

### 3 Counties Cross Country League Results

After 4 Events

14-January-2024

	Well'boro		Wootton		North Herts		Stopsley		Dunstable		Total		Position
	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	
<b>Men</b>													
Ampthill & Flitwick Flyers	12	206	12	182	12	185	11	280			47	853	3
Bedford Harriers	10	456	11	356	11	344	12	220			44	1376	4
Biggleswade AC	1	1355	1	1555	3	1022	3	1101			8	5033	14
Dunstable Road Runners	2	1298	2	1534	1	1543	4	1043			9	5418	13
Leighton Fun Runners	8	546	6	721	6	742	6	670			26	2679	8
North Herts Road Runners	13	158	13	150	14	108	13	177			53	593	2
Northampton Road Runners	4	905	4	849	2	1296	1	1416			11	4466	12
Olney Runners	11	370	9	504	10	460	8	410			38	1744	5
Stopsley Striders	9	538	7	618	8	497	9	384			33	2037	7
Northants Tri	6	750	8	614	7	662	5	868			26	2894	9
Wellingborough & District AC	7	569	10	468	9	464	10	328			36	1829	6
Wootton Road Runners	5	796	5	825	4	802	2	1275			16	3698	11
<b>Rugby &amp; Northampton AC</b>	<b>14</b>	<b>121</b>	<b>14</b>	<b>75</b>	<b>13</b>	<b>147</b>	<b>14</b>	<b>159</b>			<b>55</b>	<b>502</b>	<b>1</b>
Dunstable Lions	3	956	3	1251	5	765	7	544			18	3516	10

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<b>Women</b>													
Ampthill & Flitwick Flyers	9	102	9	127	10	99	5	170			33	498	5
Bedford Harriers	10	83	11	91	12	72	13	58			46	304	3
Biggleswade AC	8	144	6	195	11	86	4	176			29	601	7
Dunstable Road Runners	3	347	2	307	6	281	8	138			19	1073	12
Leighton Fun Runners	5	202	3	305	5	285	10	117			23	909	11
<b>North Herts Road Runners</b>	<b>14</b>	<b>38</b>	<b>14</b>	<b>36</b>	<b>13</b>	<b>45</b>	<b>14</b>	<b>23</b>			<b>55</b>	<b>142</b>	<b>1</b>
Northampton Road Runners	1	354	4	277	3	312	1	451			9	1394	14
Olney Runners	2	352	8	165	8	134	7	158			25	809	9
Stopsley Striders	7	150	5	276	9	100	12	86			33	612	6
Northants Tri	4	239	1	318	2	383	2	369			9	1309	13
Wellingborough & District AC	12	66	10	104	4	291	3	286			29	747	8
Wootton Road Runners	11	78	12	71	7	138	6	169			36	456	4
Rugby & Northampton AC	13	46	13	46	14	26	11	102			51	220	2
Dunstable Lions	7	150	7	189	1	391	9	124			24	854	10

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	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	Points	Score	
Ampthill & Flitwick Flyers	12	834	12	947	12	833	10	1092			46	3706	4
Bedford Harriers	11	1012	11	995	11	855	13	665			46	3527	3
Biggleswade AC	2	2566	2	2925	6	1738	4	2143			14	9372	12
Dunstable Road Runners	1	3009	1	3348	1	3261	5	2117			8	11735	14
Leighton Fun Runners	8	1480	5	1970	5	1978	6	1394			24	6822	8
<b>North Herts Road Runners</b>	<b>14</b>	<b>498</b>	<b>13</b>	<b>512</b>	<b>13</b>	<b>480</b>	<b>14</b>	<b>442</b>			<b>54</b>	<b>1932</b>	<b>1</b>
Northampton Road Runners	3	2306	4	2146	2	2833	1	3269			10	10554	13
Olney Runners	6	1603	9	1387	9	1233	9	1151			33	5374	7
Stopsley Striders	9	1327	7	1838	10	1190	11	947			37	5302	5
Northants Tri	5	1842	6	1859	4	2023	3	2287			18	8011	11
Wellingborough & District AC	10	1114	10	1143	8	1580	7	1331			35	5168	6
Wootton Road Runners	7	1496	8	1478	7	1631	2	2538			24	7143	9
Rugby & Northampton AC	13	503	14	497	14	462	12	755			53	2217	2
Dunstable Lions	4	1921	3	2382	3	2182	8	1237			18	7722	10