

# 3 Counties Cross Country League Results

After 5 Events

## Open Men

12-January-2020

| No.  | First Name | Surname    | Club                         | Age Cat | Well'boro | Leighton | Wootton | North Herts | Dunstable | Pos | Races | Score |
|------|------------|------------|------------------------------|---------|-----------|----------|---------|-------------|-----------|-----|-------|-------|
| 153  | Ian        | Halpin     | Amphill & Flitwick Flyers    | 35-39   | 3         | 4        |         | 4           | 7         | 1   | 4     | 18    |
| 1009 | Edward     | Price      | North Herts Road Runners     | 40-44   | 8         | 2        | 2       | 6           | 11        | 1   | 5     | 18    |
| 258  | Paul       | Farmer     | Amphill & Flitwick Flyers    | 40-44   | 15        | 7        | 3       | 7           | 9         | 3   | 5     | 26    |
| 1493 | Andy       | Fairley    | Wootton Road Runners         | 40-44   |           | 8        | 4       | 10          | 6         | 4   | 4     | 28    |
| 1268 | Robert     | Barnes     | Stopsley Striders            | 30-34   | 10        | 13       | 5       | 9           | 5         | 5   | 5     | 29    |
| 227  | Joe        | Strange    | Amphill & Flitwick Flyers    | 25-29   | 2         | 22       |         | 5           | 4         | 6   | 4     | 33    |
| 885  | Wayne      | Bell       | North Herts Road Runners     | 40-44   | 7         | 9        | 10      | 11          | 8         | 7   | 5     | 34    |
| 161  | Phil       | Holland    | Amphill & Flitwick Flyers    | 40-44   | 5         | 12       | 7       | 12          |           | 8   | 4     | 36    |
| 998  | Stewart    | Overton    | North Herts Road Runners     | 35-39   | 11        |          | 6       | 8           | 12        | 9   | 4     | 37    |
| 1049 | mark       | Vaughan    | North Herts Road Runners     | 45-49   | 19        | 11       | 9       | 13          | 19        | 10  | 5     | 52    |
| 177  | Chris      | Littlejohn | Amphill & Flitwick Flyers    | 40-44   |           | 15       | 13      | 15          | 10        | 11  | 4     | 53    |
| 1001 | Nathan     | Pask       | North Herts Road Runners     | 40-44   |           | 17       | 11      | 18          | 17        | 12  | 4     | 63    |
| 1020 | matthew    | Sayers     | North Herts Road Runners     | 40-44   | 12        | 16       |         | 16          | 21        | 13  | 4     | 65    |
| 1095 | Matthew    | Clarke     | Northampton Road Runners     | 40-44   | 17        |          | 16      | 20          | 18        | 14  | 4     | 71    |
| 880  | John       | Auld       | North Herts Road Runners     | 35-39   | 23        | 20       | 14      | 22          | 32        | 15  | 5     | 79    |
| 1393 | Jason      | French     | Wellingborough & District AC | 35-39   | 24        | 19       | 12      |             | 29        | 16  | 4     | 84    |
| 167  | Dan        | Karaiskou  | Amphill & Flitwick Flyers    | 25-29   | 21        |          | 18      | 17          | 30        | 17  | 4     | 86    |
| 234  | Mark       | Waine      | Amphill & Flitwick Flyers    | 45-49   | 20        | 18       | 27      | 41          | 22        | 18  | 5     | 87    |
| 895  | Oliver     | Brady      | North Herts Road Runners     | 17-19   | 29        | 129      | 17      | 24          | 25        | 19  | 5     | 95    |
| 677  | Lee        | Murphy     | Dunstable Road Runners       | 30-34   | 32        | 23       | 20      | 23          | 33        | 20  | 5     | 98    |
| 559  | Rob        | Morgan     | Biggleswade AC               | 40-44   | 30        | 27       | 21      | 30          | 35        | 21  | 5     | 108   |
| 1138 | Tony       | Letts      | Northampton Road Runners     | 50-54   | 18        |          | 34      | 33          | 28        | 22  | 4     | 113   |
| 1387 | Craig      | Clements   | Wellingborough & District AC | 35-39   | 13        | 14       |         | 29          | 64        | 23  | 4     | 120   |
| 785  | Martin     | Crane      | Leighton Fun Runners         | 45-49   | 36        | 31       | 23      | 32          | 45        | 24  | 5     | 122   |
| 1061 | Vincent    | Wright     | North Herts Road Runners     | 40-44   | 34        | 37       | 32      | 26          | 31        | 25  | 5     | 123   |
| 610  | Darren     | Cornish    | Dunstable Road Runners       | 45-49   | 44        | 28       | 31      | 25          | 50        | 26  | 5     | 128   |
| 1431 | Ben        | Shirley    | Wellingborough & District AC | 40-44   | 41        | 32       | 29      | 31          | 86        | 27  | 5     | 133   |
| 1525 | Richard    | Lack       | Wootton Road Runners         | 45-49   | 37        | 39       | 25      | 36          | 38        | 28  | 5     | 136   |
| 110  | Martin     | Beare      | Amphill & Flitwick Flyers    | 55-59   | 31        | 29       | 59      | 37          | 40        | 29  | 5     | 137   |
| 793  | Tom        | Ellerton   | Leighton Fun Runners         | 25-29   | 45        | 35       | 26      |             | 41        | 30  | 4     | 147   |
| 1402 | Jon        | Kemp       | Wellingborough & District AC | 45-49   | 38        | 34       | 33      | 44          | 46        | 31  | 5     | 149   |
| 1615 | Brendan    | Moen       | Rugby & Northampton AC       | 50-54   | 39        | 38       | 35      | 43          | 79        | 32  | 5     | 155   |
| 131  | John       | Decesare   | Amphill & Flitwick Flyers    | 50-54   |           | 60       | 36      | 40          | 37        | 33  | 4     | 173   |
| 733  | Andy       | Green      | Team East Haddon             | 55-59   | 62        | 41       | 30      | 52          | 60        | 34  | 5     | 183   |
| 756  | Stuart     | Wheeldon   | Team East Haddon             | 45-49   | 50        | 46       | 43      | 47          | 58        | 35  | 5     | 186   |
| 735  | Adrian     | Homer      | Team East Haddon             | 45-49   | 52        | 44       | 42      | 55          | 62        | 36  | 5     | 193   |
| 628  | Lui        | Falkner    | Dunstable Road Runners       | 20-24   | 71        | 36       |         | 39          | 53        | 37  | 4     | 199   |
| 1217 | Chris      | Dunn       | Olney Runners                | 30-34   | 70        | 50       | 51      | 48          | 55        | 38  | 5     | 204   |
| 125  | Marcus     | Cook       | Amphill & Flitwick Flyers    | 40-44   | 55        |          | 46      | 50          | 54        | 39  | 4     | 205   |
| 804  | Dan        | Green      | Leighton Fun Runners         | 45-49   | 56        | 52       | 39      | 67          | 67        | 40  | 5     | 214   |

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## Open Women

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| No.  | First Name | Surname          | Club                         | Age Cat | Well'boro | Leighton | Wootton | North Herts | Dunstable | Pos | Races | Score |
|------|------------|------------------|------------------------------|---------|-----------|----------|---------|-------------|-----------|-----|-------|-------|
| 947  | Katie      | Harbon           | North Herts Road Runners     | 20-24   | 1         | 1        | 1       | 1           | 3         | 1   | 5     | 4     |
| 1312 | Christine  | Lathwell         | Stopsley Striders            | 40-44   | 2         | 2        | 3       | 3           | 1         | 2   | 5     | 8     |
| 528  | Hannah     | Broom            | Biggleswade AC               | 35-39   |           | 3        | 2       | 2           | 2         | 3   | 4     | 9     |
| 1374 | Kelly      | Barnett          | Wellingborough & District AC | 25-29   |           | 4        | 4       | 6           | 5         | 4   | 4     | 19    |
| 558  | Natalie    | Morgan           | Biggleswade AC               | 40-44   | 4         | 6        | 5       | 5           | 9         | 5   | 5     | 20    |
| 543  | Natalie    | Garner           | Biggleswade AC               | 25-29   | 5         | 5        | 6       | 7           | 6         | 6   | 5     | 22    |
| 747  | Lindsay    | Scott            | Team East Haddon             | 30-34   |           | 8        | 7       | 4           | 8         | 7   | 4     | 27    |
| 1433 | Lisa       | Smith            | Wellingborough & District AC | 35-39   | 3         | 7        |         | 8           | 10        | 8   | 4     | 28    |
| 407  | Sally      | Knight           | Bedford Harriers             | 45-49   | 7         | 9        | 9       | 9           | 12        | 9   | 5     | 34    |
| 870  | Paula      | Adams            | North Herts Road Runners     | 50-54   | 6         | 11       | 10      | 12          | 14        | 10  | 5     | 39    |
| 750  | Liv        | Thompson         | Team East Haddon             | 35-39   | 8         | 13       | 13      | 10          | 15        | 11  | 5     | 44    |
| 695  | Becks      | Sharpe           | Dunstable Road Runners       | 30-34   | 15        | 14       | 17      | 14          | 36        | 12  | 5     | 60    |
| 812  | Zoe        | Illingworth      | Leighton Fun Runners         | 45-49   | 11        | 17       | 14      | 20          | 28        | 13  | 5     | 62    |
| 853  | Rosie      | Booth            | Leighton Fun Runners         | 40-44   | 14        | 18       | 16      | 15          | 22        | 14  | 5     | 63    |
| 1403 | Louise     | Kemp             | Wellingborough & District AC | 40-44   | 16        | 16       | 15      | 17          | 18        | 15  | 5     | 64    |
| 102  | Jo         | Aatkar           | Amphill & Flitwick Flyers    | 50-54   | 23        | 24       | 19      | 19          | 19        | 16  | 5     | 80    |
| 715  | Frances    | Wynn             | Dunstable Road Runners       | 35-39   | 31        | 22       |         | 18          | 21        | 17  | 4     | 92    |
| 1514 | Frances    | Hooper           | Wootton Road Runners         | 40-44   | 20        | 25       | 23      | 27          | 33        | 18  | 5     | 95    |
| 707  | Teresa     | Warren           | Dunstable Road Runners       | 50-54   | 29        | 26       | 26      | 28          | 42        | 19  | 5     | 109   |
| 1392 | Helen      | Etherington      | Wellingborough & District AC | 35-39   | 12        | 19       |         | 33          | 56        | 20  | 4     | 120   |
| 1415 | Emma       | Moore            | Wellingborough & District AC | 35-39   | 33        |          | 30      | 29          | 32        | 21  | 4     | 124   |
| 494  | Carla      | Whitmore         | Bedford Harriers             | 25-29   | 19        | 23       | 21      |             | 65        | 22  | 4     | 128   |
| 1225 | Mary       | Jones            | Olney Runners                | 45-49   | 34        | 34       |         | 31          | 35        | 23  | 4     | 134   |
| 484  | Bev        | Tredget          | Bedford Harriers             | 55-59   |           | 36       | 34      | 30          | 38        | 24  | 4     | 138   |
| 403  | Viv        | Kilgour          | Bedford Harriers             | 55-59   | 38        | 37       | 37      | 44          | 45        | 25  | 5     | 156   |
| 808  | Sam        | Heady            | Leighton Fun Runners         | 35-39   | 43        | 35       | 32      |             | 46        | 25  | 4     | 156   |
| 1243 | Donna      | Evans            | Olney Runners                | 40-44   | 41        | 38       | 40      | 40          | 59        | 27  | 5     | 159   |
| 105  | Caroline   | Armstrong        | Amphill & Flitwick Flyers    | 45-49   | 51        | 41       | 38      | 36          | 47        | 28  | 5     | 162   |
| 1592 | Angela     | Copson           | Rugby & Northampton AC       | 70-74   | 26        | 43       |         | 39          | 57        | 29  | 4     | 165   |
| 145  | Caroline   | Gilby            | Amphill & Flitwick Flyers    | 55-59   | 39        |          | 35      | 48          | 43        | 29  | 4     | 165   |
| 995  | Lucy       | O'Connor         | North Herts Road Runners     | 55-59   | 58        | 44       | 41      | 47          | 48        | 31  | 5     | 180   |
| 180  | Megan      | McCreadie        | Amphill & Flitwick Flyers    | 25-29   |           | 46       | 43      | 42          | 53        | 32  | 4     | 184   |
| 299  | Lisa       | Chappel          | Bedford Harriers             | 50-54   | 60        | 47       | 33      |             | 52        | 33  | 4     | 192   |
| 470  | Ronnie     | Singleton-Lawley | Bedford Harriers             | 55-59   | 52        |          | 49      | 46          | 51        | 34  | 4     | 198   |
| 1228 | Sarah      | McAuliffe        | Olney Runners                | 30-34   | 56        | 65       | 59      | 60          | 44        | 35  | 5     | 219   |
| 456  | Karen      | Robertson        | Bedford Harriers             | 55-59   | 59        | 52       | 54      | 57          | 74        | 36  | 5     | 222   |
| 854  | Doubeck    | Levick           | Leighton Fun Runners         | 40-44   | 55        |          | 57      | 50          | 60        | 36  | 4     | 222   |
| 505  | Sarah      | Janes            | Bedford Harriers             | 35-39   | 62        | 56       | 56      |             | 50        | 38  | 4     | 224   |
| 1236 | Helen      | Sartin           | Olney Runners                | 45-49   | 57        |          | 52      | 54          | 72        | 39  | 4     | 235   |
| 1152 | Elaine     | Palmer           | Northampton Road Runners     | 50-54   | 63        | 54       | 65      |             | 64        | 40  | 4     | 246   |

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## Men By Age Category

12-January-2020

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|------|------------|------------|------------------------------|---------|-----------|----------|---------|-------------|-----------|-----|-------|-------|------|
| 895  | Oliver     | Brady      | North Herts Road Runners     | 17-19   | 1         | 6        | 1       | 3           | 2         | 1   | 5     | 7     | 95   |
| 1584 | Adam       | Bebbington | Rugby & Northampton AC       | 17-19   | 3         | 5        | 2       | 5           |           | 2   | 4     | 15    | 292  |
|      |            |            |                              | 17-19   |           |          |         |             |           | 3   |       |       |      |
| 628  | Lui        | Falkner    | Dunstable Road Runners       | 20-24   | 4         | 3        |         | 3           | 3         | 1   | 4     | 13    | 199  |
| 762  | Oliver     | Munns      | Team East Haddon             | 20-24   | 3         |          | 2       | 4           | 4         | 2   | 4     | 13    | 238  |
| 342  | Peter      | Fadden     | Bedford Harriers             | 20-24   | 5         | 4        | 5       | 6           | 6         | 3   | 5     | 20    | 733  |
| 227  | Joe        | Strange    | Amphill & Flitwick Flyers    | 25-29   | 1         | 1        |         | 1           | 1         | 1   | 4     | 4     | 33   |
| 167  | Dan        | Karaiskou  | Amphill & Flitwick Flyers    | 25-29   | 2         |          | 2       | 2           | 2         | 2   | 4     | 8     | 86   |
| 793  | Tom        | Ellerton   | Leighton Fun Runners         | 25-29   | 4         | 2        | 4       |             | 3         | 3   | 4     | 13    | 147  |
| 1268 | Robert     | Barnes     | Stopsley Striders            | 30-34   | 1         | 2        | 1       | 1           | 2         | 1   | 5     | 5     | 29   |
| 677  | Lee        | Murphy     | Dunstable Road Runners       | 30-34   | 3         | 3        | 2       | 3           | 5         | 2   | 5     | 11    | 98   |
| 1217 | Chris      | Dunn       | Olney Runners                | 30-34   | 6         | 7        | 8       | 6           | 10        | 3   | 5     | 27    | 204  |
| 998  | Stewart    | Overton    | North Herts Road Runners     | 35-39   | 3         |          | 1       | 2           | 3         | 1   | 4     | 9     | 37   |
| 880  | John       | Auld       | North Herts Road Runners     | 35-39   | 6         | 5        | 3       | 4           | 6         | 2   | 5     | 18    | 79   |
| 1393 | Jason      | French     | Wellingborough & District AC | 35-39   | 7         | 4        | 2       |             | 5         | 3   | 4     | 18    | 84   |
| 1493 | Andy       | Fairley    | Wootton Road Runners         | 40-44   |           | 3        | 3       | 3           | 1         | 1   | 4     | 10    | 28   |
| 885  | Wayne      | Bell       | North Herts Road Runners     | 40-44   | 3         | 4        | 6       | 4           | 2         | 2   | 5     | 13    | 34   |
| 161  | Phil       | Holland    | Amphill & Flitwick Flyers    | 40-44   | 2         | 5        | 4       | 5           |           | 3   | 4     | 16    | 36   |
| 1049 | mark       | Vaughan    | North Herts Road Runners     | 45-49   | 2         | 1        | 1       | 1           | 3         | 1   | 5     | 5     | 52   |
| 234  | Mark       | Waine      | Amphill & Flitwick Flyers    | 45-49   | 3         | 2        | 4       | 5           | 4         | 2   | 5     | 13    | 87   |
| 785  | Martin     | Crane      | Leighton Fun Runners         | 45-49   | 4         | 4        | 2       | 3           | 6         | 3   | 5     | 13    | 122  |
| 1138 | Tony       | Letts      | Northampton Road Runners     | 50-54   | 1         |          | 1       | 1           | 2         | 1   | 4     | 5     | 113  |
| 1615 | Brendan    | Moen       | Rugby & Northampton AC       | 50-54   | 3         | 1        | 2       | 3           | 5         | 2   | 5     | 9     | 155  |
| 131  | John       | Decesare   | Amphill & Flitwick Flyers    | 50-54   |           | 5        | 3       | 2           | 3         | 3   | 4     | 13    | 173  |
| 110  | Martin     | Beare      | Amphill & Flitwick Flyers    | 55-59   | 1         | 1        | 3       | 1           | 1         | 1   | 5     | 4     | 137  |
| 733  | Andy       | Green      | Team East Haddon             | 55-59   | 3         | 2        | 1       | 2           | 2         | 2   | 5     | 7     | 183  |
| 1028 | Peter      | Sibbett    | North Herts Road Runners     | 55-59   | 4         | 3        | 2       | 4           |           | 3   | 4     | 13    | 228  |
| 520  | Charlie    | Arnold     | Biggleswade AC               | 60-64   | 1         | 2        | 1       | 2           | 1         | 1   | 5     | 5     | 357  |
| 354  | David      | Frampton   | Bedford Harriers             | 60-64   |           | 1        | 2       | 1           | 3         | 2   | 4     | 7     | 373  |
| 782  | Mike       | Clark      | Leighton Fun Runners         | 60-64   | 2         | 3        | 3       | 3           | 2         | 3   | 5     | 10    | 447  |
| 1261 | Philip     | Abbitt     | Stopsley Striders            | 65-69   | 4         |          | 2       | 1           | 4         | 1   | 4     | 11    | 899  |
| 298  | Jack       | Chana      | Bedford Harriers             | 65-69   | 5         | 5        | 3       | 3           | 5         | 2   | 5     | 16    | 915  |
|      |            |            |                              | 65-69   |           |          |         |             |           | 3   |       |       |      |
| 337  | Frank      | Esaw       | Bedford Harriers             | 70-74   | 1         | 1        | 1       | 1           | 1         | 1   | 5     | 4     | 592  |
| 367  | Dave       | Girling    | Bedford Harriers             | 70-74   | 3         | 2        | 2       | 2           | 2         | 2   | 5     | 8     | 823  |
|      |            |            |                              | 70-74   |           |          |         |             |           | 3   |       |       |      |
| 1476 | Gerald     | Billis     | Wootton Road Runners         | 75-99   | 1         | 1        | 1       | 1           | 1         | 1   | 5     | 4     | 901  |
| 215  | Dave       | Sedgley    | Amphill & Flitwick Flyers    | 75-99   | 2         |          | 2       | 2           | 2         | 2   | 4     | 8     | 924  |
|      |            |            |                              | 75-99   |           |          |         |             |           | 3   |       |       |      |

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After 5 Events

## Women By Age Category

12-January-2020

| No.  | First Name | Surname     | Club                         | Age Cat | Well'boro | Leighton | Wootton | North Herts | Dunstable | Pos | Races | Score | Open |
|------|------------|-------------|------------------------------|---------|-----------|----------|---------|-------------|-----------|-----|-------|-------|------|
|      |            |             |                              | 17-19   |           |          |         |             |           | 1   |       |       |      |
|      |            |             |                              | 17-19   |           |          |         |             |           | 2   |       |       |      |
|      |            |             |                              | 17-19   |           |          |         |             |           | 3   |       |       |      |
|      |            |             |                              | 20-24   |           |          |         |             |           | 1   |       |       |      |
|      |            |             |                              | 20-24   |           |          |         |             |           | 2   |       |       |      |
|      |            |             |                              | 20-24   |           |          |         |             |           | 3   |       |       |      |
| 1374 | Kelly      | Barnett     | Wellingborough & District AC | 25-29   |           | 1        | 1       | 1           | 1         | 1   | 4     | 4     | 19   |
| 543  | Natalie    | Garner      | Biggleswade AC               | 25-29   | 1         | 2        | 2       | 2           | 2         | 2   | 5     | 7     | 22   |
| 494  | Carla      | Whitmore    | Bedford Harriers             | 25-29   | 2         | 4        | 4       |             | 4         | 3   | 4     | 14    | 128  |
| 747  | Lindsay    | Scott       | Team East Haddon             | 30-34   |           | 1        | 1       | 1           | 1         | 1   | 4     | 4     | 27   |
| 695  | Becks      | Sharpe      | Dunstable Road Runners       | 30-34   | 2         | 2        | 2       | 2           | 5         | 2   | 5     | 8     | 60   |
| 1228 | Sarah      | McAuliffe   | Olney Runners                | 30-34   | 8         | 7        | 7       | 7           | 8         | 3   | 5     | 29    | 219  |
| 1433 | Lisa       | Smith       | Wellingborough & District AC | 35-39   | 1         | 2        |         | 2           | 2         | 1   | 4     | 7     | 28   |
| 750  | Liv        | Thompson    | Team East Haddon             | 35-39   | 2         | 4        | 3       | 3           | 3         | 2   | 5     | 11    | 44   |
| 715  | Frances    | Wynn        | Dunstable Road Runners       | 35-39   | 7         | 7        |         | 5           | 6         | 3   | 4     | 25    | 92   |
| 558  | Natalie    | Morgan      | Biggleswade AC               | 40-44   | 2         | 2        | 2       | 2           | 2         | 1   | 5     | 8     | 20   |
| 1403 | Louise     | Kemp        | Wellingborough & District AC | 40-44   | 4         | 3        | 3       | 4           | 3         | 2   | 5     | 13    | 64   |
| 853  | Rosie      | Booth       | Leighton Fun Runners         | 40-44   | 3         | 4        | 4       | 3           | 4         | 3   | 5     | 14    | 63   |
| 407  | Sally      | Knight      | Bedford Harriers             | 45-49   | 1         | 1        | 2       | 1           | 2         | 1   | 5     | 5     | 34   |
| 812  | Zoe        | Illingworth | Leighton Fun Runners         | 45-49   | 2         | 3        | 3       | 2           | 4         | 2   | 5     | 10    | 62   |
| 1225 | Mary       | Jones       | Olney Runners                | 45-49   | 5         | 5        |         | 3           | 7         | 3   | 4     | 20    | 134  |
| 870  | Paula      | Adams       | North Herts Road Runners     | 50-54   | 1         | 1        | 1       | 1           | 1         | 1   | 5     | 4     | 39   |
| 102  | Jo         | Aatkar      | Amphill & Flitwick Flyers    | 50-54   | 2         | 2        | 2       | 2           | 2         | 2   | 5     | 8     | 80   |
| 707  | Teresa     | Warren      | Dunstable Road Runners       | 50-54   | 3         | 3        | 4       | 4           | 4         | 3   | 5     | 14    | 109  |
| 484  | Bev        | Tredget     | Bedford Harriers             | 55-59   |           | 3        | 1       | 2           | 2         | 1   | 4     | 8     | 138  |
| 403  | Viv        | Kilgour     | Bedford Harriers             | 55-59   | 2         | 4        | 4       | 4           | 5         | 2   | 5     | 14    | 156  |
| 145  | Caroline   | Gilby       | Amphill & Flitwick Flyers    | 55-59   | 3         |          | 2       | 7           | 4         | 3   | 4     | 16    | 165  |
| 487  | Diane      | Wallis      | Bedford Harriers             | 60-64   | 4         | 4        | 5       | 3           |           | 1   | 4     | 16    | 339  |
| 1011 | Carina     | Quayle      | North Herts Road Runners     | 60-64   |           | 5        | 6       | 4           | 2         | 2   | 4     | 17    | 379  |
| 1319 | Frances    | Moss        | Stopsley Striders            | 60-64   | 6         | 6        | 9       |             | 6         | 3   | 4     | 27    | 493  |
| 774  | Christine  | Ayres       | Leighton Fun Runners         | 65-69   | 1         | 1        | 1       | 1           | 1         | 1   | 5     | 4     | 297  |
| 147  | Pat        | Godfrey     | Amphill & Flitwick Flyers    | 65-69   | 2         | 3        | 3       | 3           | 3         | 2   | 5     | 11    | 476  |
| 1206 | Liz        | Conibere    | Olney Runners                | 65-69   | 3         |          | 2       | 4           | 4         | 3   | 4     | 13    | 513  |
| 1592 | Angela     | Copson      | Rugby & Northampton AC       | 70-74   | 1         | 1        |         | 1           | 1         | 1   | 4     | 4     | 165  |
|      |            |             |                              | 70-74   |           |          |         |             |           | 2   |       |       |      |
|      |            |             |                              | 70-74   |           |          |         |             |           | 3   |       |       |      |
|      |            |             |                              | 75-99   |           |          |         |             |           | 1   |       |       |      |
|      |            |             |                              | 75-99   |           |          |         |             |           | 2   |       |       |      |
|      |            |             |                              | 75-99   |           |          |         |             |           | 3   |       |       |      |