

3 Counties Cross Country League Results

Venue **Dunstable**

12-January-2020

Ampthill & Flitwick Flyers

Team Score

696

Men

No.	First Name	Surname	Age Cat		Team
157	Tim	Harris	m35-39	1	1
200	Craig	Palmer	m30-34	2	2
227	Joe	Strange	m25-29	4	4
153	Ian	Halpin	m35-39	7	7
258	Paul	Farmer	m40-44	9	9
177	Chris	Littlejohn	m40-44	10	10
233	Steven	Upton	m45-49	14	14
234	Mark	Waine	m45-49	22	22
				69	69

Women

No.	First Name	Surname	Age Cat		Team
242	Abi	Wells-Day	f20-24	11	129
104	Jess	Anstee	f35-39	16	147
102	Jo	Aatkar	f50-54	19	161
189	Michelle	Morris	f35-39	31	190

77

627

Bedford Harriers

Team Score

1123

Men

No.	First Name	Surname	Age Cat		Team
497	Danny	Winn	m35-39	26	26
320	Tony	Davis	m50-54	43	43
314	Sean	Crawley	m45-49	49	51
439	Andy	Palembella	m35-39	51	54
467	Kevin	Shelton-Smith	m55-59	74	78
352	Simon	Foster	m45-49	83	87
290	Shaun	Busby	m30-34	105	114
411	Jason	Lake	m50-54	108	117
				539	570

Women

No.	First Name	Surname	Age Cat		Team
358	Gill	Fullen	f55-59	4	70
407	Sally	Knight	f45-49	12	130
461	Claire	Rulton	f40-44	23	174
294	Sally	Cartwright	f50-54	25	179

64

553

Biggleswade AC

Team Score

1168

Men

No.	First Name	Surname	Age Cat		Team
559	Rob	Morgan	m40-44	35	35
575	Alexander	Rogers	m30-34	42	42
562	Nick	Pillinger	m40-44	47	49
537	Marcus	Davey	m45-49	69	73
550	Nick	Haworth	m40-44	72	76
520	Charlie	Arnold	m60-64	97	103
551	Giles	Hawthorne	m45-49	130	145
553	Richard	Hill	m50-54	164	197
				656	720

Women

No.	First Name	Surname	Age Cat		Team
528	Hannah	Broom	f35-39	2	48
543	Natalie	Garner	f25-29	6	100
558	Natalie	Morgan	f40-44	9	113
572	Fiona	Wynde	f45-49	29	187

46

448

Dunstable Road Runners

Team Score

1401

Men

No.	First Name	Surname	Age Cat		Team
677	Lee	Murphy	m30-34	33	33
610	Darren	Cornish	m45-49	50	52
628	Lui	Falkner	m20-24	53	56
671	Liam	McNabola	m30-34	63	66
668	Cahal	McConville	m50-54	98	105
678	John	Murphy	m50-54	101	108
693	Scott	Riddell	m35-39	106	115
609	Mark	Cornell	m55-59	123	135
				627	670

Women

No.	First Name	Surname	Age Cat		Team
686	Emily	Prejac	f35-39	17	148
715	Frances	Wynn	f35-39	21	166
695	Becks	Sharpe	f30-34	36	202
707	Teresa	Warren	f50-54	42	215

116

731

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Leighton Fun Runners

Team Score

1301

Men

No.	First Name	Surname	Age Cat		Team
857	Matthew	Ma	m30-34	16	16
793	Tom	Ellerton	m25-29	41	41
785	Martin	Crane	m45-49	45	46
776	Ian	Bisby	m45-49	66	69
804	Dan	Green	m45-49	67	71
783	Tom	Clark	m25-29	71	75
842	Chris	Stenner	m50-54	88	93
809	Andrew	Heale	m50-54	95	101
				489	512

Women

No.	First Name	Surname	Age Cat		Team
853	Rosie	Booth	f40-44	22	170
812	Zoe	Illingworth	f45-49	28	185
823	Emily	McClelland	f30-34	39	210
808	Sam	Heady	f35-39	46	224

135

789

North Herts Road Runners

Team Score

566

Men

No.	First Name	Surname	Age Cat		Team
933	James	Fox	m17-19	3	3
885	Wayne	Bell	m40-44	8	8
1009	Edward	Price	m40-44	11	11
998	Stewart	Overton	m35-39	12	12
978	Jim	McConnel	m45-49	13	13
1001	Nathan	Pask	m40-44	17	17
1049	mark	Vaughan	m45-49	19	19
1020	matthew	Sayers	m40-44	21	21
				104	104

Women

No.	First Name	Surname	Age Cat		Team
947	Katie	Harbon	f20-24	3	53
979	Astrid	McKeown	f45-49	7	104
870	Paula	Adams	f50-54	14	143
893	Rhia	Botha	f30-34	20	162

44

462

Northampton Road Runners

Team Score

2261

Men

No.	First Name	Surname	Age Cat		Team
1095	Matthew	Clarke	m40-44	18	18
1138	Tony	Letts	m50-54	28	28
1123	Robert	Hemingway	m35-39	99	106
1117	John	Gibbins	m40-44	104	112
1159	Andrew	Rosewell	m30-34	139	156
1133	Mark	Kennedy	m45-49	147	168
1088	Dave	Blackburn	m60-64	175	218
1122	Alan	Hall	m60-64	193	262
				903	1068

Women

No.	First Name	Surname	Age Cat		Team
1152	Elaine	Palmer	f50-54	64	255
1164	Jo	Smith	f55-59	82	291
1151	Rachel	Palmer	f25-29	91	311
1139	Jo	Letts	f45-49	110	336

347

1193

Olney Runners

Team Score

1620

Men

No.	First Name	Surname	Age Cat		Team
1248	Laszio	Torjai	m40-44	23	23
1217	Chris	Dunn	m30-34	55	58
1208	Simon	Cook	m45-49	89	94
1204	Phil	Catchside	m45-49	91	96
1235	Dean	Sartin	m40-44	92	97
1214	Iain	Dickinson	m45-49	116	126
1240	Rob	White	m45-49	132	149
1241	Duncan	Winner	m40-44	154	178
				752	821

Women

No.	First Name	Surname	Age Cat		Team
1246	Felicity	Lawless	f35-39	27	182
1234	Lisa	Russell	f45-49	34	198
1225	Mary	Jones	f45-49	35	199
1228	Sarah	McAuliffe	f30-34	44	220

140

799

3 Counties Cross Country League Results

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Stopsley Striders

Team Score

1685

Men

No.	First Name	Surname	Age Cat		Team
1268	Robert	Barnes	m30-34	5	5
1299	Gez	Fallon	m45-49	85	89
1298	Martin	Fallon	m50-54	94	99
1272	Pat	Blessing	m55-59	110	119
1285	Ian	Curry	m40-44	111	120
1288	Philip	Davies	m25-29	113	123
1333	Tom	Rankin	m20-24	124	136
1309	Danny	Kelly	m55-59	129	142
				771	833

Women

No.	First Name	Surname	Age Cat		Team
1312	Christine	Lathwell	f40-44	1	44
1265	Karen	Ashby	f60-64	62	253
1305	Peta	Hendry	f50-54	63	254
1292	Ruth	Doyle	f50-54	85	301

211

852

Team East Haddon

Team Score

1552

Men

No.	First Name	Surname	Age Cat		Team
761	Edward	Wise	m20-24	39	39
764	Dave	Blake	m30-34	52	55
756	Stuart	Wheeldon	m45-49	58	61
733	Andy	Green	m55-59	60	63
735	Adrian	Homer	m45-49	62	65
762	Oliver	Munns	m20-24	68	72
760	Gary	Burton	m35-39	78	82
759	Adam	Wright	m40-44	84	88
				501	525

Women

No.	First Name	Surname	Age Cat		Team
747	Lindsay	Scott	f30-34	8	111
750	Liv	Thompson	f35-39	15	144
	Last	Lady		147	386
	Last	Lady		147	386

317

1027

Wellingborough & District AC

Team Score

881

Men

No.	First Name	Surname	Age Cat		Team
1427	Jonny	Reep	m20-24	15	15
1443	John	Wayland	m40-44	20	20
1393	Jason	French	m35-39	29	29
1402	Jon	Kemp	m45-49	46	47
1399	Paul	Huckle	m30-34	48	50
1389	Peter	Cowler	m40-44	61	64
1387	Craig	Clements	m35-39	64	67
1400	Ian	Jones	m35-39	76	80
				359	372

Women

No.	First Name	Surname	Age Cat		Team
1374	Kelly	Barnett	f25-29	5	91
1433	Lisa	Smith	f35-39	10	122
1375	Katherine	Baxter-Smith	f30-34	13	137
1403	Louise	Kemp	f40-44	18	159

46

509

Wootton Road Runners

Team Score

1577

Men

No.	First Name	Surname	Age Cat		Team
1493	Andy	Fairley	m40-44	6	6
1525	Richard	Lack	m45-49	38	38
1554	Phil	Wood	m40-44	81	85
1558	Anthony	Baross	m55-59	96	102
1533	Richard	Moore	m55-59	107	116
1512	Graham	Hollowell	m50-54	115	125
1570	Matt	Lever	m40-44	143	163
1499	Niall	Gardiner	m40-44	166	201
				752	836

Women

No.	First Name	Surname	Age Cat		Team
1495	Kairit	Fitzgerald	f35-39	24	176
1478	Louise	Birkett-swain	f45-49	26	180
1569	Laura	Lever	f30-34	30	189
1514	Frances	Hooper	f40-44	33	196

113

741

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Rugby & Northampton AC

Team Score

3662

Men

No.	First Name	Surname	Age Cat		Team
1615	Brendan	Moen	m50-54	79	83
1621	John	Saw	m40-44	103	110
1613	Alex	McMurtrie	m50-54	122	134
	Last	Man		240	386
	Last	Man		240	386
	Last	Man		240	386
	Last	Man		240	386
	Last	Man		240	386
				1504	2257

Women

No.	First Name	Surname	Age Cat		Team
1592	Angela	Copson	f70-74	57	247
	Last	Lady		147	386
	Last	Lady		147	386
	Last	Lady		147	386

498

1405

Team Summary

	Men		Women		Team			
Ampthill & Flitwick Flyers	1	69	5	77	2	69	627	696
Bedford Harriers	6	539	4	64	4	570	553	1123
Biggleswade AC	8	656	2	46	5	720	448	1168
Dunstable Road Runners	7	627	7	116	7	670	731	1401
Leighton Fun Runners	4	489	8	135	6	512	789	1301
North Herts Road Runners	2	104	1	44	1	104	462	566
Northampton Road Runners	12	903	12	347	12	1068	1193	2261
Olney Runners	9	752	9	140	10	821	799	1620
Stopsley Striders	11	771	10	211	11	833	852	1685
Team East Haddon	5	501	11	317	8	525	1027	1552
Wellingborough & District AC	3	359	2	46	3	372	509	881
Wootton Road Runners	9	752	6	113	9	836	741	1577
Rugby & Northampton AC	13	1504	13	498	13	2257	1405	3662

Total of Scoring Men's Teams	9357	Contribution to	48.00%
Total of Scoring Women's Teams	10136	Team Scores	52.00%