road Runners	45-49	44	28	31			30	3	59
110	Martin	Beare	Ampthill & Flitwick Flyers	55-59	31	29	59			31	3	60
671	Liam	McNabola	Dunstable Road Runners	30-34	35	25				31	2	60
1431	Ben	Shirley	Wellingborough & District AC	40-44	41	32	29			33	3	61
793	Tom	Ellerton	Leighton Fun Runners	25-29	45	35	26			33	3	61
1525	Richard	Lack	Wootton Road Runners	45-49	37	39	25			35	3	62
504	Stuart	Dare	Bedford Harriers	40-44	40	24				36	2	64
980	Steve	mckeown	North Herts Road Runners	50-54	25	40				37	2	65
1061	Vincent	Wright	North Herts Road Runners	40-44	34	37	32			38	3	66
1402	Jon	Kemp	Wellingborough & District AC	45-49	38	34	33			39	3	67
733	Andy	Green	Team East Haddon	55-59	62	41	30			40	3	71

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After 3 Events

Open Women

8-December-2019

No.	First Name	Surname	Club	Age Cat	Well'boro	Leighton	Wootton	North Herts	Dunstable	Pos	Races	Score
947	Katie	Harbon	North Herts Road Runners	20-24	1	1	1			1	3	2
1312	Christine	Lathwell	Stopsley Striders	40-44	2	2	3			2	3	4
528	Hannah	Broom	Biggleswade AC	35-39		3	2			3	2	5
1374	Kelly	Barnett	Wellingborough & District AC	25-29		4	4			4	2	8
558	Natalie	Morgan	Biggleswade AC	40-44	4	6	5			5	3	9
543	Natalie	Garner	Biggleswade AC	25-29	5	5	6			6	3	10
1433	Lisa	Smith	Wellingborough & District AC	35-39	3	7				6	2	10
747	Lindsay	Scott	Team East Haddon	30-34		8	7			8	2	15
407	Sally	Knight	Bedford Harriers	45-49	7	9	9			9	3	16
870	Paula	Adams	North Herts Road Runners	50-54	6	11	10			9	3	16
979	Astrid	mckeown	North Herts Road Runners	45-49		10	8			11	2	18
750	Liv	Thompson	Team East Haddon	35-39	8	13	13			12	3	21
1495	Kairit	Fitzgerald	Wootton Road Runners	35-39	10		12			13	2	22
812	Zoe	Illingworth	Leighton Fun Runners	45-49	11	17	14			14	3	25
510	Jade	Sampson	Bedford Harriers	25-29		15	11			15	2	26
695	Becks	Sharpe	Dunstable Road Runners	30-34	15	14	17			16	3	29
853	Rosie	Booth	Leighton Fun Runners	40-44	14	18	16			17	3	30
1403	Louise	Kemp	Wellingborough & District AC	40-44	16	16	15			18	3	31
1392	Helen	Etherington	Wellingborough & District AC	35-39	12	19				18	2	31
893	Rhia	Botha	North Herts Road Runners	30-34	13	21				20	2	34
494	Carla	Whitmore	Bedford Harriers	25-29	19	23	21			21	3	40
102	Jo	Aatkar	Ampthill & Flitwick Flyers	50-54	23	24	19			22	3	42
1514	Frances	Hooper	Wootton Road Runners	40-44	20	25	23			23	3	43
1375	Katherine	Baxter-Smith	Wellingborough & District AC	30-34	27		18			24	2	45
1419	Sarah	Nixon	Wellingborough & District AC	45-49	18		27			24	2	45
1520	Gillian	Jakeman	Wootton Road Runners	40-44	25	27	25			26	3	50
707	Teresa	Warren	Dunstable Road Runners	50-54	29	26	26			27	3	52
715	Frances	Wynn	Dunstable Road Runners	35-39	31	22				28	2	53
241	Lisa	Wells	Ampthill & Flitwick Flyers	50-54	35		22			29	2	57
316	Sue	Cross	Bedford Harriers	55-59	32	30				30	2	62
1415	Emma	Moore	Wellingborough & District AC	35-39	33		30			31	2	63
372	Nora	Haggart	Bedford Harriers	60-64	36		29			32	2	65
1630	Sally	Tilt	Rugby & Northampton AC	45-49	37	29				33	2	66
808	Sam	Heady	Leighton Fun Runners	35-39	43	35	32			34	3	67
1225	Mary	Jones	Olney Runners	45-49	34	34				35	2	68
1560	Tara	Adams	Wootton Road Runners	45-49	40		28			35	2	68
1592	Angela	Copson	Rugby & Northampton AC	70-74	26	43				37	2	69
484	Bev	Tredget	Bedford Harriers	55-59		36	34			38	2	70
403	Viv	Kilgour	Bedford Harriers	55-59	38	37	37			39	3	74
145	Caroline	Gilby	Ampthill & Flitwick Flyers	55-59	39		35			39	2	74

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Men By Age Category

8-December-2019

No.	First Name	Surname	Club	Age Cat	Well'boro	Leighton	Wootton	North Herts	Dunstable	Pos	Races	Score	Open
895	Oliver	Brady	North Herts Road Runners	17-19	1	6	1			1	3	2	46
1584	Adam	Bebbington	Rugby & Northampton AC	17-19	3	5	2			2	3	5	141
1645	Cian	Hutton	Rugby & Northampton AC	17-19	2	4				3	2	6	80
761	Edward	Wise	Team East Haddon	20-24	2	2				1	2	4	48
762	Oliver	Munns	Team East Haddon	20-24	3		2			2	2	5	108
628	Lui	Falkner	Dunstable Road Runners	20-24	4	3				3	2	7	107
227	Joe	Strange	Ampthill & Flitwick Flyers	25-29	1	1				1	2	2	24
167	Dan	Karaiskou	Ampthill & Flitwick Flyers	25-29	2		2			2	2	4	39
1479	Geoff	Bonnett	Wootton Road Runners	25-29	3		3			3	2	6	44
1268	Robert	Barnes	Stopsley Striders	30-34	1	2	1			1	3	2	15
677	Lee	Murphy	Dunstable Road Runners	30-34	3	3	2			2	3	5	43
671	Liam	McNabola	Dunstable Road Runners	30-34	4	4				3	2	8	60
892	Adam	Bowler	North Herts Road Runners	35-39	2	2				1	2	4	15
998	Stewart	Overton	North Herts Road Runners	35-39	3		1			2	2	4	17
1393	Jason	French	Wellingborough & District AC	35-39	7	4	2			3	3	6	31
258	Paul	Farmer	Ampthill & Flitwick Flyers	40-44	6	2	2			1	3	4	10
161	Phil	Holland	Ampthill & Flitwick Flyers	40-44	2	5	4			2	3	6	12
1493	Andy	Fairley	Wootton Road Runners	40-44		3	3			3	2	6	12
1049	mark	Vaughan	North Herts Road Runners	45-49	2	1	1			1	3	2	20
234	Mark	Waine	Ampthill & Flitwick Flyers	45-49	3	2	4			2	3	5	38
785	Martin	Crane	Leighton Fun Runners	45-49	4	4	2			3	3	6	54
1138	Tony	Letts	Northampton Road Runners	50-54	1		1			1	2	2	52
1615	Brendan	Moen	Rugby & Northampton AC	50-54	3	1	2			2	3	3	73
980	Steve	mckeown	North Herts Road Runners	50-54	2	2				3	2	4	65
110	Martin	Beare	Ampthill & Flitwick Flyers	55-59	1	1	3			1	3	2	60
733	Andy	Green	Team East Haddon	55-59	3	2	1			2	3	3	71
1028	Peter	Sibbett	North Herts Road Runners	55-59	4	3	2			3	3	5	101
520	Charlie	Arnold	Biggleswade AC	60-64	1	2	1			1	3	2	180
354	David	Frampton	Bedford Harriers	60-64		1	2			2	2	3	177
782	Mike	Clark	Leighton Fun Runners	60-64	2	3	3			3	3	5	230
1337	Andy	Read	Stopsley Striders	65-69		2	1			1	2	3	303
1540	Steve	Smith	Wootton Road Runners	65-69	1	3				2	2	4	391
1261	Philip	Abbitt	Stopsley Striders	65-69	4		2			3	2	6	454
337	Frank	Esaw	Bedford Harriers	70-74	1	1	1			1	3	2	293
367	Dave	Girling	Bedford Harriers	70-74	3	2	2			2	3	4	418
847	Paul	Thomas	Leighton Fun Runners	70-74	2		3			3	2	5	432
1476	Gerald	Billis	Wootton Road Runners	75-99	1	1	1			1	3	2	449
215	Dave	Sedgley	Ampthill & Flitwick Flyers	75-99	2		2			2	2	4	464
				75-99						3			

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Women By Age Category

8-December-2019

No.	First Name	Surname	Club	Age Cat	Well'boro	Leighton	Wootton	North Herts	Dunstable	Pos	Races	Score	Open
				17-19						1			
				17-19						2			
				17-19						3			
				20-24						1			
				20-24						2			
				20-24						3			
1374	Kelly	Barnett	Wellingborough & District AC	25-29		1	1			1	2	2	8
543	Natalie	Garner	Biggleswade AC	25-29	1	2	2			2	3	3	10
510	Jade	Sampson	Bedford Harriers	25-29		3	3			3	2	6	26
747	Lindsay	Scott	Team East Haddon	30-34		1	1			1	2	2	15
695	Becks	Sharpe	Dunstable Road Runners	30-34	2	2	2			2	3	4	29
893	Rhia	Botha	North Herts Road Runners	30-34	1	3				3	2	4	34
1433	Lisa	Smith	Wellingborough & District AC	35-39	1	2				1	2	3	10
750	Liv	Thompson	Team East Haddon	35-39	2	4	3			2	3	5	21
1495	Kairit	Fitzgerald	Wootton Road Runners	35-39	4		2			3	2	6	22
558	Natalie	Morgan	Biggleswade AC	40-44	2	2	2			1	3	4	9
1403	Louise	Kemp	Wellingborough & District AC	40-44	4	3	3			2	3	6	31
853	Rosie	Booth	Leighton Fun Runners	40-44	3	4	4			3	3	7	30
407	Sally	Knight	Bedford Harriers	45-49	1	1	2			1	3	2	16
979	Astrid	mckeown	North Herts Road Runners	45-49		2	1			2	2	3	18
812	Zoe	Illingworth	Leighton Fun Runners	45-49	2	3	3			3	3	5	25
870	Paula	Adams	North Herts Road Runners	50-54	1	1	1			1	3	2	16
102	Jo	Aatkar	Amphill & Flitwick Flyers	50-54	2	2	2			2	3	4	42
707	Teresa	Warren	Dunstable Road Runners	50-54	3	3	4			3	3	6	52
316	Sue	Cross	Bedford Harriers	55-59	1	1				1	2	2	62
484	Bev	Tredget	Bedford Harriers	55-59		3	1			2	2	4	70
145	Caroline	Gilby	Amphill & Flitwick Flyers	55-59	3		2			3	2	5	74
372	Nora	Haggart	Bedford Harriers	60-64	1		1			1	2	2	65
1265	Karen	Ashby	Stopsley Striders	60-64		1	2			2	2	3	118
355	Amanda	Friman	Bedford Harriers	60-64	2	2	3			3	3	4	125
774	Christine	Ayres	Leighton Fun Runners	65-69	1	1	1			1	3	2	145
147	Pat	Godfrey	Amphill & Flitwick Flyers	65-69	2	3	3			2	3	5	223
1206	Liz	Conibere	Olney Runners	65-69	3		2			3	2	5	255
1592	Angela	Copson	Rugby & Northampton AC	70-74	1	1				1	2	2	69
				70-74						2			
				70-74						3			
				75-99						1			
				75-99						2			
				75-99						3			