

3 Counties Cross Country League Results

Venue **Dunstable**

11-January-2015

Pos.	No.	First Name	Surname	Club	Category	Points
1	588	Tim	Harris	Ampt Hill & Flitwick Flyers	M	1
2	401	David	Green	Northampton Road Runners	M	2
3	609	Craig	Palmer	Ampt Hill & Flitwick Flyers	M	3
4	784	Steven	Horton	Bedford Harriers	M	4
5	1168	Oliver	Saville	North Herts Road Runners	M-2ndClaim	5
6	591	Phil	Holland	Ampt Hill & Flitwick Flyers	M	6
7	1150	Mark	Vaughan	North Herts Road Runners	MV40	7
8	578	Max	Dillon	Ampt Hill & Flitwick Flyers	M	8
9	559	Alex	Ash	Ampt Hill & Flitwick Flyers	M	9
10	503	Keith	Miller	Olney Runners	MV50-2ndClaim	10
11	386	Chris	Lamb	Northampton Road Runners	M-2ndClaim	11
12	1274	Paul	Davies	Biggleswade AC	MV45	12
13	897	PAUL	HALFORD	Boxfit	MV45	13
14	779	Ian	Hammett	Bedford Harriers	M	14
15	895	CHRIS	GEORGE	Boxfit	M	15
16	573	Lewis	Cadman	Ampt Hill & Flitwick Flyers	M	16
17	152	Anthony	Saynor	Wellingborough AC	M	17
18	185	Greg	Spellman	Wellingborough AC	MV45	18
19	589	Stephen	Hartley	Ampt Hill & Flitwick Flyers	MV40	19
20	464	Ed	Wise	Team East Haddon	M-2ndClaim	20
21	162	Julian	Blackwell	Wellingborough AC	MV40	21
22	616	Giles	Shorley	Ampt Hill & Flitwick Flyers	MV40	22
23	376	Tony	Letts	Northampton Road Runners	MV45	23
24	603	John	Mitcalf	Ampt Hill & Flitwick Flyers	MV40	24
25	174	Peter	Currington	Wellingborough AC	M-2ndClaim	25
26	1128	Steve	Mckeown	North Herts Road Runners	MV45	26
27	445	ANDY	GREEN	Team East Haddon	MV50	27
28	1151	James	Walsh	North Herts Road Runners	MV45	28
29	568	Andy	Bierton	Ampt Hill & Flitwick Flyers	MV40	29
30	960	Lee	Murphy	Stopsley Striders	M	30
31	293	Winston	Woodward	Dunstable Road Runners	M	31
32	901	LYNDON	MOORE	Boxfit	MV40	32
33	462	Nick	Howard	Team East Haddon	M	33
34	147	Jon	Kemp	Wellingborough AC	MV40	34
35	762	Stuart	Dare	Bedford Harriers	M	35
36	672	Gill	Fullen	Bedford Harriers	FV50	1
37	99	Kelly	Barnett	Wellingborough AC	F	2
38	1084	John	Auld	North Herts Road Runners	M	36
39	1198	Richard	Lack	Wootton Road Runners	MV40	37
40	969	Mark	Sains	Stopsley Striders	M	38
41	188	Andrew	McKenna	Wellingborough AC	M	39
42	769	Gary	Finch	Bedford Harriers	MV45	40
43	962	Adrian	Copp	Stopsley Striders	MV40	41
44	747	Tony	Barnes	Bedford Harriers	MV50	42
45	828	Danny	Winn	Bedford Harriers	M	43
46	56	Martin	Crane	Leighton Fun Runners	MV40-2ndClaim	44
47	397	Ilir	Brecani	Northampton Road Runners	M	45
48	1125	Nicholas	Malpeli	North Herts Road Runners	MV45	46
49	579	James	Down	Ampt Hill & Flitwick Flyers	M-2ndClaim	47
50	1217	William	Davison	Wootton Road Runners	MV50	48

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Pos.	No.	First Name	Surname	Club	Category	Points
51	68	Steve	Harrison	Leighton Fun Runners	MV40	49
52	1309	Juliet	Nayler	Biggleswade AC	FV40	3
53	1153	Steve	Williamson	North Herts Road Runners	MV50	50
54	1081	Mark	Young	North Herts Road Runners	MV50	51
55	187	Roger	Bullen	Wellingborough AC	MV50	52
56	893	DAVE	COARD	Boxfit	MV50	53
57	963	Gez	Fallon	Stopsley Striders	MV40	54
58	982	John	Chapman	Stopsley Striders	MV55	55
59	139	Matt	Dickie	Wellingborough AC	M	56
60	908	GARY	SMITH JNR	Boxfit	M	57
61	458	PAUL	WATTS	Team East Haddon	M	58
62	1038	Astrid	Mckeown	North Herts Road Runners	FV40	4
63	446	ADRIAN	HOMER	Team East Haddon	MV40	59
64	1369	Richard	Fowler	Wootton Road Runners	MV45	60
65	1141	Adrian	Sherwood	North Herts Road Runners	MV45	61
66	1213	Graham	Hollowell	Wootton Road Runners	MV45	62
67	1304	Isobel	Everest	Biggleswade AC	FV40	5
68	497	Dean	Sartin	Olney Runners	M	63
69	563	Martin	Beare	Amphill & Flitwick Flyers	MV50	64
70	796	Neil	Lovesey	Bedford Harriers	MV55	65
71	626	Phil	Wolstencroft	Amphill & Flitwick Flyers	MV50	66
72	1235	Mervyn	Dempsey	Wootton Road Runners	M	67
73	975	Paul	Davies	Stopsley Striders	M	68
74	74	Daniel	Green	Leighton Fun Runners	MV40	69
75	1275	Nick	Haworth	Biggleswade AC	M	70
76	557	Alex	Anstee	Amphill & Flitwick Flyers	M	71
77	1253	Paul	Cooke	Biggleswade AC	M	72
78	263	Robert	Curtis	Dunstable Road Runners	MV50	73
79	1109	Richard	Harbon	North Herts Road Runners	MV50	74
80	71	Colin	Aitken	Leighton Fun Runners	M	75
81	597	Dan	Karaiskou	Amphill & Flitwick Flyers	M	76
82	64	Graham	Meichtry	Leighton Fun Runners	M	77
83	141	Dean	McCoy	Wellingborough AC	MV40	78
84	184	David	Yarnall	Wellingborough AC	M	79
85	800	Justin	Moir	Bedford Harriers	MV45	80
86	899	NOEL	KEENAN	Boxfit	MV50	81
87	461	ROBERT	WHITE	Team East Haddon	MV50	82
88	194	Andrew	Redden	Wellingborough AC	M	83
89	295	Lee	Richardson	Dunstable Road Runners	MV45	84
90	1313	Alice	Ebbage	Biggleswade AC	F	6
91	1257	Giles	Hawthorne	Biggleswade AC	MV40	85
92	604	Stephen	Morales	Amphill & Flitwick Flyers	MV45	86
93	956	Stuart	Harries	Stopsley Striders	MV40	87
94	809	Richard	Piron	Bedford Harriers	MV60	88
95	550	Kerry	Large	Amphill & Flitwick Flyers	F-2ndClaim	7
96	159	Neil	McDonald	Wellingborough AC	MV50	89
97	507	John	Crouch	Olney Runners	MV55	90
98	173	Ed	Norris	Wellingborough AC	M	91
99	543	Sarah	Thomson	Amphill & Flitwick Flyers	FV35	8
100	261	Mark	Cornell	Dunstable Road Runners	MV50	92

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Pos.	No.	First Name	Surname	Club	Category	Points
101	274	Phil	McClellan	Dunstable Road Runners	MV55	93
102	984	Glynn	Simmons	Stopsley Striders	MV45	94
103	1215	Terry	Peters	Wootton Road Runners	MV55	95
104	498	Chad	Everitt	Olney Runners	M	96
105	193	Alan	Griffiths	Wellingborough AC	MV45	97
106	512	Jo	Aatkar	Amphill & Flitwick Flyers	FV45	9
107	983	Paul B964	Keech	Stopsley Striders	MV55	98
108	374	Mark	Kennedy	Northampton Road Runners	MV40	99
109	618	Richard	Stanley	Amphill & Flitwick Flyers	MV45	100
110	961	Chris	Lamont	Stopsley Striders	MV60	101
111	271	Peter	Keane	Dunstable Road Runners	MV50	102
112	502	Steve	Dicks	Olney Runners	MV40	103
113	198	Keiran	Burke	Wellingborough AC	M	104
114	1332	Joshua	Coulson	Wellingborough AC	M	105
115	492	Russel I	Rose	Olney Runners	MV45	106
116	117	Harrette	Woolley	Wellingborough AC	F	10
117	1020	Jane	Clarke	North Herts Road Runners	FV35	11
118	372	Mark	Garrett	Northampton Road Runners	MV50	107
119	361	Darren	Baldwin	Northampton Road Runners	MV45	108
120	1032	Katie	Harbon	North Herts Road Runners	F	12
121	149	Keith	Lok	Wellingborough AC	M	109
122	29	Marianne	Lee	Leighton Fun Runners	F	13
123	41	Jim	Buttleman	Leighton Fun Runners	MV50	110
124	611	Richard	Pillinger	Amphill & Flitwick Flyers	MV40	111
125	363	Dave	Blackburn	Northampton Road Runners	MV55	112
126	549	Jess	Anstee	Amphill & Flitwick Flyers	F-2ndClaim	
127	958	Andy	Reid	Stopsley Striders	MV60	113
128	269	Lee	Harper	Dunstable Road Runners	MV45	114
129	792	Stuart	Knight	Bedford Harriers	MV45	115
130	594	Sam	James	Amphill & Flitwick Flyers	M	116
131	743	Jose	Ariza	Bedford Harriers	MV45	117
132	1017	Helen	Cairns	North Herts Road Runners	FV40	14
133	65	Edward	Kerr	Leighton Fun Runners	M	118
134	1013	Paula	Adams	North Herts Road Runners	FV45	15
135	836	Andrew	Robertson	Bedford Harriers	MV55	119
136	1027	Yuko	Gordon	North Herts Road Runners	FV60	16
137	510	Chris	Barne	Olney Runners	MV45	120
138	524	Claire	Fisher	Amphill & Flitwick Flyers	FV40	17
139	140	Mark	Bonham	Wellingborough AC	MV45	121
140	585	Martin	Godin	Amphill & Flitwick Flyers	MV55	122
141	596	Richie	Jones	Amphill & Flitwick Flyers	MV50	123
142	75	Steve	Ellerton	Leighton Fun Runners	MV50	124
143	54	Rod	Stiles	Leighton Fun Runners	MV50	125
144	815	Colin	Ross	Bedford Harriers	MV55	126
145	98	Sarah	Ellwood	Wellingborough AC	FV35	18
146	358	Ronnie	Ambrose	Northampton Road Runners	MV45	127
147	1008	Alan	Weir	Stopsley Striders	MV65	128
148	634	Jamie	Holmes	Amphill & Flitwick Flyers	M	129
149	620	Jason	Theobald	Amphill & Flitwick Flyers	MV40	130
150	219	Ruth	Grint	Dunstable Road Runners	FV45	19

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Pos.	No.	First Name	Surname	Club	Category	Points
151	930	Miriam	B951 Tedder	Stopsley Striders	F	20
152	610	Mike	Petty	Amphill & Flitwick Flyers	MV50	131
153	323	Beckie	Hollowell	Northampton Road Runners	FV40	21
154	1001	Geoff	Dowsett	Stopsley Striders	MV60	132
155	171	Peter	Williams	Wellingborough AC	MV40	133
156	966	Andy	Durrant	Stopsley Striders	MV55	134
157	169	Mark	Viccars	Wellingborough AC	MV50	135
158	525	Caroline	Gilby	Amphill & Flitwick Flyers	FV50	22
159	62	Martin	Addrison	Leighton Fun Runners	MV55	136
160	730	Carla	Fisher	Bedford Harriers	FV40	23
161	825	James	Wallbank	Bedford Harriers	MV50	137
162	979	Gary	Fowler	Stopsley Striders	MV50	138
163	658	Samantha	Baylis	Bedford Harriers	FV40	24
164	751	Mourad	Ben-Taieb	Bedford Harriers	MV55	139
165	493	Patrick	Marshall	Olney Runners	MV55	140
166	739	Anna	Rust	Bedford Harriers	F	25
167	84	Karen	Tomkins	Wellingborough AC	F	26
168	1362	Chris	Knight	Wootton Road Runners	MV45	141
169	399	John	Eales	Northampton Road Runners	MV45	142
170	569	Mark	Billington	Amphill & Flitwick Flyers	MV50	143
171	449	SCOTT	McKENZIE	Team East Haddon	MV40	144
172	749	Andrew	Baylis	Bedford Harriers	MV40	145
173	869	JEANETTE	WALSTER	Boxfit	FV45	27
174	970	Daniel	Mann	Stopsley Striders	M	146
175	734	Nora	Haggart	Bedford Harriers	FV55	28
176	1055	Jo	Summers	North Herts Road Runners	FV45	29
177	542	Katie	Ruditis	Amphill & Flitwick Flyers	F	30
178	409	Mark	Lewis	Northampton Road Runners	MV45	147
179	613	Mark	Rouse	Amphill & Flitwick Flyers	MV40	148
180	447	NEIL	KEY	Team East Haddon	MV40	149
181	710	Juliet	Smith	Bedford Harriers	FV45	31
182	677	Sally	Gurney	Bedford Harriers	FV40	32
183	561	Mike	Bannister	Amphill & Flitwick Flyers	M	150
184	1188	Frances	Hooper	Wootton Road Runners	FV35	33
185	726	Veronica	Singleton-Lawley	Bedford Harriers	FV50	34
186	861	DIANE	FARMER	Boxfit	FV55	35
187	539	Deborah	Pedley	Amphill & Flitwick Flyers	F	36
188	40	Tam	Quinn	Leighton Fun Runners	MV50	151
189	156	Tom	Newton	Wellingborough AC	MV55	152
190	1208	James	Meade	Wootton Road Runners	MV40	153
191	974	Simon	Norris	Stopsley Striders	MV45	154
192	556	Paresh	Aatkar	Amphill & Flitwick Flyers	MV45	155
193	545	Keri	Withers	Amphill & Flitwick Flyers	FV50	37
194	548	Louise	Clark	Amphill & Flitwick Flyers	FV40	38
195	977	Graham	Busch	Stopsley Striders	MV55	156
196	583	Fraser	Geddes	Amphill & Flitwick Flyers	M	157
197	262	Bill	Crane	Dunstable Road Runners	MV60	158
198	82	Stephanie	Dennis	Wellingborough AC	F	39
199	1009	Richard	Hardy	Stopsley Striders	MV60	159
200	1057	Caroline	Thrussell	North Herts Road Runners	FV50	40

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Pos.	No.	First Name	Surname	Club	Category	Points
201	540	Julie	Pritchett	Amphill & Flitwick Flyers	FV40	41
202	218	Anne	Golding	Dunstable Road Runners	FV55	42
203	7	Katy	Garnham-Lee	Leighton Fun Runners	F	43
204	577	Barry	Dackombe	Amphill & Flitwick Flyers	MV50	160
205	551	Carolyn	O'Connor	Amphill & Flitwick Flyers	FV45	44
206	328	Wendy	Parker	Northampton Road Runners	FV50	45
207	714	Beverley	Tredget	Bedford Harriers	FV50	46
208	24	Deena	Bland	Leighton Fun Runners	FV35	47
209	1279	Simon	Strong	Biggleswade AC	MV40	161
210	909	COLIN	MOORE	Boxfit	MV45	162
211	932	Karen	Ashby	Stopsley Striders	FV55	48
212	383	Tom	Sullivan	Northampton Road Runners	MV65	163
213	237	Freya	Vafadari	Dunstable Road Runners	F-2ndClaim	49
214	300	Andrew	Dunn	Dunstable Road Runners	MV40	164
215	27	Lauren	Kerr	Leighton Fun Runners	F	50
216	1207	Tony	Amartan	Wootton Road Runners	MV50	165
217	55	Jason	Charley	Leighton Fun Runners	MV40	166
218	1366	Rebecca	Gordon	Wootton Road Runners	F	51
219	756	Christopher	Capps	Bedford Harriers	MV55	167
220	1364	Carrie	Carruthers	Wootton Road Runners	FV50	52
221	731	Karen	Robertson	Bedford Harriers	FV50	53
222	1195	Glen	Cousner	Wootton Road Runners	MV45	168
223	255	Scott	Baillie	Dunstable Road Runners	MV40	169
224	944	Liz	Davies	Stopsley Striders	FV50	54
225	327	Elaine	Palmer	Northampton Road Runners	FV45	55
226	457	ROB	WATKINSON	Team East Haddon	MV50	170
227	61	Kevin	Kemp	Leighton Fun Runners	MV55-2ndClaim	
228	1131	Derek	Myall	North Herts Road Runners	MV65	171
229	286	Paul	Stack	Dunstable Road Runners	MV50	172
230	9	Julia	Esmond	Leighton Fun Runners	F	56
231	20	Claire	Amos	Leighton Fun Runners	FV45	57
232	516	Denise	Browning	Amphill & Flitwick Flyers	FV50	58
233	135	Naomi	Harte	Wellingborough AC	F	59
234	599	Shaun	Kirtley	Amphill & Flitwick Flyers	MV40	173
235	1259	Peter	Howell	Biggleswade AC	MV65	174
236	746	Stephen	Ball	Bedford Harriers	MV50	175
237	666	Sue	Cross	Bedford Harriers	FV50	60
238	971	Kelvin	Chadwick	Stopsley Striders	M	176
239	121	Natasha	Wain	Wellingborough AC	FV40	61
240	341	Sarah	Jones	Northampton Road Runners	FV45	62
241	987	Stewart	Read	Stopsley Striders	MV40	177
242	1014	Linda	Aird	North Herts Road Runners	FV55	63
243	322	Jocelyn	Granger	Northampton Road Runners	FV50	64
244	985	Dave	Debnam	Stopsley Striders	MV65	178
245	980	Simon	Cain	Stopsley Striders	MV40	179
246	317	Suzanne	Baldwin	Northampton Road Runners	FV45	65
247	1025	Susan	Foot	North Herts Road Runners	FV60	66
248	8	Emma	Brace	Leighton Fun Runners	FV40	67
249	775	Stephen	Gaunt	Bedford Harriers	MV55	180
250	66	Keith	Phillips	Leighton Fun Runners	MV60	181

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Pos.	No.	First Name	Surname	Club	Category	Points
251	787	Tony	Jones	Bedford Harriers	MV50	182
252	1187	Tricia	Harrison	Wootton Road Runners	FV55	68
253	329	Jo	Smith	Northampton Road Runners	FV50	69
254	967	Lance	Richardson	Stopsley Striders	MV60	183
255	424	JOANNA	BRINKMAN	Team East Haddon	FV45	70
256	304	Phil	Tubbs	Dunstable Road Runners	MV55	184
257	835	Richard	Watson	Bedford Harriers	MV45	185
258	1004	Dave	Thompson	Stopsley Striders	MV55	186
259	767	Christopher	Fadden	Bedford Harriers	MV50	187
260	211	Erica	Darby	Dunstable Road Runners	FV50	71
261	1060	Sue	Vaughan	North Herts Road Runners	FV45	72
262	630	Terry	Down	Amphill & Flitwick Flyers	MV60-2ndClaim	
263	991	Tony	Riley	Stopsley Striders	MV70	188
264	692	Viv	Kilgour	Bedford Harriers	FV50	73
265	600	David	Malvern	Amphill & Flitwick Flyers	MV45	189
266	774	Richard	Gallivan	Bedford Harriers	MV55	190
267	536	Caroline	O'Mahoney	Amphill & Flitwick Flyers	FV50	74
268	1216	Mick	Wood	Wootton Road Runners	MV60	191
269	529	Paula	James	Amphill & Flitwick Flyers	FV45	75
270	584	Jeremy	Godfrey	Amphill & Flitwick Flyers	M	192
271	1196	Steve	Pryor-Jones	Wootton Road Runners	MV45	193
272	844	Russ	Lambert	Bedford Harriers	MV60	194
273	929	Kim	Caddy	Stopsley Striders	F	76
274	1180	Samatha	Kettle	Wootton Road Runners	FV35	77
275	48	Nick	Hughes	Leighton Fun Runners	MV45	195
276	906	FRANK	MASKELL	Boxfit	MV50	196
277	6	Taraneh	Gerami	Leighton Fun Runners	FV55	78
278	60	Paul	Thomas	Leighton Fun Runners	MV65	197
279	989	Willie	Ellingham	Stopsley Striders	MV50	198
280	937	Vanessa	Thompson	Stopsley Striders	FV35	79
281	1368	Tim	Molloy	Wootton Road Runners	MV40	199
282	106	Diana	Logan	Wellingborough AC	FV40	80
283	319	Jo	Letts	Northampton Road Runners	FV40	81
284	326	Mary	Sullivan	Northampton Road Runners	FV55	82
285	606	Brendan	O'Mahoney	Amphill & Flitwick Flyers	MV50	200
286	863	KELLY	STAPLETON	Boxfit	FV35	83
287	124	Mandy	Allen	Wellingborough AC	FV50	84
288	994	Matthew	Crossland	Stopsley Striders	M-2ndClaim	201
289	221	Tina	Keane	Dunstable Road Runners	FV45	85
290	957	Andy	Ward	Stopsley Striders	MV65	202
291	675	Lynne	Greenard	Bedford Harriers	FV65	86
292	674	Lesley	Gaunt	Bedford Harriers	FV50	87
293	1051	Christine	Sharp	North Herts Road Runners	FV55	88
294	42	Gordan	Hill	Leighton Fun Runners	MV70	203
295	1047	Carina	Quayle	North Herts Road Runners	FV55	89
296	940	Kate	Neale	Stopsley Striders	FV50	90
297	968	Phil	Abbitt	Stopsley Striders	MV60	204
298	685	Sally	Ingram	Bedford Harriers	FV45	91
299	757	Jack	Chana	Bedford Harriers	MV60	205
300	90	Sally	Hewitt	Wellingborough AC	FV60	92

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Pos.	No.	First Name	Surname	Club	Category	Points
301	997	Zena	Ellis	Stopsley Striders	F	93
302	705	Elaine	Reynolds	Bedford Harriers	FV50	94
303	1026	Sharon`	French	North Herts Road Runners	FV50	95
304	653	Claire	Adamson	Bedford Harriers	F	96
305	652	Anne	Adamson	Bedford Harriers	FV50	97
306	722	Sylvia	Snowling	Bedford Harriers	FV55	98
307	1005	Nikki	Cox	Stopsley Striders	FV50	99
308	538	Annie	Page	Amphill & Flitwick Flyers	FV40	100
309	822	Ian	Sturdgess	Bedford Harriers	MV50	206
310	1118	Brian	Judkins	North Herts Road Runners	MV55	207
311	113	Kirsty	Dodd	Wellingborough AC	FV35	101
312	108	Victoria	Watson	Wellingborough AC	FV45	102
313	939	Amanda	Rankin	Stopsley Striders	FV45	103
314	325	Keran	Irving	Northampton Road Runners	FV45	104
315	340	Lynsey	Breani	Northampton Road Runners	F	105
316	1	Steph	Nash	Leighton Fun Runners	FV35	106
317	519	Jane	Cook	Amphill & Flitwick Flyers	FV55	107
318	575	Rob	Cook	Amphill & Flitwick Flyers	MV55	208
319	741	Heather	Field	Bedford Harriers	FV40	108
320	1132	Patrick	Norris	North Herts Road Runners	MV55	209
321	740	Sarah	Parker	Bedford Harriers	FV35	109
322	934	Pam	Abbitt	Stopsley Striders	FV60	110
323	321	Sally	Garrett	Northampton Road Runners	FV50	111
324	679	Lorena	Henderson	Bedford Harriers	FV40	112
325	673	Angela	Gallivan	Bedford Harriers	FV55	113
326	696	Caroline	Medley	Bedford Harriers	FV45	114
327	927	Helen	Morris	Stopsley Striders	FV75	115