

3 Counties Cross Country League Results

Venue		Stopsley		14-January-2024				Team	AgeCat
Pos.		First Name	Surname	Club	Category	Points	Points	Points	
1	1070	Mohammed	Elbayan	Stopsley Striders	M20-24	1	1	1	
2	1010	Matthew	Dicks	Olney Runners	m20-24	2	2	2	
3	8	Tom	Webb	North Herts Road Runners	m35-39	3	3	1	
4	1440	Stuart	Harman	Rugby & Northampton AC	m30-34	4	4	1	
5	1275	John	Wayland	Wellingborough & District AC	m45-49	5	5	1	
6	1364	David	Ball	Rugby & Northampton AC	m40-44	6	6	1	
7	1424	Ben	Merriman	Rugby & Northampton AC	m40-44	7	7	2	
8	192	Dan	Karaiskou	Amphill & Flitwick Flyers	m25-29	8	8	1	
9	1426	Chris	Wood	Rugby & Northampton AC	m45-49	9	9	2	
10	1018	Chris	Ling	Olney Runners	m40-44	10	10	3	
11	17	Andrew	Leach	North Herts Road Runners	m55-59	11	11	1	
12	1411	Sam	Tallet	Rugby & Northampton AC	m35-39	12	12	2	
13	30	Rob	Jowett	North Herts Road Runners	m30-34	13	13	2	
14	1230	Jason	French	Wellingborough & District AC	m40-44	14	14	4	
15	200	Llam	McNabola	Amphill & Flitwick Flyers	m35-39	15	15	3	
16	1101	Tom	Rankin	Stopsley Striders	M25-29	16	16	2	
17	442	Phill	Jamieson	Bedford Harriers	m35-39	17	17	4	
18	1049	Rob	Barnes	Stopsley Striders	M35-39	18	18	5	
19	197	Chris	Littlejohn	Amphill & Flitwick Flyers	m40-44	19	19	5	
20	293	Daniel	Foster	Bedford Harriers	m20-24	20	20	3	
21	37	Matt	Sayers	North Herts Road Runners	m45-49	21	21	3	
22	443	Danny	Winn	Bedford Harriers	m35-39	22	22	6	
23	375	Graham	Pratt	Bedford Harriers	m30-34	23	23	3	
24	1035	Laszlo	Torjai	Olney Runners	m45-49	24	24	4	
25	1	Katie	Harbon	North Herts Road Runners	f25-29	1	25	1	
26	95	Rob	Harris	North Herts Road Runners	m45-49	25	26	5	
27	69	Vince	Wright	North Herts Road Runners	m45-49	26	27	6	
28	318	David	Haslam	Bedford Harriers	m40-44	27	28	6	
29	627	Gabriel	Popescu	Dunstable Lions	M35-39	28	29	7	
30	625	Darren	Cornish	Dunstable Lions	M50-54	29	30	1	
31	429	Vittorio	Paci	Bedford Harriers	m50-54	30	31	2	
32	222	Barry	Stratford	Amphill & Flitwick Flyers	m40-44	31	32	7	
33	235	Paul	Farmer	Amphill & Flitwick Flyers	m45-49	32	33	7	
34	1097	Ryan	Parsons	Stopsley Striders	M25-29	33	34	3	
35	445	Adam	Hill	Bedford Harriers	m25-29	34	35	4	
36	1160	Simon	Smith	Northants Tri	M25-29	35	36	5	
37	1029	Thomas	Baggott	Olney Runners	m35-39	36	37	8	
38	84	Mike	Bannister	North Herts Road Runners	m45-49	37	38	8	
39	1249	Ed	Norris	Wellingborough & District AC	m30-34	38	39	4	
40	1429	Dave	Conway	Rugby & Northampton AC	m40-44	39	40	8	
41	995	Katie	Godof	Olney Runners	f45-49	2	41	1	
42	1403	Richard	Owen	Rugby & Northampton AC	m45-49	40	42	9	
43	22	Ian	Datlen	North Herts Road Runners	m50-54	41	43	3	
44	1381	Paul	Furness	Rugby & Northampton AC	m50-54	42	44	4	
45	1267	James	White	Wellingborough & District AC	m40-44	43	45	9	
46	1228	Peter	Cowler	Wellingborough & District AC	m45-49	44	46	10	
47	1237	Jon	Kemp	Wellingborough & District AC	m50-54	45	47	5	
48	1430	Josh	Tiffin	Rugby & Northampton AC	m30-34	46	48	5	
49	430	Ed	Castro	Bedford Harriers	m35-39	47	49	9	
50	156	Andy	Bierton	Amphill & Flitwick Flyers	m50-54	48	50	6	
51	1296	Richard	Lack	Wootton Road Runners	m50-54	49	51	7	
52	1083	Christine	Lathwell	Stopsley Striders	F45-49	3	52	2	
53	228	Nick	White	Amphill & Flitwick Flyers	m50-54	50	53	8	
54	708	Tom	Ellerton	Leighton Fun Runners	M30-34	51	54	6	
55	1024	Dean	Sartin	Olney Runners	m45-49	52	55	11	
56	1155	Andy	Green	Northants Tri	M55-59	53	56	2	
57	1398	Brendan	Moens	Rugby & Northampton AC	m55-59	54	57	3	
58	321	Adam	Hills	Bedford Harriers	m45-49	55	58	12	
59	1225	Craig	Clements	Wellingborough & District AC	m40-44	56	59	10	

3 Counties Cross Country League Results

Venue		Stopsley		14-January-2024				Team Points	AgeCat Points
Pos.		First Name	Surname	Club	Category	Points			
60	56	Elliot	Jackson	North Herts Road Runners	m25-29	57	60	6	
61	42	Will	Harrison	North Herts Road Runners	m40-44	58	61	11	
62	50	Rhia	Botha	North Herts Road Runners	f35-39	4	62	1	
63	559	Jose	Santos	Dunstable Road Runners	m45-49	59	63	13	
64	67	Oliver	Parsons	North Herts Road Runners	m40-44	60	64	12	
65	57	Michael	Philips	North Herts Road Runners	m40-44	61	65	13	
66	594	Bryn	Thomas	Dunstable Road Runners	m40-44	62	66	14	
67	738	Nicholas	Shelley	Leighton Fun Runners	M35-39	63	67	10	
68	1154	Pete	DeBoo	Northants Tri	M30-34	64	68	7	
69	710	Daniel	Green	Leighton Fun Runners	M45-49	65	69	14	
70	388	Kevin	Shelton-Smith	Bedford Harriers	m60-64	66	70	1	
71	1383	Jo	Harris	Rugby & Northampton AC	f40-44	5	71	1	
72	1161	Jonathan	Prince	Northants Tri	M30-34	67	72	8	
73	1063	Ellie	Davies	Stopsley Striders	M30-34	68	73	9	
74	629	Richard	Moore	Dunstable Lions	M40-44	69	74	15	
75	638	Wesley	Thorne	Dunstable Lions	M45-49	70	75	15	
76	1304	Kairit	Fitzgerald	Wootton Road Runners	f40-44	6	76	2	
77	65	Adrian	Sherwood	North Herts Road Runners	m55-59	71	77	4	
78	31	Natasha	Pitman	North Herts Road Runners	f45-49	7	78	3	
79	15	James	Walsh	North Herts Road Runners	m55-59	72	79	5	
80	323	Nicolae	Hogas	Bedford Harriers	m45-49	73	80	16	
81	1072	Gez	Fallon	Stopsley Striders	M50-54	74	81	9	
82	340	Stuart	Knight	Bedford Harriers	m55-59	75	82	6	
83	1045	Paul	Abrahams	Stopsley Striders	M45-49	76	83	17	
84	184	Callum	Harrison	Amphill & Flitwick Flyers	m30-34	77	84	10	
85	35	John	Auld	North Herts Road Runners	m40-44	78	85	16	
86	1606	Joshua	Brown	Dunstable Lions	m17-19	79	86	1	
87	664	Rosie	Booth	Leighton Fun Runners	F45-49	8	87	4	
88	622	Mark	Castleton	Dunstable Lions	M45-49	80	88	18	
89	389	Ellie	Sherriffs	Bedford Harriers	f35-39	9	89	2	
90	739	Chris	Stenner	Leighton Fun Runners	M55-59	81	90	7	
91	563	Neil	Currant	Dunstable Road Runners	m45-49	82	91	19	
92	1238	Ady	King	Wellingborough & District AC	m50-54	83	92	10	
93	1404	Nigel	Roberts	Rugby & Northampton AC	m50-54	84	93	11	
94	522	Nicky	Upperton	Biggleswade AC	F30-34	10	94	1	
95	11	Hannah	Ridley	North Herts Road Runners	f25-29	11	95	2	
96	635	Frances	Vosper	Dunstable Lions	F40-44	12	96	3	
97	639	Andy	Smith	Dunstable Lions	M55-59	85	97	8	
98	360	Juliet	Naylor	Bedford Harriers	f50-54	13	98	1	
99	1017	Andrew	Jones	Olney Runners	m55-59	86	99	9	
100	54	Astrid	Mckeown	North Herts Road Runners	f50-54	14	100	2	
101	1323	Mark	Fowler	Wootton Road Runners	m40-44	87	101	17	
102	1224	Mark	Bonham	Wellingborough & District AC	m55-59	88	102	10	
103	574	Nikk	Shilcock	Dunstable Road Runners	m55-59	89	103	11	
104	1012	Chris	Dunn	Olney Runners	m35-39	90	104	11	
105	353	Gary	Mckeaveney	Bedford Harriers	m40-44	91	105	18	
106	32	Jane	Clarke	North Herts Road Runners	f40-44	15	106	4	
107	517	Alistair	Nelson	Biggleswade AC	M30-34	92	107	11	
108	280	Richard	Evans	Bedford Harriers	m35-39	93	108	12	
109	508	Nick	Haworth	Biggleswade AC	M45-49	94	109	20	
110	1250	Nicholas	Page	Wellingborough & District AC	m65-69	95	110	1	
111	322	Chris	Hoare	Bedford Harriers	m40-44	96	111	19	
112	713	Andrew	Heale	Leighton Fun Runners	M55-59	97	112	12	
113	1109	Silesk	Tesema	Stopsley Striders	M55-59	98	113	13	
114	21	Peter	Sibbett	North Herts Road Runners	m60-64	99	114	2	
115	702	Jim	Buttleman	Leighton Fun Runners	M55-59	100	115	14	
116	287	Mark	Finn	Bedford Harriers	m45-49	101	116	21	
117	1366	Vince	Carroll	Rugby & Northampton AC	m50-54	102	117	12	
118	1117	Nick	Betts	Stopsley Striders	M40-44	103	118	20	

3 Counties Cross Country League Results

Venue		Stopsley		14-January-2024				Team	AgeCat
Pos.		First Name	Surname	Club	Category	Points	Points	Points	
119	640	Russell	Mead	Dunstable Lions	M50-54	104	119	13	
120	1112	Lucy	Treleven	Stopsley Striders	F20-24	16	120	1	
121	77	Jack	Smislaert	North Herts Road Runners	m25-29	105	121	7	
122	712	Richard	Heady	Leighton Fun Runners	M35-39	106	122	13	
123	711	Kevin	Hare	Leighton Fun Runners	M50-54	107	123	14	
124	1156	Andy	Verra	Northants Tri	M35-39	108	124	14	
125	381	Kirsty	Robertson	Bedford Harriers	f30-34	17	125	2	
126	644	Emily	Gibbons	Dunstable Lions	F40-44	18	126	5	
127	1378	Nick	Feledziak	Rugby & Northampton AC	m30-34	109	127	12	
128	420	Abigail	Turner	Bedford Harriers	f50-54	19	128	3	
129	1007	Justin	Crook	Olney Runners	m45-49	110	129	22	
130	509	Giles	Hawthorne	Biggleswade AC	M45-49	111	130	23	
131	1406	Laurence	Scott	Rugby & Northampton AC	m60-64	112	131	3	
132	446	Matthew	James	Bedford Harriers	m35-39	113	132	15	
133	1207	Louise	Kemp	Wellingborough & District AC	f45-49	20	133	5	
134	1171	Peter	Shires	Northants Tri	m35-39	114	134	16	
135	1438	Sophie	Wilkinson-Hargate	Rugby & Northampton AC	f45-49	21	135	6	
136	1116	Kallum	Wright	Stopsley Striders	M30-34	115	136	13	
137	24	Balljeet	Sandher	North Herts Road Runners	m45-49	116	137	24	
138	1287	Graham	Hollowell	Wootton Road Runners	m55-59	117	138	15	
139	203	Chris	Newnham	Amphill & Flitwick Flyers	m60-64	118	139	4	
140	1243	Neil	Mcdonald	Wellingborough & District AC	m60-64	119	140	5	
141	243	Juan Carlos	Augusto	Bedford Harriers	m55-59	120	141	16	
142	504	Natalie	Garner	Biggleswade AC	F30-34	22	142	3	
143	1264	Christopher	Norris	Wellingborough & District AC	m65-69	121	143	2	
144	720	Joseph	Langdon	Leighton Fun Runners	M45-49	122	144	25	
145	201	Philip	Mead	Amphill & Flitwick Flyers	m35-39	123	145	17	
146	819	Mark	Garrett	Northampton Road Runners	m60-64	124	146	6	
147	1393	Smail	Kennas	Rugby & Northampton AC	m70-74	125	147	1	
148	175	Fraser	Geddes	Amphill & Flitwick Flyers	m40-44	126	148	21	
149	1028	Duncan	Winner	Olney Runners	m45-49	127	149	26	
150	74	Paula	Adams	North Herts Road Runners	f50-54	23	150	4	
151	97	Simom	Clapham	North Herts Road Runners	m30-34	128	151	14	
152	1025	David	Shakespeare	Olney Runners	m55-59	129	152	17	
153	714	Christopher	Heale	Leighton Fun Runners	M20-24	130	153	4	
154	650	Cahal	McConville	Dunstable Lions	M55-59	131	154	18	
155	295	David	Frampton	Bedford Harriers	m65-69	132	155	3	
156	586	Emma	Stevens	Dunstable Road Runners	f40-44	24	156	6	
157	637	Bex	Sharpe	Dunstable Lions	F35-39	25	157	3	
158	1054	Peter	Brown	Stopsley Striders	M35-39	133	158	18	
159	251	Heather	Bourne	Bedford Harriers	f35-39	26	159	4	
160	997	Mary	Jones	Olney Runners	f45-49	27	160	7	
161	1108	Charlotte	Snowdon	Stopsley Striders	F40-44	28	161	7	
162	511	Richard	Hill	Biggleswade AC	M55-59	134	162	19	
163	62	Caroline	Thrussell	North Herts Road Runners	f60-64	29	163	1	
164	749	Emily	Heale	Leighton Fun Runners	F20-24	30	164	2	
165	562	Matt	Deller	Dunstable Road Runners	m45-49	135	165	27	
166	721	William	Langdon	Leighton Fun Runners	M40-44	136	166	22	
167	33	Richard	Harbon	North Herts Road Runners	m60-64	137	167	7	
168	956	David	Whatton	Northampton Road Runners	m55-59	138	168	20	
169	234	Ed	Bell	Amphill & Flitwick Flyers	m25-29	139	169	8	
170	590	Sharon	Nimmo	Dunstable Road Runners	f40-44	31	170	8	
171	107	Kyrstin	Fairweather	Amphill & Flitwick Flyers	f50-54	32	171	5	
172	161	Warwick	Browning	Amphill & Flitwick Flyers	m65-69	140	172	4	
173	1082	Danny	Kelly	Stopsley Striders	M60-64	141	173	8	
174	1052	Mark	Bradley	Stopsley Striders	M50-54	142	174	15	
175	232	Jakob	Wood	Amphill & Flitwick Flyers	m17-19	143	175	2	
176	354	Michael	McVitie	Bedford Harriers	m45-49	144	176	28	
177	256	Paul	Britton	Bedford Harriers	m35-39	145	177	19	

3 Counties Cross Country League Results

Venue		Stopsley		14-January-2024				Team	AgeCat
Pos.		First Name	Surname	Club	Category	Points	Points	Points	
178	58	Natalie	Philips	North Herts Road Runners	f40-44	33	178	9	
179	157	Mark	Billington	Amphill & Flitwick Flyers	m55-59	146	179	21	
180	703	Adam	Carter	Leighton Fun Runners	M35-39	147	180	20	
181	1330	kirsty	ransom	Wootton Road Runners	f35-39	34	181	5	
182	356	Andrew	Monteith	Bedford Harriers	m50-54	148	182	16	
183	379	Andrew	Robertson	Bedford Harriers	m65-69	149	183	5	
184	719	Mark	Kleanthous	Leighton Fun Runners	M60-64	150	184	9	
185	695	Jess	Stenner	Leighton Fun Runners	F17-19	35	185	1	
186	657	Martina	Kidney	Dunstable Lions	M55-59	151	186	22	
187	630	Mark	Cornell	Dunstable Lions	M55-59	152	187	23	
188	385	Nick	Sandle	Bedford Harriers	m55-59	153	188	24	
189	1369	Hayley	Clarke	Rugby & Northampton AC	f45-49	36	189	8	
190	374	Jonathan	Powell	Bedford Harriers	m25-29	154	190	9	
191	1309	janet	mittchell	Wootton Road Runners	f60-64	37	191	2	
192	272	Nick	Cross	Bedford Harriers	m60-64	155	192	10	
193	144	Jessica	Anstee	Amphill & Flitwick Flyers	f40-44	38	193	10	
194	1399	Richard	Monk	Rugby & Northampton AC	m65-69	156	194	6	
195	1084	Miriam	Linforth	Stopsley Striders	F40-44	39	195	11	
196	1402	Lyndsey	Owen	Rugby & Northampton AC	f45-49	40	196	9	
197	1003	Chris	Barnes	Olney Runners	m55-59	157	197	25	
198	569	Teresa	Warren	Dunstable Road Runners	f50-54	41	198	6	
199	1410	Carl	Swan	Rugby & Northampton AC	m40-44	158	199	23	
200	568	Sue	McAvock	Dunstable Road Runners	f50-54	42	200	7	
201	115	Sophie	Harrison-Windmill	Amphill & Flitwick Flyers	f30-34	43	201	4	
202	1111	Chris	Treleaven	Stopsley Striders	M50-54	159	202	17	
203	376	Matt	Pyecroft	Bedford Harriers	m50-54	160	203	18	
204	182	Robert	Hardwick	Amphill & Flitwick Flyers	m40-44	161	204	24	
205	1401	Bernie	Myers	Rugby & Northampton AC	m60-64	162	205	11	
206	674	Samantha	Heady	Leighton Fun Runners	F40-44	44	206	12	
207	314	Nora	Haggart	Bedford Harriers	f65-69	45	207	1	
208	1416	Catherine	Williams	Rugby & Northampton AC	f60-64	46	208	3	
209	999	Sarah	McAuliffe	Olney Runners	f35-39	47	209	6	
210	39	Helen	Cairns	North Herts Road Runners	f45-49	48	210	10	
211	1212	Emma	Moore	Wellingborough & District AC	f40-44	49	211	13	
212	532	Charlie	Arnold	Biggleswade AC	M65-69	163	212	7	
213	742	Wayne	Walker	Leighton Fun Runners	M45-49	164	213	29	
214	1118	Jem	Campbell	Stopsley Striders	F35-39	50	214	7	
215	1152	Tiphanie	Marshall	Northants Tri	F35-39	51	215	8	
216	808	David	Emms	Northampton Road Runners	m30-34	165	216	15	
217	518	Damien	Pitts	Biggleswade AC	M40-44	166	217	25	
218	76	Georga	Head	North Herts Road Runners	f20-24	52	218	3	
219	645	Simon	Robbinson	Dunstable Lions	M50-54	167	219	19	
220	1115	Paul	Whitford	Stopsley Striders	M55-59	168	220	26	
221	324	Dave	Holt	Bedford Harriers	m65-69	169	221	8	
222	1122	Jamila	Salam	Stopsley Striders	F35-39	53	222	9	
223	526	Stuart	Highland	Biggleswade AC	M50-54	170	223	20	
224	500	Ricky	Byrne	Biggleswade AC	M35-39	171	224	21	
225	447	Stuart	Snelson	Bedford Harriers	m45-49	172	225	30	
226	361	Lauren	Owens	Bedford Harriers	f35-39	54	226	10	
227	1149	Gemma	McRae	Northants Tri	F35-39	55	227	11	
228	1081	Paul	Keech	Stopsley Striders	m60-64	173	228	12	
229	907	Steve	Prior	Northampton Road Runners	m55-59	174	229	27	
230	1396	Trudi	Mawby	Rugby & Northampton AC	f40-44	56	230	14	
231	36	Andrew	Coates	North Herts Road Runners	m45-49	175	231	31	
232	1107	Mark	Smith	Stopsley Striders	M35-39	176	232	22	
233	124	Autumn	Lynch	Amphill & Flitwick Flyers	f55-59	57	233	1	
234	265	Ray	Cooke	Bedford Harriers	m55-59	177	234	28	
235	110	Caroline	Gilby	Amphill & Flitwick Flyers	f55-59	58	235	2	
236	1068	Andrew	Durrant	Stopsley Striders	M65-69	178	236	9	

3 Counties Cross Country League Results

Venue		Stopsley		14-January-2024				Team	AgeCat
Pos.		First Name	Surname	Club	Category	Points	Points	Points	
237	335	Viv	Kilgour	Bedford Harriers	f60-64	59	237	4	
238	825	Alan	Hall	Northampton Road Runners	m65-69	179	238	10	
239	1121	John	Ryan	Stopsley Striders	m60-64	180	239	13	
240	516	Natalie	Morgan	Biggleswade AC	F45-49	60	240	11	
241	191	Richie	Jones	Amphill & Flitwick Flyers	m55-59	181	241	29	
242	1056	Heather	Chandler	Stopsley Striders	F50-54	61	242	8	
243	101	Jo	Aatkar	Amphill & Flitwick Flyers	f55-59	62	243	3	
244	338	Ian	Kingstone	Bedford Harriers	m55-59	182	244	30	
245	331	Tony	Jones	Bedford Harriers	m60-64	183	245	14	
246	380	Karen	Robertson	Bedford Harriers	f60-64	63	246	5	
247	345	Laurene	Lee	Bedford Harriers	f45-49	64	247	12	
248	370	Michael	Parks	Bedford Harriers	m55-59	184	248	31	
249	1254	Marc	Sanderson	Wellingborough & District AC	m45-49	185	249	32	
250	1102	Stewart	Read	Stopsley Striders	M50-54	186	250	21	
251	1382	Sean	Godding-Povey	Rugby & Northampton AC	m55-59	187	251	32	
252	863	Rachel	Lewis	Northampton Road Runners	f35-39	65	252	12	
253	572	Robert	Lee	Dunstable Road Runners	m40-44	188	253	26	
254	78	Laurie	Scott	North Herts Road Runners	m50-54	189	254	22	
255	1291	James	Meade	Wootton Road Runners	m50-54	190	255	23	
256	404	Bev	Tredget	Bedford Harriers	f55-59	66	256	4	
257	136	Mei	Trace	Amphill & Flitwick Flyers	f55-59	67	257	5	
258	194	Ian	Lambert	Amphill & Flitwick Flyers	m50-54	191	258	24	
259	555	Helena	Kvepa	Dunstable Road Runners	f35-39	68	259	13	
260	658	Greer	Kidney	Dunstable Lions	F50-54	69	260	9	
261	1077	Wayne	Henry	Stopsley Striders	M50-54	192	261	25	
262	506	Ian	Grimwood	Biggleswade AC	M70-74	193	262	2	
263	166	Colin	Clennett	Amphill & Flitwick Flyers	m60-64	194	263	15	
264	288	Debi	Fisher	Bedford Harriers	f30-34	70	264	5	
265	1076	Peta	Henry	Stopsley Striders	F50-54	71	265	10	
266	153	Roger	Ball	Amphill & Flitwick Flyers	m50-54	195	266	26	
267	1047	Karen	Ashby	Stopsley Striders	F60-64	72	267	6	
268	682	Doubec	Levick	Leighton Fun Runners	F45-49	73	268	13	
269	12	Lucy	O'Connor	North Herts Road Runners	f60-64	74	269	7	
270	498	Michael	Ashiotis	Biggleswade AC	M40-44	196	270	27	
271	1367	Minerva	Chesser	Rugby & Northampton AC	f45-49	75	271	14	
272	405	James	Trodd	Bedford Harriers	m35-39	197	272	23	
273	392	Ronnie	Singleton-Lawley	Bedford Harriers	f60-64	76	273	8	
274	1408	Julie	Smith	Rugby & Northampton AC	f50-54	77	274	11	
275	631	Peter	Keane	Dunstable Lions	M60-64	198	275	16	
276	552	Claire	Thomas	Dunstable Road Runners	f40-44	78	276	15	
277	955	Barry	Wesley	Northampton Road Runners	m60-64	199	277	17	
278	1216	Mary	Pearson	Wellingborough & District AC	f35-39	79	278	14	
279	312	Joanne	Green	Bedford Harriers	f40-44	80	279	16	
280	141	Lottie	Burtenshaw	Amphill & Flitwick Flyers	f20-24	81	280	4	
281	1002	Helen	Sartin	Olney Runners	f45-49	82	281	15	
282	261	Jeanette	Cheetham	Bedford Harriers	f55-59	83	282	6	
283	501	Jennie	Day	Biggleswade AC	F55-59	84	283	7	
284	296	Amanda	Friman	Bedford Harriers	f65-69	85	284	2	
285	663	Christine	Ayers	Leighton Fun Runners	F70-74	86	285	1	
286	698	Paul	Atkinson	Leighton Fun Runners	M60-64	200	286	18	
287	775	David	Blackburn	Northampton Road Runners	m65-69	201	287	11	
288	71	Rhiannon	Brooks	North Herts Road Runners	f30-34	87	288	6	
289	63	Dawn	Power	North Herts Road Runners	f45-49	88	289	16	
290	571	Sharon	Hawkins	Dunstable Road Runners	f50-54	89	290	12	
291	25	Jo	Harbon	North Herts Road Runners	f55-59	90	291	8	
292	1307	Steve	Smith	Wootton Road Runners	m65-69	202	292	12	
293	103	Denise	Browning	Amphill & Flitwick Flyers	f60-64	91	293	9	
294	1315	Samantha	Inniss	Wootton Road Runners	f45-49	92	294	17	
295	549	Alison	Hunt	Dunstable Road Runners	f60-64	93	295	10	

3 Counties Cross Country League Results

Venue **Stopsley**

14-January-2024

Pos.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points
296	355	Gillian	Melia	Bedford Harriers	f50-54	94	13
297	1231	Alan	Griffiths	Wellingborough & District AC	m55-59	203	33
298	652	Lisa	Phee	Dunstable Lions	F40-44	95	17
299	584	Dave	Streeton	Dunstable Road Runners	m55-59	204	34
300	47	Jane	Molloy	North Herts Road Runners	f55-59	96	9
301	1316	Kay	Duffy	Wootton Road Runners	f45-49	97	18
302	1066	Ruth	Doyle	Stopsley Striders	F55-59	98	10
303	1079	Phil	Jeffrey	Stopsley Striders	M50-54	205	27
304	1371	Angela	Copson	Rugby & Northampton AC	f75-99	99	1
305	550	Carmel	Jarman	Dunstable Road Runners	f50-54	100	14
306	273	Sue	Cross	Bedford Harriers	f60-64	101	11
307	409	Helen	Whiting	Bedford Harriers	f35-39	102	15
308	94	Helen	Ankers	North Herts Road Runners	f30-34	103	7
309	281	Chris	Fadden	Bedford Harriers	m60-64	206	19
310	575	Hayley	Keeble	Dunstable Road Runners	f45-49	104	19
311	1325	zoe	hemsley	Wootton Road Runners	f50-54	105	15
312	1421	Sue	Deeley	Rugby & Northampton AC	f17-19	106	2
313	68	Hannah	Keeble	North Herts Road Runners	f40-44	107	18
314	1168	Adrian	Cherry	Northants Tri	M55-59	207	35
315	341	Eva	Kovacs	Bedford Harriers	f50-54	108	16
316	1334	Paul	warden	Wootton Road Runners	m60-64	208	20
317	1175	Katharine	Temple	Northants Tri	F30-34	109	8
318	421	Lisa	Calvert	Bedford Harriers	f50-54	110	17
319	1327	diane	rogers	Wootton Road Runners	f55-59	111	11
320	1322	jerry	Inniss	Wootton Road Runners	m60-64	209	21
321	27	Linda	Aird	North Herts Road Runners	f65-69	112	3
322	561	Lucilla	O'Brien	Dunstable Road Runners	f45-49	113	20
323	1317	Simon	mittchell	Wootton Road Runners	m60-64	210	22
324	732	Keith	Phillips	Leighton Fun Runners	M70-74	211	3
325	1120	Kat	Tuloo	Stopsley Striders	F45-49	114	21
326	1313	Kim	Pusey	Wootton Road Runners	f50-54	115	18
327	1078	Sally	Hunt	Stopsley Striders	F50-54	116	19
328	367	Emily	Parker	Bedford Harriers	f17-19	117	3
329	269	Steven	Crane	Bedford Harriers	m65-69	212	13
330	831	Theresa	Haworth	Northampton Road Runners	f35-39	118	16
331	726	Richard	Meredith	Leighton Fun Runners	M50-54	213	28
332	737	John	Riley	Leighton Fun Runners	M35-39	214	24
333	1293	Adrian	Matthews	Wootton Road Runners	m45-49	215	33
334	368	Justin	Parker	Bedford Harriers	m45-49	216	34
335	427	Richard	Beard	Bedford Harriers	m70-74	217	4
336	691	Janet	Langdon	Leighton Fun Runners	F70-74	119	2
337	369	Sarah	Parker	Bedford Harriers	f45-49	120	22
338	524	Jackie	Warren	Biggleswade AC	F55-59	121	12
339	1166	Anand	Mistry	Northants Tri	M35-39	218	25
340	91	Bev	Rimmer	North Herts Road Runners	f30-34	122	9
341	131	Helen	Satterthwaite	Amphill & Flitwick Flyers	f55-59	123	13
342	242	Jacqueline	Armstrong	Bedford Harriers	f55-59	124	14
343	168	Rob	Cook	Amphill & Flitwick Flyers	m65-69	219	14
344	1095	Charles	Nelis	Stopsley Striders	M55-59	220	36
345	336	Jenny	King	Bedford Harriers	f65-69	125	4
346	1106	Andrew	Reid	Stopsley Striders	M70-74	221	5
347	525	Holly	Ochiltree	Biggleswade AC	F35-39	126	17
348	1048	Kulwinder	Assra	Stopsley Striders	F55-59	127	15
349	994	Rachel	David	Olney Runners	f55-59	128	16
350	1163	Chris	Baldwin	Northants Tri	M40-44	222	28
351	556	Kelly	Bywaters	Dunstable Road Runners	f45-49	129	23
352	1058	Vicki	Crowston	Stopsley Striders	F40-44	130	19
353	558	Jonathan	Venning	Dunstable Road Runners	m70-74	223	6
354	570	Melody	Ntambalika	Dunstable Road Runners	f45-49	131	24

3 Counties Cross Country League Results

Venue **Stopsley**

14-January-2024

Pos.	First Name	Surname	Club	Category	Points	Team Points	AgeCat Points	
355	13	Lindsay	Cook	North Herts Road Runners	f45-49	132	355	25
356	507	Juliet	Grimwood	Biggleswade AC	F55-59	133	356	17
357	121	Claire	Jones	Amphill & Flitwick Flyers	f55-59	134	357	18
358	862	Sue	Lewis	Northampton Road Runners	f55-59	135	358	19
359	894	Caroline	Owers	Northampton Road Runners	f55-59	136	359	20
360	426	Jacinta	Horne	Bedford Harriers	f55-59	137	360	21
361	1055	Emma	Butcher	Stopsley Striders	F45-49	138	361	26
362	1204	Sally	Hewitt	Wellingborough & District AC	f70-74	139	362	3
363	266	Richard	Cordes	Bedford Harriers	m50-54	224	363	29
364	608	Stacey	Mills	Dunstable Road Runners	f55-59	140	364	22
365	218	Dave	Stanley	Amphill & Flitwick Flyers	m70-74	225	365	7
366	557	Johanna	Lee	Dunstable Road Runners	f40-44	141	366	20
367	607	Dean	Bugler	Dunstable Road Runners	m40-44	226	367	29
368	105	Valerie	Dawson	Amphill & Flitwick Flyers	f55-59	142	368	23
369	61	Miranda	Morgan	North Herts Road Runners	f65-69	143	369	5
370	577	Samantha	Hinton	Dunstable Road Runners	f40-44	144	370	21
371	289	Katie	Fletcher	Bedford Harriers	f30-34	145	371	10
372	647	Tina	Keane	Dunstable Lions	F55-59	146	372	24
373	1104	Sandy	Reeve-Smith	Stopsley Striders	F55-59	147	373	25
374	418	Rachel	Dell	Bedford Harriers	f45-49	148	374	27
375	510	Lynn	Hill	Biggleswade AC	F55-59	149	375	26
376	554	Clifford	Punter	Dunstable Road Runners	m60-64	227	376	23
377	357	Martine	Moon	Bedford Harriers	f65-69	150	377	6
378	275	Carole	Darnell	Bedford Harriers	f60-64	151	378	12
379	38	Andrew	Robson	North Herts Road Runners	m55-59	228	379	37
380	680	Clare	Kleanthous	Leighton Fun Runners	F60-64	152	380	13
381	860	Joanna	Letts	Northampton Road Runners	f50-54	153	381	20
382	343	Peter	Lawley	Bedford Harriers	m60-64	229	382	24
383	776	Helen	Blackburn	Northampton Road Runners	f55-59	154	383	27
384	933	Sue	Summers	Northampton Road Runners	f60-64	155	384	14
385	1177	Elle	Coombs	Northants Tri	F25-29	156	385	3
386	1167	Andy	Guilder	Northants Tri	M35-39	230	386	26
387	533	Samantha	Thorogood	Biggleswade AC	F45-49	157	387	28
388	839	Keren	Irving	Northampton Road Runners	f50-54	158	388	21
389	529	Louise	Pike	Biggleswade AC	F45-49	159	389	29
390	391	Jo	Simmons	Bedford Harriers	f45-49	160	390	30
391	582	Cheryl	Currant	Dunstable Road Runners	f45-49	161	391	31
392	352	Andrea	McGrellis	Bedford Harriers	f55-59	162	392	28
393	531	Emma	Bell	Biggleswade AC	F50-54	163	393	22
394	428	Laura	Corley	Bedford Harriers	f35-39	164	394	18
395	108	Rebecca	Fleckney	Amphill & Flitwick Flyers	f40-44	165	395	22
396	399	Ian	Soaft	Bedford Harriers	m70-74	231	396	8
397	1050	Leigh	Betts	Stopsley Striders	F45-49	166	397	32
398	690	Lynda	Murray	Leighton Fun Runners	F50-54	167	398	23
399	605	Angela	Tarbox	Dunstable Road Runners	f55-59	168	399	29
400	26	Brian	Judkins	North Herts Road Runners	m65-69	232	400	15
401	1073	Jane	Few	Stopsley Striders	F55-59	169	401	30
402	1099	Maria	Petts	Stopsley Striders	F40-44	170	402	23
403	433	Gemma	Stevenson	Bedford Harriers	f45-49	171	403	33
404	309	Bev	Gous	Bedford Harriers	f45-49	172	404	34
405	1295	Gerald	Billis	Wootton Road Runners	m75-99	233	405	1
406	111	Pat	Godfrey	Amphill & Flitwick Flyers	f70-74	173	406	4
407	1145	Val	Bridges	Northants Tri	F70-74	174	407	5