

3 Counties Cross Country League Results

After 5 Events

Men

No.	First Name	Surname	Club	Vet	Wellingborough	Wootton	Leighton	North Herts	Bedford	Pos	Races	Score
134	Tim	Harris	Amphill & Flitwick Flyers	0		1	4	2	1	1	4	8
1186	Mariusz	Iwaniec	Wellingborough AC	0		6	6	3	4	2	4	19
738	Mark	Vaughan	North Herts Road Runners	V45	4	4	8	8	6	3	5	22
521	Steve	Buckle	Dunstable Road Runners	0	3	5	7	10		4	4	25
254	Christopher	Dilley	Bedford Harriers	0	5	3	10	9	10	5	5	27
269	Ian	Hammett	Bedford Harriers	0		11	12	11	16	6	4	50
276	Phillip	Jamieson	Bedford Harriers	0	12		13	22	15	7	4	62
322	Danny	Winn	Bedford Harriers	0		12	15	16	23	8	4	66
135	Stephen	Hartley	Amphill & Flitwick Flyers	V40		18	18	18	13	9	4	67
174	Paul	Mizon	Amphill & Flitwick Flyers	0	19		14	12	22	9	4	67
1033	Mark	Sains	Stopsley Striders	0	13	14		15	27	11	4	69
1168	Greg	Spellman	Wellingborough AC	V45	10	15		20	31	12	4	76
108	Martin	Beare	Amphill & Flitwick Flyers	V50	15	28	17	27	18	13	5	77
739	James	Walsh	North Herts Road Runners	V45	17	16	22	26		14	4	81
1122	Peter	Currington	Wellingborough AC	0		13	36	23	17	15	4	89
1077	Andy	Green	Team East Haddon	V50		23	23	24	20	16	4	90
1141	Jon	Kemp	Wellingborough AC	V40	20	29	28	25	29	17	5	102
459	Paul	Davies	Biggleswade AC	V45	14	24	35	40	40	18	5	113
544	Lee	Murphy	Dunstable Road Runners	0	35	25	21	35	41	19	5	116
1092	Ed	Wise	Team East Haddon	0	32	19	19	48		20	4	118
1279	Richard	Lack	Wootton Road Runners	V45	29	32	34	29	32	21	5	122
241	Tony	Barnes	Bedford Harriers	V50	25	27	37	34	56	22	5	123
1288	Simon	Tootell	Wootton Road Runners	0	28		32	30	34	23	4	124
259	Gary	Finch	Bedford Harriers	V45	34	34	30	31	33	24	5	128
648	Steve	Harrison	Leighton Fun Runners	V40	31	35	33	37	38	25	5	136
685	John	Auld	North Herts Road Runners	0	33	38	38	33	37	26	5	141
161	Simon	Read	Amphill & Flitwick Flyers	V40	30	45	39		39	27	4	153
297	Andy	Palembello	Bedford Harriers	0	24		59	41	36	28	4	160
1034	Nathan	Scott	Stopsley Striders	0	37	36	57	38	50	29	5	161
464	Nick	Haworth	Biggleswade AC	0	38	37		36	53	30	4	164
1090	Stuart	Wheeldon	Team East Haddon	V45	69	49	52	43	28	31	5	172
1011	Paul	Davis	Stopsley Striders	0	43	41	46	62		32	4	192
1128	Jason	French	Wellingborough AC	0	57	40	50		48	33	4	195
826	Iilir	Brecani	Northampton Road Runners	0	44	50		46	55	33	4	195
647	Daniel	Green	Leighton Fun Runners	V40	42	51	40	88	66	35	5	199
704	Richard	Harbon	North Herts Road Runners	V50	49		47	60	44	36	4	200
310	Kevin	Shelton-Smith	Bedford Harriers	V55	51	74	56	50	46	37	5	203
1165	Ben	Shirley	Wellingborough AC	0	56		49	55	45	38	4	205
1015	Gez	Fallon	Stopsley Striders	V45		42	43	72	51	39	4	208
543	John	Murphy	Dunstable Road Runners	V45		39	53	45	72	40	4	209
1132	Mike	Gooch	Wellingborough AC	V45	64	64	45	53	47	40	5	209
1160	Tom	Roberts	Wellingborough AC	0	36	48		49	77	42	4	210

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458	Paul	Cooke	Biggleswade AC	0	47		42	57	65	43	4	211
162	Bobby	Riddaway	Amphill & Flitwick Flyers	V45	45	63	70	52	52	44	5	212
712	James	Keogh	North Herts Road Runners	0	53	53	51	58	57	45	5	214
1124	John	Donaldson	Wellingborough AC	V55	61		44	54	58	46	4	217
1130	Dariusz	Gertchen	Wellingborough AC	V40	39	57	48		82	47	4	226
741	Steve	Williamson	North Herts Road Runners	V50	46	59		59	63	48	4	227
1096	Matt	Dine	Team East Haddon	0	89	84	58	44	49	49	5	235
308	David	Sharman	Bedford Harriers	0		47	65	64	60	50	4	236
550	Lee	Richardson	Dunstable Road Runners	V45	41	62	66	69		51	4	238
639	Graeme	Meichtry	Leighton Fun Runners	0	55	55	60		78	52	4	248
954	Dean	Sartin	Olney Runners	0	52	56	77	80	70	53	5	255
286	Neil	Lovesey	Bedford Harriers	V60	50		68	63	75	54	4	256
144	Dan	Karaiskou	Amphill & Flitwick Flyers	0	60	65	74	67		55	4	266
1275	Graham	Hollowell	Wootton Road Runners	V45	62	69	62	74	111	56	5	267
1150	Neil	McDonald	Wellingborough AC	V50	66	78	82		64	57	4	290
629	Jim	Buttleman	Leighton Fun Runners	V50	59	70	91	75	97	58	5	295
470	Rob	Morgan	Biggleswade AC	0	70	76	72	107	84	59	5	302
526	Robert	Curtis	Dunstable Road Runners	V50	63	81	75	87	98	60	5	306
642	John	Preston	Leighton Fun Runners	V40	85	100	55		68	61	4	308
1293	Michael	Carrea	Wootton Road Runners	0	65	98	79	66	101	61	5	308
523	Mark	Cornell	Dunstable Road Runners	V50	67	89	100	79	87	63	5	322
966	Steve	Dicks	Olney Runners	V40	86	71		85	83	64	4	325
1039	Danny	Kelly	Stopsley Striders	V50	79	77	90	86	85	65	5	327
1149	Dean	McCoy	Wellingborough AC	V40		87	80	81	81	66	4	329
167	Richard	Stanley	Amphill & Flitwick Flyers	V50	76	92	88	92	74	67	5	330
943	Simon	Cook	Olney Runners	V40	71	82	93	91	88	68	5	332
136	Ross	Henson	Amphill & Flitwick Flyers	0	94	99	86	84	71	69	5	335
851	Mark	Kennedy	Northampton Road Runners	V40	72	86	87	94		70	4	339
1157	Andrew	Redden	Wellingborough AC	0	98	93	89	77		71	4	357
1042	Pat	Blessing	Stopsley Striders	V50		85	102	93	93	72	4	373
1003	Ben	Bodsworth	Stopsley Striders	0	101	75		114	91	73	4	381
1091	Rob	White	Team East Haddon	V50	84	102		105	102	74	4	393
1134	Alan	Griffiths	Wellingborough AC	V45		95	107	104	112	75	4	418
1151	Martin	Newton	Wellingborough AC	0	96	126	115	121	86	75	5	418
130	Jeremy	Godfrey	Amphill & Flitwick Flyers	0	82		94	90	160	77	4	426
107	Mike	Bannister	Amphill & Flitwick Flyers	0	87	116	121	112	113	78	5	428
537	Peter	Keane	Dunstable Road Runners	V50	90	107	111	122	128	79	5	430
873	Richard	Wild	Northampton Road Runners	0		79	92	119	151	80	4	441
817	Ronnie	Ambrose	Northampton Road Runners	V50		106	113	110	117	81	4	446
872	Dave	Whatton	Northampton Road Runners	V50	92	108	123	135	135	82	5	458
841	Martin	Gooding	Northampton Road Runners	V50	102	115	133	113	155	83	5	463
840	Mark	Garrett	Northampton Road Runners	V55		141	140	103	80	84	4	464
157	Paul	Owen	Amphill & Flitwick Flyers	V45	129	117	129	97		85	4	472
109	Jeremy	Bell	Amphill & Flitwick Flyers	V50	97	122	125	128	143	85	5	472

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838	John	Fleming	Northampton Road Runners	V45	103		122	146	105	87	4	476
1041	Glynn	Simmons	Stopsley Striders	V45	114	144		130	90	88	4	478
1024	Daniel	Mann	Stopsley Striders	0	112	129	150	116	123	89	5	480
473	Damian	Pitts	Biggleswade AC	0	111	133	112	189	126	90	5	482
1182	Mark	Viccars	Wellingborough AC	V50	99	119	126	139	141	91	5	483
281	Stuart	Knight	Bedford Harriers	V50	123	135	120	132	109	92	5	484
143	Richie	Jones	Amphill & Flitwick Flyers	V50		148	117	124	100	93	4	489
485	Chris	Adams	Biggleswade AC	V55	110	128	127	142	129	94	5	494
649	Ian	Mulry	Leighton Fun Runners	V40		127	116	133	127	95	4	503
743	Vincent	Wright	North Herts Road Runners	V40	104	132		117	150	95	4	503
1016	Martin	Fallon	Stopsley Striders	V45		121	128	149	115	97	4	513
311	Graham	Short	Bedford Harriers	V55	118	142	132	143	136	98	5	528
131	Martin	Godin	Amphill & Flitwick Flyers	V55	122	146	137	127		99	4	532
460	Marc	Deans	Biggleswade AC	V50		150	118	123	142	100	4	533
1017	Gary	Fowler	Stopsley Striders	V50		123	131	144	148	101	4	546
249	Chris	Capps	Bedford Harriers	V60	133	147	135	134		102	4	549
1146	Keith	Lok	Wellingborough AC	V40	105	145	136		165	103	4	551
1125	Mark	Edwards	Wellingborough AC	V45		149	130	141	131	103	4	551
964	Chris	Barnes	Olney Runners	V45	113	154		152	134	105	4	553
245	Mourad	Ben-Taieb	Bedford Harriers	V55	107	136		164	152	106	4	559
448	Charles	Arnold	Biggleswade AC	V55	130	143		157	140	107	4	570
318	Rob	Wallis	Bedford Harriers	V55	121	159	141		158	108	4	579
643	Rob	Roy	Leighton Fun Runners	V50	137	151		148	159	109	4	595
315	Mark	Taggart	Bedford Harriers	V40	140	156	142	162		110	4	600
525	Bill	Crane	Dunstable Road Runners	V60	173		149	156	144	111	4	622
1286	Jon	Saw	Wootton Road Runners	0	132	160	163	196	169	112	5	624
1008	Derek	Christopher	Stopsley Striders	V65		166	144	167	156	113	4	633
484	Frank	McLoughlin	Biggleswade AC	V50	148	182	146		172	114	4	648
875	David	Frost	Northampton Road Runners	V50	151	180	155	178	171	115	5	655
1281	James	Meade	Wootton Road Runners	V45	146		166	173	176	116	4	661
1269	Stephen	Atkinson	Wootton Road Runners	V45	147	165	145	207	211	117	5	664
530	Paul	Eggleton	Dunstable Road Runners	V55		178	147	171	170	118	4	666
1123	Shaun	De Clancy	Wellingborough AC	V50	167	175		175	162	119	4	679
128	Fraser	Geddes	Amphill & Flitwick Flyers	0		171	148	183	185	120	4	687
129	Steve	Gibbons	Amphill & Flitwick Flyers	V40		176	162	176	177	121	4	691
1038	Philip	Davies	Stopsley Striders	0	128	170		219	194	122	4	711
632	Craig	Gasper	Leighton Fun Runners	V50	153	190		194	189	123	4	726
293	George	Murphy	Bedford Harriers	0		191	151	202	184	124	4	728
1297	Steve	Smith	Wootton Road Runners	V60	166	199	170	199		125	4	734
124	Terry	Down	Amphill & Flitwick Flyers	V60	180	208	172	190	192	125	5	734
532	Stephen	Grint	Dunstable Road Runners	V50	162	193		198	186	127	4	739
946	Keith	Curwood	Olney Runners	0	150	183		192	229	128	4	754
641	Keith	Phillips	Leighton Fun Runners	V65	163	187		200	205	129	4	755

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258	Christopher	Fadden	Bedford Harriers	V50		205	169	201	180	129	4	755
155	Brendan	O'Mahoney	Amphill & Flitwick Flyers	V55	183	212	180	205	209	131	5	777
145	John	Kenyon	Amphill & Flitwick Flyers	V40	170	197		225	197	132	4	789
1291	Mick	Wood	Wootton Road Runners	V60	179	214	179	218		133	4	790
263	Richard	Gallivan	Bedford Harriers	V55	182		183	221	206	134	4	792
559	Jonathan	Venning	Dunstable Road Runners	V60	185	217	184	229	216	135	5	802
250	Jaswant	Chana	Bedford Harriers	V65	187	219	188	224	223	136	5	817
324	Tom	Brassington	Bedford Harriers	V60	184	224		213	208	137	4	829
481	Simon	Strong	Biggleswade AC	V45		223	187	233	213	138	4	856