

# 3 Counties Cross Country League Results

After 5 Events

## Men

No.	First Name	Surname	Club	Vet	Wellingborough	Wootton	Wing	Letchworth	Dunstable	Pos	Races	Score
588	Tim	Harris	Amphill & Flitwick Flyers		2	3	1	1	1	1	5	5
609	Craig	Palmer	Amphill & Flitwick Flyers		5	5	3	6	3	2	5	16
784	Steven	Horton	Bedford Harriers		4	8	6	5	4	3	5	19
591	Phil	Holland	Amphill & Flitwick Flyers			7	7	4	6	4	4	24
1150	Mark	Vaughan	North Herts Road Runners	V40	6	6		8	7	5	4	27
503	Keith	Miller	Olney Runners	V50	11	24	10	9	10	6	5	40
897	PAUL	HALFORD	Boxfit	V45		9	11	11	13	7	4	44
895	CHRIS	GEORGE	Boxfit		15	15	17	10	15	8	5	55
779	Ian	Hammett	Bedford Harriers			11	21	12	14	9	4	58
1274	Paul	Davies	Biggleswade AC	V45	9	16		23	12	10	4	60
174	Peter	Currington	Wellingborough AC			10	14	14	25	11	4	63
589	Stephen	Hartley	Amphill & Flitwick Flyers	V40	18	19	18	22	19	12	5	74
162	Julian	Blackwell	Wellingborough AC	V40	20	22	25	15	21	13	5	78
1128	Steve	Mckeown	North Herts Road Runners	V45	10	21	24	25	26	14	5	80
603	John	Mitcalf	Amphill & Flitwick Flyers	V40	16	20	26	31	24	15	5	86
1151	James	Walsh	North Herts Road Runners	V45	14		23	26	28	16	4	91
445	ANDY	GREEN	Team East Haddon	V50	25	27	22	21	27	17	5	95
592	Tom	Hopper	Amphill & Flitwick Flyers		12	29	29	27		18	4	97
1113	Dan	Hills	North Herts Road Runners		24	26	27	24		19	4	101
147	Jon	Kemp	Wellingborough AC	V40	19	34	28	20	34	19	5	101
152	Anthony	Saynor	Wellingborough AC		32	39	20	34	17	21	5	103
464	Ed	Wise	Team East Haddon			44	30	18	20	22	4	112
1220	James	Armstrong	Wootton Road Runners		33	28	33	19		23	4	113
188	Andrew	McKenna	Wellingborough AC			31	31	17	39	24	4	118
1198	Richard	Lack	Wootton Road Runners	V40	21	32	43	32	37	25	5	122
769	Gary	Finch	Bedford Harriers	V45	22	35	34	52	40	26	5	131
969	Mark	Sains	Stopsley Striders		23	38	38	35	38	27	5	134
747	Tony	Barnes	Bedford Harriers	V50	31	30		33	42	28	4	136
462	Nick	Howard	Team East Haddon		40	43	32		33	29	4	148
1084	John	Auld	North Herts Road Runners		35	50	45	40	36	30	5	156
1125	Nicholas	Malpeli	North Herts Road Runners	V45		47	42	36	46	31	4	171
1275	Nick	Haworth	Biggleswade AC		29	58	47	49	70	32	5	183
397	Ilir	Breani	Northampton Road Runners		50	52	51	38	45	33	5	184
1217	William	Davison	Wootton Road Runners	V50	44	48	57	45	48	34	5	185
1245	Adam	Murphy	Biggleswade AC		27	60	50	50		35	4	187
908	GARY	SMITH JNR	Boxfit		49	42	55		57	36	4	203
180	Nick	Sinnott	Wellingborough AC	V40	41	61	58	48		37	4	208
893	DAVE	COARD	Boxfit	V50		55	74	42	53	38	4	224
963	Gez	Fallon	Stopsley Striders	V40		62	59	51	54	39	4	226
139	Matt	Dickie	Wellingborough AC		56	65	54		56	40	4	231