

3 Counties Cross Country League Results

Venue		Wootton		8-December-2019				Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points	
1	220	Harry	Smith	Amphill & Flitwick Flyers	m20-24	1	1	1	
2	1009	Edward	Price	North Herts Road Runners	m40-44	2	2	1	
3	258	Paul	Farmer	Amphill & Flitwick Flyers	m40-44	3	3	2	
4	1493	Andy	Fairley	Wootton Road Runners	m40-44	4	4	3	
5	1268	Robert	Barnes	Stopsley Striders	m30-34	5	5	1	
6	998	Stewart	Overton	North Herts Road Runners	m35-39	6	6	1	
7	161	Phil	Holland	Amphill & Flitwick Flyers	m40-44	7	7	4	
8	1583	David	Ball	Rugby & Northampton AC	m40-44	8	8	5	
9	1049	mark	Vaughan	North Herts Road Runners	m45-49	9	9	1	
10	885	Wayne	Bell	North Herts Road Runners	m40-44	10	10	6	
11	1001	Nathan	Pask	North Herts Road Runners	m40-44	11	11	7	
12	1393	Jason	French	Wellingborough & District AC	m35-39	12	12	2	
13	177	Chris	Littlejohn	Amphill & Flitwick Flyers	m40-44	13	13	8	
14	880	John	Auld	North Herts Road Runners	m35-39	14	14	3	
15	1647	Dan	Cook	Rugby & Northampton AC	m25-29	15	15	1	
16	1095	Matthew	Clarke	Northampton Road Runners	m40-44	16	16	9	
17	895	Oliver	Brady	North Herts Road Runners	m17-19	17	17	1	
18	167	Dan	Karaiskou	Amphill & Flitwick Flyers	m25-29	18	18	2	
19	1014	John	Rayner	North Herts Road Runners	m40-44	19	19	10	
20	677	Lee	Murphy	Dunstable Road Runners	m30-34	20	20	2	
21	559	Rob	Morgan	Biggleswade AC	m40-44	21	21	11	
22	1479	Geoff	Bonnett	Wootton Road Runners	m25-29	22	22	3	
23	785	Martin	Crane	Leighton Fun Runners	m45-49	23	23	2	
24	1626	Sam	Tallett	Rugby & Northampton AC	m30-34	24	24	3	
25	1525	Richard	Lack	Wootton Road Runners	m45-49	25	25	3	
26	793	Tom	Ellerton	Leighton Fun Runners	m25-29	26	26	4	
27	947	Katie	Harbon	North Herts Road Runners	f20-24	1	27	1	
28	234	Mark	Waine	Amphill & Flitwick Flyers	m45-49	27	28	4	
29	575	Alexander	Rogers	Biggleswade AC	m30-34	28	29	4	
30	1431	Ben	Shirley	Wellingborough & District AC	m40-44	29	30	12	
31	733	Andy	Green	Team East Haddon	m55-59	30	31	1	
32	610	Darren	Cornish	Dunstable Road Runners	m45-49	31	32	5	
33	1061	Vincent	Wright	North Herts Road Runners	m40-44	32	33	13	
34	1402	Jon	Kemp	Wellingborough & District AC	m45-49	33	34	6	
35	1138	Tony	Letts	Northampton Road Runners	m50-54	34	35	1	
36	1615	Brendan	Moen	Rugby & Northampton AC	m50-54	35	36	2	
37	131	John	Decesare	Amphill & Flitwick Flyers	m50-54	36	37	3	
38	314	Sean	Crawley	Bedford Harriers	m45-49	37	38	7	
39	320	Tony	Davis	Bedford Harriers	m50-54	38	39	4	
40	804	Dan	Green	Leighton Fun Runners	m45-49	39	40	8	
41	1640	Joe	Egan	Rugby & Northampton AC	m30-34	40	41	5	
42	528	Hannah	Broom	Biggleswade AC	f35-39	2	42	1	
43	723	Chris	Bell	Team East Haddon	m50-54	41	43	5	
44	735	Adrian	Homer	Team East Haddon	m45-49	42	44	9	
45	756	Stuart	Wheeldon	Team East Haddon	m45-49	43	45	10	
46	439	Andy	Palembella	Bedford Harriers	m35-39	44	46	4	
47	1399	Paul	Huckle	Wellingborough & District AC	m30-34	45	47	6	
48	125	Marcus	Cook	Amphill & Flitwick Flyers	m40-44	46	48	14	
49	755	Tim	Webster	Team East Haddon	m30-34	47	49	7	
50	783	Tom	Clark	Leighton Fun Runners	m25-29	48	50	5	
51	537	Marcus	Davey	Biggleswade AC	m45-49	49	51	11	
52	1028	Peter	Sibbett	North Herts Road Runners	m55-59	50	52	2	
53	1217	Chris	Dunn	Olney Runners	m30-34	51	53	8	
54	623	Matt	Earles	Dunstable Road Runners	m40-44	52	54	15	
55	920	Ian	Datlen	North Herts Road Runners	m45-49	53	55	12	
56	1594	Steve	Dixon	Rugby & Northampton AC	m40-44	54	56	16	
57	760	Gary	Burton	Team East Haddon	m35-39	55	57	5	
58	550	Nick	Haworth	Biggleswade AC	m40-44	56	58	17	
59	1161	Andy	Shaw	Northampton Road Runners	m35-39	57	59	6	

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Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points	
60	1312	Christine	Lathwell	Stopsley Striders	f40-44	3	60	1	
61	114	Andy	Bierton	Amphill & Flitwick Flyers	m45-49	58	61	13	
62	110	Martin	Beare	Amphill & Flitwick Flyers	m55-59	59	62	3	
63	195	Gavin	Nicholson	Amphill & Flitwick Flyers	m40-44	60	63	18	
64	1374	Kelly	Barnett	Wellingborough & District AC	f25-29	4	64	1	
65	762	Oliver	Munns	Team East Haddon	m20-24	61	65	2	
66	1554	Phil	Wood	Wootton Road Runners	m40-44	62	66	19	
67	1380	Mark	Bonham	Wellingborough & District AC	m50-54	63	67	6	
68	1389	Peter	Cowler	Wellingborough & District AC	m40-44	64	68	20	
69	146	Jeremy	Godfrey	Amphill & Flitwick Flyers	m30-34	65	69	9	
70	515	Jonathon	Carter	Bedford Harriers	m30-34	66	70	10	
71	1558	Anthony	Baross	Wootton Road Runners	m55-59	67	71	4	
72	1288	Philip	Davies	Stopsley Striders	m25-29	68	72	6	
73	1235	Dean	Sartin	Olney Runners	m40-44	69	73	21	
74	467	Kevin	Shelton-Smith	Bedford Harriers	m55-59	70	74	5	
75	776	Ian	Bisby	Leighton Fun Runners	m45-49	71	75	14	
76	535	Paul	Cooke	Biggleswade AC	m40-44	72	76	22	
77	1299	Gez	Fallon	Stopsley Striders	m45-49	73	77	15	
78	1584	Adam	Bebbington	Rugby & Northampton AC	m17-19	74	78	2	
79	802	Matthew	Gilbert	Leighton Fun Runners	m40-44	75	79	23	
80	158	Callum	Harrison	Amphill & Flitwick Flyers	m25-29	76	80	7	
81	352	Simon	Foster	Bedford Harriers	m45-49	77	81	16	
82	1298	Martin	Fallon	Stopsley Striders	m50-54	78	82	7	
83	558	Natalie	Morgan	Biggleswade AC	f40-44	5	83	2	
84	759	Adam	Wright	Team East Haddon	m40-44	79	84	24	
85	290	Shaun	Busby	Bedford Harriers	m30-34	80	85	11	
86	408	Stuart	Knight	Bedford Harriers	m50-54	81	86	8	
87	543	Natalie	Garner	Biggleswade AC	f25-29	6	87	2	
88	1593	Peter	Currington	Rugby & Northampton AC	m35-39	82	88	7	
89	520	Charlie	Arnold	Biggleswade AC	m60-64	83	89	1	
90	1412	Neil	McDonald	Wellingborough & District AC	m55-59	84	90	6	
91	1620	Nigel	Roberts	Rugby & Northampton AC	m45-49	85	91	17	
92	1631	Matthew	Tilt	Rugby & Northampton AC	m45-49	86	92	18	
93	747	Lindsay	Scott	Team East Haddon	f30-34	7	93	1	
94	1382	Roger	Bullen	Wellingborough & District AC	m55-59	87	94	7	
95	757	Rob	White	Team East Haddon	m55-59	88	95	8	
96	1272	Pat	Blessing	Stopsley Striders	m55-59	89	96	9	
97	354	David	Frampton	Bedford Harriers	m60-64	90	97	2	
98	259	Jim	Hurford	Amphill & Flitwick Flyers	m35-39	91	98	8	
99	1117	John	Gibbins	Northampton Road Runners	m40-44	92	99	25	
100	1226	Chris	Ling	Olney Runners	m35-39	93	100	9	
101	182	Philip	Mead	Amphill & Flitwick Flyers	m30-34	94	101	12	
102	742	Ollly	Pearson	Team East Haddon	m35-39	95	102	10	
103	979	Astrid	mckeown	North Herts Road Runners	f45-49	8	103	1	
104	726	Peter	Chandley	Team East Haddon	m50-54	96	104	9	
105	1159	Andrew	Rosewell	Northampton Road Runners	m30-34	97	105	13	
106	1051	James	Walsh	North Herts Road Runners	m50-54	98	106	10	
107	827	Graeme	Meichtry	Leighton Fun Runners	m40-44	99	107	26	
108	226	Ben	Stoneman	Amphill & Flitwick Flyers	m40-44	100	108	27	
109	817	Mark	Kleanthous	Leighton Fun Runners	m55-59	101	109	10	
110	407	Sally	Knight	Bedford Harriers	f45-49	9	110	2	
111	353	Adam	Foster	Bedford Harriers	m25-29	102	111	8	
112	1613	Alex	McMurtrie	Rugby & Northampton AC	m50-54	103	112	11	
113	1537	Andrew	Myers	Wootton Road Runners	m35-39	104	113	11	
114	389	Stephen	James	Bedford Harriers	m50-54	105	114	12	
115	1512	Graham	Hollowell	Wootton Road Runners	m50-54	106	115	13	
116	1377	Dan	Betts	Wellingborough & District AC	m30-34	107	116	14	
117	870	Paula	Adams	North Herts Road Runners	f50-54	10	117	1	
118	1278	Peter	Brown	Stopsley Striders	m35-39	108	118	12	

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119	1533	Richard	Moore	Wootton Road Runners	m55-59	109	119	11	
120	1416	Mark	Moriarty	Wellingborough & District AC	m50-54	110	120	14	
121	510	Jade	Sampson	Bedford Harriers	f25-29	11	121	3	
122	430	Gary	McKeaveney	Bedford Harriers	m35-39	111	122	13	
123	1495	Kairit	Fitzgerald	Wootton Road Runners	f35-39	12	123	2	
124	1436	Oliver	Towell	Wellingborough & District AC	m35-39	112	124	14	
125	750	Liv	Thompson	Team East Haddon	f35-39	13	125	3	
126	782	Mike	Clark	Leighton Fun Runners	m60-64	113	126	3	
127	1174	Dave	Whatton	Northampton Road Runners	m55-59	114	127	12	
128	1070	Ian	Harvey	North Herts Road Runners	m	115	128	1	
129	812	Zoe	Illingworth	Leighton Fun Runners	f45-49	14	129	3	
130	694	Jose	Santos	Dunstable Road Runners	m40-44	116	130	28	
131	381	Dave	Holt	Bedford Harriers	m60-64	117	131	4	
132	307	Mark	Clements	Bedford Harriers	m35-39	118	132	15	
133	810	Paul	House	Leighton Fun Runners	m35-39	119	133	16	
134	1621	John	Saw	Rugby & Northampton AC	m40-44	120	134	29	
135	1499	Niall	Gardiner	Wootton Road Runners	m40-44	121	135	30	
136	778	Jim	Buttleman	Leighton Fun Runners	m55-59	122	136	13	
137	1240	Rob	White	Olney Runners	m45-49	123	137	19	
138	719	Wesley	Thorne	Dunstable Road Runners	m40-44	124	138	31	
139	1403	Louise	Kemp	Wellingborough & District AC	f40-44	15	139	3	
140	853	Rosie	Booth	Leighton Fun Runners	f40-44	16	140	4	
141	397	Oliver	Jones	Bedford Harriers	m40-44	125	141	32	
142	1181	Matt	Whitbread	Northampton Road Runners	m30-34	126	142	15	
143	1486	Pete	Cundall	Wootton Road Runners	m30-34	127	143	16	
144	1324	Charles	Nelis	Stopsley Striders	m50-54	128	144	15	
145	1115	Mark	Garrett	Northampton Road Runners	m55-59	129	145	14	
146	695	Becks	Sharpe	Dunstable Road Runners	f30-34	17	146	2	
147	1570	Matt	Lever	Wootton Road Runners	m40-44	130	147	33	
148	833	Gavin	Prechner	Leighton Fun Runners	m35-39	131	148	17	
149	1575	Andrew	Hackett	Wootton Road Runners	m45-49	132	149	20	
150	1375	Katherine	Baxter-Smith	Wellingborough & District AC	f30-34	18	150	3	
151	216	Dean	Shanley	Amphill & Flitwick Flyers	m45-49	133	151	21	
152	1215	Stephen	Dicks	Olney Runners	m45-49	134	152	22	
153	1617	Bernie	Myers	Rugby & Northampton AC	m55-59	135	153	15	
154	102	Jo	Aatkar	Amphill & Flitwick Flyers	f50-54	19	154	2	
155	1646	Sophie	Wilkinson-Hargate	Rugby & Northampton AC	f45-49	20	155	4	
156	494	Carla	Whitmore	Bedford Harriers	f25-29	21	156	4	
157	502	Duncan	Worthy	Bedford Harriers	m40-44	136	157	34	
158	913	Steve	Williamson	North Herts Road Runners	m55-59	137	158	16	
159	276	Tony	Barnes	Bedford Harriers	m55-59	138	159	17	
160	334	David	Elliott	Bedford Harriers	m45-49	139	160	23	
161	568	John	Stott	Biggleswade AC	m50-54	140	161	16	
162	1337	Andy	Read	Stopsley Striders	m65-69	141	162	1	
163	241	Lisa	Wells	Amphill & Flitwick Flyers	f50-54	22	163	3	
164	128	Paul	Court	Amphill & Flitwick Flyers	m45-49	142	164	24	
165	553	Richard	Hill	Biggleswade AC	m50-54	143	165	17	
166	1514	Frances	Hooper	Wootton Road Runners	f40-44	23	166	5	
167	337	Frank	Esaw	Bedford Harriers	m70-74	144	167	1	
168	1098	Robert	Corless	Northampton Road Runners	m35-39	145	168	18	
169	488	Rob	Walls	Bedford Harriers	m60-64	146	169	5	
170	1569	Laura	Lever	Wootton Road Runners	f30-34	24	170	4	
171	1520	Gillian	Jakeman	Wootton Road Runners	f40-44	25	171	6	
172	707	Teresa	Warren	Dunstable Road Runners	f50-54	26	172	4	
173	563	Damien	Pitts	Biggleswade AC	m35-39	147	173	19	
174	910	Andrew	Coates	North Herts Road Runners	m40-44	148	174	35	
175	1419	Sarah	Nixon	Wellingborough & District AC	f45-49	27	175	5	
176	716	James	Young	Dunstable Road Runners	m20-24	149	176	3	
177	1561	Graham	Tee	Wootton Road Runners	m55-59	150	177	18	

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178	235	Jon	Walker	Amphill & Flitwick Flyers	m55-59	151	178	19	
179	1370	Steve	Adams	Wellingborough & District AC	m60-64	152	179	6	
180	1560	Tara	Adams	Wootton Road Runners	f45-49	28	180	6	
181	1088	Dave	Blackburn	Northampton Road Runners	m60-64	153	181	7	
182	372	Nora	Haggart	Bedford Harriers	f60-64	29	182	1	
183	165	Richie	Jones	Amphill & Flitwick Flyers	m55-59	154	183	20	
184	1415	Emma	Moore	Wellingborough & District AC	f35-39	30	184	4	
185	1238	Phil	Shrimpton	Olney Runners	m50-54	155	185	18	
186	350	Lawrence	Folley	Bedford Harriers	m60-64	156	186	8	
187	1574	Moira	Hackett	Wootton Road Runners	f45-49	31	187	7	
188	808	Sam	Heady	Leighton Fun Runners	f35-39	32	188	5	
189	1356	Ansar	Mahmood	Stopsley Striders	m35-39	157	189	20	
190	106	Andy	Atherton	Amphill & Flitwick Flyers	m55-59	158	190	21	
191	1218	Matthew	Fox	Olney Runners	m50-54	159	191	19	
192	299	Lisa	Chappel	Bedford Harriers	f50-54	33	192	5	
193	484	Bev	Tredget	Bedford Harriers	f55-59	34	193	1	
194	145	Caroline	Gilby	Amphill & Flitwick Flyers	f55-59	35	194	2	
195	1112	John	Fleming	Northampton Road Runners	m50-54	160	195	20	
196	168	George	Karaiskou	Amphill & Flitwick Flyers	m20-24	161	196	4	
197	1120	Jocelyn	Granger	Northampton Road Runners	f55-59	36	197	3	
198	403	Viv	Kilgour	Bedford Harriers	f55-59	37	198	4	
199	1386	Mark	Cheadle	Wellingborough & District AC	m40-44	162	199	36	
200	457	Andrew	Robertson	Bedford Harriers	m60-64	163	200	9	
201	156	Robert	Hardwick	Amphill & Flitwick Flyers	m35-39	164	201	21	
202	1571	Matty	Reed	Wootton Road Runners	m45-49	165	202	25	
203	342	Peter	Fadden	Bedford Harriers	m20-24	166	203	5	
204	1295	Andrew	Durrant	Stopsley Striders	m60-64	167	204	10	
205	105	Caroline	Armstrong	Amphill & Flitwick Flyers	f45-49	38	205	8	
206	1565	Phil	Brittain	Wootton Road Runners	m40-44	168	206	37	
207	549	Neil	Harvey	Biggleswade AC	m55-59	169	207	22	
208	1428	Marc	Sanderson	Wellingborough & District AC	m40-44	170	208	38	
209	1535	Maggie	Mulvey	Wootton Road Runners	f55-59	39	209	5	
210	1155	Steve	Prior	Northampton Road Runners	m55-59	171	210	23	
211	1243	Donna	Evans	Olney Runners	f40-44	40	211	7	
212	254	Jon	Bowler	Amphill & Flitwick Flyers	m35-39	172	212	22	
213	1220	Kevin	Gardener	Olney Runners	m60-64	173	213	11	
214	1376	Michael	Berry	Wellingborough & District AC	m50-54	174	214	21	
215	995	Lucy	O'Connor	North Herts Road Runners	f55-59	41	215	6	
216	1122	Alan	Hall	Northampton Road Runners	m60-64	175	216	12	
217	687	Clifford	Punter	Dunstable Road Runners	m55-59	176	217	24	
218	706	Jeannette	Walster	Dunstable Road Runners	f50-54	42	218	6	
219	180	Megan	McCreadie	Amphill & Flitwick Flyers	f25-29	43	219	5	
220	1418	Tom	Newton	Wellingborough & District AC	m60-64	177	220	13	
221	753	Richard	Watson	Team East Haddon	m25-29	178	221	9	
222	396	Kirsty	Jones	Bedford Harriers	f40-44	44	222	8	
223	1481	Carrie	Carruthers	Wootton Road Runners	f55-59	45	223	7	
224	178	Henry	Lynn	Amphill & Flitwick Flyers	m50-54	179	224	22	
225	660	Robert	Lee	Dunstable Road Runners	m40-44	180	225	39	
226	727	Sam	Cortese	Team East Haddon	m60-64	181	226	14	
227	174	Martin	Lees	Amphill & Flitwick Flyers	m50-54	182	227	23	
228	721	Sarah	Ashcroft	Team East Haddon	f30-34	46	228	5	
229	944	Jo	Harbon	North Herts Road Runners	f55-59	47	229	8	
230	392	Tony	Jones	Bedford Harriers	m55-59	183	230	25	
231	117	Emily	Brown	Amphill & Flitwick Flyers	f25-29	48	231	6	
232	470	Ronnie	Singleton-Lawley	Bedford Harriers	f55-59	49	232	9	
233	1498	Robin	Frost	Wootton Road Runners	m50-54	184	233	24	
234	1635	Catherine	Williams	Rugby & Northampton AC	f55-59	50	234	10	
235	272	Claire	Adamson	Bedford Harriers	f30-34	51	235	6	
236	1236	Helen	Sartin	Olney Runners	f45-49	52	236	9	

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237	688	Tara	Quinn	Dunstable Road Runners	f40-44	53	237	9	
238	1522	Dave	Jones	Wootton Road Runners	m45-49	185	238	26	
239	456	Karen	Robertson	Bedford Harriers	f55-59	54	239	11	
240	388	Louisa	Jackson	Bedford Harriers	f40-44	55	240	10	
241	1308	Paul	Keech	Stopsley Striders	m60-64	186	241	15	
242	505	Sarah	Janes	Bedford Harriers	f35-39	56	242	6	
243	417	Sean	Lester	Bedford Harriers	m45-49	187	243	27	
244	1200	Chris	Barnes	Olney Runners	m50-54	188	244	25	
245	854	Doubeck	Levick	Leighton Fun Runners	f40-44	57	245	11	
246	811	Jon	Hull	Leighton Fun Runners	m50-54	189	246	26	
247	393	Noel	Jones	Bedford Harriers	m55-59	190	247	26	
248	441	Justin	Parker	Bedford Harriers	m40-44	191	248	40	
249	1335	Stewart	Read	Stopsley Striders	m45-49	192	249	28	
250	1562	Kay	Duffy	Wootton Road Runners	f40-44	58	250	12	
251	1169	Roger	Taylor	Northampton Road Runners	m50-54	193	251	27	
252	1281	Joe	Cashman	Stopsley Striders	m30-34	194	252	17	
253	1228	Sarah	McAuliffe	Olney Runners	f30-34	59	253	7	
254	1227	Roger	Mann	Olney Runners	m60-64	195	254	16	
255	831	Stephen	Moore	Leighton Fun Runners	m55-59	196	255	27	
256	922	Karen	Dodsworth	North Herts Road Runners	f55-59	60	256	12	
257	360	Stephen	Gale	Bedford Harriers	m55-59	197	257	28	
258	1573	Lee	Coulson	Wootton Road Runners	m45-49	198	258	29	
259	462	Anna	Rust	Bedford Harriers	f25-29	61	259	7	
260	659	Christina	Lawrence	Dunstable Road Runners	f35-39	62	260	7	
261	1265	Karen	Ashby	Stopsley Striders	f60-64	63	261	2	
262	635	Johanna	Hadley	Dunstable Road Runners	f35-39	64	262	8	
263	1152	Elaine	Palmer	Northampton Road Runners	f50-54	65	263	7	
264	483	Mark	Tinkler	Bedford Harriers	m60-64	199	264	17	
265	1239	Sue	Teasdale	Olney Runners	f55-59	66	265	13	
266	1518	Jerry	Inniss	Wootton Road Runners	m55-59	200	266	29	
267	1069	Tim	Banting	North Herts Road Runners	m	201	267	2	
268	338	Chris	Fadden	Bedford Harriers	m55-59	202	268	30	
269	509	Colin	Gill	Bedford Harriers	m30-34	203	269	18	
270	775	Steve	Baker	Leighton Fun Runners	m50-54	204	270	28	
271	1409	Ian	Mann	Wellingborough & District AC	m55-59	205	271	31	
272	355	Amanda	Friman	Bedford Harriers	f60-64	67	272	3	
273	367	Dave	Girling	Bedford Harriers	m70-74	206	273	2	
274	1193	Ian	Hughes	Northampton Road Runners	m40-44	207	274	41	
275	1494	Tracey	Ferris	Wootton Road Runners	f40-44	68	275	13	
276	1484	Andrea	Collingwood	Wootton Road Runners	f40-44	69	276	14	
277	683	Lisa	Phee	Dunstable Road Runners	f40-44	70	277	15	
278	676	Barry	Neal	Dunstable Road Runners	m35-39	208	278	23	
279	539	Jennie	Day	Biggleswade AC	f50-54	71	279	8	
280	437	Peter	Pack	Bedford Harriers	m55-59	209	280	32	
281	847	Paul	Thomas	Leighton Fun Runners	m70-74	210	281	3	
282	1171	Paula	Towers	Northampton Road Runners	f50-54	72	282	9	
283	246	Nicola	Wilkins	Amphill & Flitwick Flyers	f40-44	73	283	16	
284	655	Greer	Kidney	Dunstable Road Runners	f45-49	74	284	10	
285	814	Matthew	Kelly	Leighton Fun Runners	m50-54	211	285	29	
286	363	Richard	Gallivan	Bedford Harriers	m60-64	212	286	18	
287	1230	David	O'Connor	Olney Runners	m50-54	213	287	30	
288	774	Christine	Ayres	Leighton Fun Runners	f65-69	75	288	1	
289	1151	Rachel	Palmer	Northampton Road Runners	f25-29	76	289	8	
290	1353	Sally	Hunt	Stopsley Striders	f45-49	77	290	11	
291	1371	Valerie	Anslow	Wellingborough & District AC	f60-64	78	291	4	
292	410	Elsy	Lacy	Bedford Harriers	f40-44	79	292	17	
293	1354	Phil	Jeffrey	Stopsley Striders	m45-49	214	293	30	
294	654	Tina	Keynon	Dunstable Road Runners	f55-59	80	294	14	
295	1572	Sarah	Dorey	Wootton Road Runners	f40-44	81	295	18	

3 Counties Cross Country League Results

Venue		Wootton		8-December-2019				Team	AgeCat
Pos.	No.	First Name	Surname	Club	Category	Points	Points	Points	
296	1292	Ruth	Doyle	Stopsley Striders	f50-54	82	296	10	
297	1388	Dom	Coleman	Wellingborough & District AC	m25-29	215	297	10	
298	680	Tracey	Palmer	Dunstable Road Runners	f45-49	83	298	12	
299	697	Paul	Stack	Dunstable Road Runners	m55-59	216	299	33	
300	487	Diane	Wallis	Bedford Harriers	f60-64	84	300	5	
301	1548	Jo	Ward	Wootton Road Runners	f55-59	85	301	15	
302	799	Jennifer	Garner	Leighton Fun Runners	f30-34	86	302	8	
303	126	Rob	Cook	Amphill & Flitwick Flyers	m60-64	217	303	19	
304	791	Debbie	Elborn	Leighton Fun Runners	f55-59	87	304	16	
305	1517	Samantha	Inniss	Wootton Road Runners	f40-44	88	305	19	
306	347	Debi	Fisher	Bedford Harriers	f25-29	89	306	9	
307	1625	Chloe	Tallett	Rugby & Northampton AC	f30-34	90	307	9	
308	1011	Carina	Quayle	North Herts Road Runners	f60-64	91	308	6	
309	359	Sara	Gale	Bedford Harriers	f55-59	92	309	17	
310	1261	Philip	Abbitt	Stopsley Striders	m65-69	218	310	2	
311	493	Helen	Whiting	Bedford Harriers	f30-34	93	311	10	
312	442	Sarah	Parker	Bedford Harriers	f40-44	94	312	20	
313	552	Lynn	Hill	Biggleswade AC	f50-54	95	313	11	
314	308	Rachel	Cooke	Bedford Harriers	f45-49	96	314	13	
315	101	Paresh	Aatkar	Amphill & Flitwick Flyers	m50-54	219	315	31	
316	1568	Stella	Barker	Wootton Road Runners	f45-49	97	316	14	
317	1296	Carly	Eaves	Stopsley Striders	f35-39	98	317	9	
318	345	Angie	Finch	Bedford Harriers	f60-64	99	318	7	
319	816	Clare	Kleanthous	Leighton Fun Runners	f55-59	100	319	18	
320	514	Edward	Snook	Bedford Harriers	m35-39	220	320	24	
321	1139	Jo	Letts	Northampton Road Runners	f45-49	101	321	15	
322	140	Rebecca	Fleckney	Amphill & Flitwick Flyers	f35-39	102	322	10	
323	1320	Antonia	Munn	Stopsley Striders	f50-54	103	323	12	
324	1089	Helen	Blackburn	Northampton Road Runners	f55-59	104	324	19	
325	1476	Gerald	Billis	Wootton Road Runners	m75-99	221	325	1	
326	1300	Tricia	Forde	Stopsley Striders	f60-64	105	326	8	
327	1297	Zena	Ellis	Stopsley Striders	f35-39	106	327	11	
328	166	Claire	Jones	Amphill & Flitwick Flyers	f55-59	107	328	20	
329	566	Julie	Spavins	Biggleswade AC	f50-54	108	329	13	
330	959	Brian	Judkins	North Herts Road Runners	m60-64	222	330	20	
331	1293	Bridget	Drimussis	Stopsley Striders	f55-59	109	331	21	
332	1563	Erica	von Bree	Wootton Road Runners	f45-49	110	332	16	
333	1206	Liz	Conibere	Olney Runners	f65-69	111	333	2	
334	532	Corrine	Calligan	Biggleswade AC	f40-44	112	334	21	
335	147	Pat	Godfrey	Amphill & Flitwick Flyers	f65-69	113	335	3	
336	1280	Jill	Bywaters	Stopsley Striders	f50-54	114	336	14	
337	1319	Frances	Moss	Stopsley Striders	f60-64	115	337	9	
338	215	Dave	Sedgley	Amphill & Flitwick Flyers	m75-99	223	338	2	
339	1343	Sylvia	Thomas	Stopsley Striders	f55-59	116	339	22	
340	298	Jack	Chana	Bedford Harriers	m65-69	224	340	3	
341	1553	Laura	Wild	Wootton Road Runners	f40-44	117	341	22	
342	1348	Hilary	Wilman	Stopsley Striders	f50-54	118	342	15	
343	1322	Kate	Mutter	Stopsley Striders	f30-34	119	343	11	
344	1283	Sharon	Chesham	Stopsley Striders	f50-54	120	344	16	
345	1355	Martin	Ball	Stopsley Striders	m60-64	225	345	21	