

3 Counties Cross Country League Results

Venue **Wing**

11-November-2012

Ampthill & Flitwick Flyers

Men

No.	First Name	Surname	Vet	2nd	Score
98	Phil	Holland			2
139	Mark	Waine	V40	S	10
91	Max	Dillon			11
96	Stephen	Hartley	V40		13
120	Craig	Palmer			14
97	Tim	Harris			15
67	George	Arbuckle			18
					83

Ladies

No.	First Name	Surname	Vet	2nd	Score
16	Amy	Farr			16
1	Jo	Aatkar	V40		26
37	Michelle	Morris			35
					77

Total 160

Bedford Harriers

Men

No.	First Name	Surname	Vet	2nd	Score
279	Marcus	Cookham	V40		4
351	Kevin	Willets	V45		24
367	Steve	Horton			30
291	Paul	Furness	V45		46
324	Andy	Palombella			50
358	Neil	Loader	V45		55
337	Dave	Sharman			79
					288

Ladies

No.	First Name	Surname	Vet	2nd	Score
185	Gill	Fullen	V45		1
184	Anna	Folland	V40		2
166	Sally	Cartwright	V45		7
					10

Total 298

Biggleswade AC

Men

No.	First Name	Surname	Vet	2nd	Score
432	Vince	Plosky	V40		29
428	Rob	Morgan			71
436	Adam	Murphy			92
425	Robert	Hemming	V45		99
443	Michael	Blunt			130
424	Giles	Hawthorn			172
417	Nigel	Bush	V60		215
					808

Ladies

No.	First Name	Surname	Vet	2nd	Score
391	Juliet	Nayler	V40		3
396	Isobel	Everest	V40		9
394	Fiona	Wynde	V35		28
					40

Total 848

Boxfit

Men

No.	First Name	Surname	Vet	2nd	Score
475	Darren	Deed		S	1
480	Paul	Halford	V45		7
488	Lyndon	Moore	V40		21
472	Dave	Bailey			27
478	Mark	George			32
477	Chris	George			37
474	Dave	Coard	V45		53
					178

Ladies

No.	First Name	Surname	Vet	2nd	Score
458	Claire	Murphy			29
457	Emma	Maggott			32
452	Sarah	Halford	V35		34
					95

Total 273

Dunstable Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
612	Stuart	Lamond			17
606	Winston	Woodward			54
610	Steve	Bracken			56
586	John	Murphy	V45		57
559	Stuart	Berry	V45		59
570	Mark	Ellingham	V55		68
585	Dave	Morgan	V45		77
					388

Ladies

No.	First Name	Surname	Vet	2nd	Score
541	Sam	Pretty			5
530	Sarah	Thome	V45		22
518	Ruth	Grint	V45		24
					51

Total 439

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Leighton Fun Runners

Men

No.	First Name	Surname	Vet	2nd	Score
669	Steve	Harrison	V40		23
682	Chris	Taylor	V45		48
685	Neil	Warby			51
676	John	Preston	V40		64
662	Colin	Aitkin			70
681	Gary	Stratford	V40	S	84
679	Anthony	Smith			94
					434

Ladies

No.	First Name	Surname	Vet	2nd	Score
654	Verity	Allsopp			42
637	Marianne	Lee			46
636	Georgie	Lee	V35		62
					150

Total 584

North Herts Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
779	Nick	Beresford			3
822	Andy	Mutton			6
819	Steve	Mckeown	V40		12
817	Nicholas	Malpeli	V45		33
845	Peter	Turner			40
848	Steve	Williamson	V45		42
788	Gary	Cook			43
					179

Ladies

No.	First Name	Surname	Vet	2nd	Score
736	Astrid	Mckeown	V35		4
707	Helen	Cairns	V35		25
738	Sarah	Mitcherson	V35		37
					66

Total 245

Northampton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
938	Chris	Lamb		S	9
925	Tony	Letts	V40		28
929	Mark	Nightingale	V45		74
915	Stuart	Drummond			76
943	Sam	Brown			81
918	Mark	Garrett	V50		125
916	John	Fleming	V40		137
					530

Ladies

No.	First Name	Surname	Vet	2nd	Score
862	Penny	Andrews	V45		31
873	Beckie	Hollowell	V40		54
871	Jocelyn	Granger	V50		59
					144

Total 674

Northampton Triathlon

Men

No.	First Name	Surname	Vet	2nd	Score
960	Tony	Robinson			31
993	James	Stimpson			120
1006	Will	Livingston	V40		140
988	Alex	Quibell			160
992	David	Stimpson	V45		165
983	Alex	Nau			178
998	Paul	Watts			182
					976

Ladies

No.	First Name	Surname	Vet	2nd	Score
959	Sarah	Warden	V45		106
951	Val	Bridges	V55		149
	Last	Lady			168
					423

Total 1399

Olney Runners

Men

No.	First Name	Surname	Vet	2nd	Score
1065	Thomas	Watson			5
1066	David	Glossy			26
1050	Gareth	Morris		S	47
1060	Steve	Dicks	V40		66
1058	George	Watson			78
1044	Doug	Chrystie			111
1046	John	Crouch	V50		113
					446

Ladies

No.	First Name	Surname	Vet	2nd	Score
1025	Lora	Garrod			11
1015	Caroline	Dickens	V35		65
1013	Bethan	Courtman	V40		79
					155

Total 601

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Stopsley Striders

Men

No.	First Name	Surname	Vet	2nd	Score
1121	Adrian	Copp	V40		25
1145	Lee	Murphy			38
1151	Mark	Sains			49
1134	Chris	Green			67
1137	Stuart	Harries			72
1138	Paul	Keech	V50		89
1131	Gez	Fallow	V40		96
					436

Ladies

No.	First Name	Surname	Vet	2nd	Score
1094	Alison	Sugars	V40		8
1095	Miriam	Tedder			17
1092	Liz	Rollinson	V40		18
					43

Total 479

Team East Haddon

Men

No.	First Name	Surname	Vet	2nd	Score
1188	Sam	Cortese	V50		212
	Last	Man			293
	Last	Man			293
	Last	Man			293
	Last	Man			293
	Last	Man			293
	Last	Man			293
	Last	Man			293
					1970

Ladies

No.	First Name	Surname	Vet	2nd	Score
	Last	Lady			168
	Last	Lady			168
	Last	Lady			168
					504

Total 2474

Wellingborough AC

Men

No.	First Name	Surname	Vet	2nd	Score
1339	Greg	Spellman	V45		8
1305	Jon	Kemp	V40		19
1344	Ben	Green			36
1307	Simon	Leisten			97
1292	Shaun	Cherry	V40		108
1313	Neil	McDonald	V50		116
1316	Kenneth	Mikkelsen			131
					515

Ladies

No.	First Name	Surname	Vet	2nd	Score
1224	Sarah	Ellwood	V35		19
1268	Bryna	Holmes			21
1241	Louise	Kemp			23
					63

Total 578

Wootton Road Runners

Men

No.	First Name	Surname	Vet	2nd	Score
1423	Chris	Galagher			16
1419	Mark	Fowler			39
1421	Richard	Fowler	V45		44
1446	Simon	Tootell			52
1431	Richard	Lack	V40		58
1432	Chris	Lazenby			62
1415	Matthew	Brown			63
					334

Ladies

No.	First Name	Surname	Vet	2nd	Score
1363	Julie	Dixon	V40		6
1353	Victoria	Ayliff			12
1358	Lee	Clayson	V45		27
					45

Total 379

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Team Summary

	Men		Ladies		Combined Team	
Ampthill & Flitwick Flyers	1	83	8	77	1	160
Bedford Harriers	4	288	1	10	4	298
Biggleswade AC	12	808	2	40	12	848
Boxfit	2	178	9	95	3	273
Dunstable Road Runners	6	388	5	51	6	439
Leighton Fun Runners	7	434	11	150	9	584
North Herts Road Runners	3	179	7	66	2	245
Northampton Road Runners	11	530	10	144	11	674
Northampton Triathlon	13	976	13	423	13	1399
Olney Runners	9	446	12	155	10	601
Stopsley Striders	8	436	3	43	7	479
Team East Haddon	14	1970	14	504	14	2474
Wellingborough AC	10	515	6	63	8	578
Wootton Road Runners	5	334	4	45	5	379