

# 3 Counties Cross Country League Results

Venue **Wellingborough**

22-October-2017

## **Amphill & Flitwick Flyers**

**Team Score**

**840**

### *Men*

No.	First Name	Surname	Vet	2nd	Score	Team
137	Tim	Harris	V35		1	1
120	Max	Dillon			5	5
109	Peter Jr	Benedickter			6	6
125	Paul	Farmer	V35		10	10
170	Joe	Strange		x	11	11
134	Ian	Halpin			14	14
176	Mark	Waine	V45		17	17
141	Phil	Holland	V40		20	20

**84 84**

### *Ladies*

No.	First Name	Surname	Vet	2nd	Score	Team
225	Hattie	Oakley-King			12	128
210	Caroline	Gilby	V50		23	178
242	Sophie	Windmill			37	217
235	Lisa	Wells	V50		43	233

**115 756**

## **Bedford Harriers**

**Team Score**

**730**

### *Men*

No.	First Name	Surname	Vet	2nd	Score	Team
364	Scott	Penfold			4	4
312	Peter	Graham			8	8
287	Chris	Dilley			19	19
311	Oswin	Grady	V40		32	32
323	Phil	Jamieson			35	35
383	Kevin	Shelton-Smith	V55		56	58
346	Neil	Loader	V50		61	64
417	James	Adams	V35		62	66

**277 286**

### *Ladies*

No.	First Name	Surname	Vet	2nd	Score	Team
302	Gill	Fullen	V50		2	57
379	Kirste	Sharman	V40		5	72
338	Sally	Knight	V40		13	130
313	Nora	Haggart	V60		26	185

**46 444**

## **Biggleswade AC**

**Team Score**

**915**

### *Men*

No.	First Name	Surname	Vet	2nd	Score	Team
488	Richard	Bevan			13	13
523	Rob	Morgan	V40		22	22
515	Nick	Haworth	V40		57	60
497	Marcus	Davey	V45		59	62
495	Paul	Cooke	V40		68	73
498	Paul	Davies	V45		73	78
538	John	Stott	V45		97	104
516	Giles	Hawthorne	V40		110	119

**499 531**

### *Ladies*

No.	First Name	Surname	Vet	2nd	Score	Team
520	Elaine	Livera			1	54
525	Juliet	Nayler	V45		6	87
522	Natalie	Morgan	V40		9	118
502	Isobel	Everest	V45		11	125

**27 384**

## **Dunstable Road Runners**

**Team Score**

**1858**

### *Men*

No.	First Name	Surname	Vet	2nd	Score	Team
577	Loui	Faulkner			53	53
612	Darran	Wilson	V45		77	82
586	Stuart	Lamond			79	84
617	James	Young			93	100
601	Lee	Richardson	V50		115	126
571	Robert	Curtis	V50		141	154
611	Phil	Brogan	V40		159	182
575	Ian	Early	V45		164	194

**881 975**

### *Ladies*

No.	First Name	Surname	Vet	2nd	Score	Team
608	Teresa	Warren	V45		25	184
610	Christina	Lawrence	V35		38	221
615	Liz	Harding	V40		40	224
578	Anne	Golding	V55		57	254

**160 883**

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## Leighton Fun Runners

**Team Score**

**2742**

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
727	Steve	Harrison	V45		44	44
681	Andrew	Heale	V50		118	131
723	Glenn	Watson	V50		178	214
689	Keith	Phillips	V65		197	250
691	Mark	McLoughlin	V50		207	271
702	Stephen	Moore	V55		212	281
	Last	Man			224	351
	Last	Man			224	351

**1404 1893**

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
725	Zoe	Illingworth	V40	x	15	159
713	Katy	Garnham-Lee			21	172
718	Sally	Dickinson	V45		54	251
708	Dawn	Kennedy	V40		63	267

**153 849**

## North Herts Road Runners

**Team Score**

**674**

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
863	Jim	McConnel	V40		7	7
1688	Mark	Vaughan	V45		9	9
784	Adam	Bowler			12	12
772	John	Auld	V35		15	15
895	Edward	Price	V40		18	18
904	Matthew	Sayers	V40		21	21
1673	Ryan	Smith	V40		29	29
881	Stewart	Overton	V35		38	38

**149 149**

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
864	Astrid	Mckeown	V40		7	99
791	Jane	Clarke	V35		8	110
763	Paula	Adams	V45		14	155
868	Sarah	Mitcherson	V40		16	161

**45 525**

## Northampton Road Runners

**Team Score**

**1590**

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
961	Tony	Letts	V45		23	23
951	Tom	High			24	24
922	Iilir	Brecani	V40		41	41
964	Scott	Magee	V45	x	47	47
941	John	Gibbins	V40		102	109
958	Mark	Kennedy	V40		103	111
940	Mark	Garrett	V55		129	142
939	David	Frost	V50		138	151

**607 648**

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1011	Liz	Dabell	V50		20	170
1033	Wendy	Parker	V50		52	248
1032	Elaine	Palmer	V50		53	249
1022	Jo	Humphrey	V40		68	275

**193 942**

## Olney Runners

**Team Score**

**2124**

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
1094	Darren	Darkins			64	68
1078	Stephen	Dicks	V45		81	86
1075	Simon	Cook	V45		101	108
1074	Chris	Barnes	V45		137	150
1089	Rob	White	V40		143	157
1082	Karl	McCarthy	V40		146	164
1092	David	Shakespeare	V50		174	209
1085	James	Richardson	V55		191	235

**1037 1177**

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1070	Georgia	Richardson			30	191
1065	Helen	Margetts	V40		39	223
1066	Sarah	McAuliffe			50	246
1068	Yvonne	Murphy	V40		74	287

**193 947**

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## Stopsley Striders

Team Score

1466

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
1183	Robert	Barnes			3	3
1179	Tom	Rankin			27	27
1201	Matthew	Lewis			31	31
1195	Ahmed	Berrah	V35		74	79
1165	Martin	Fallon	V45		98	105
1169	Philip	Davies			107	115
1181	Pat	Blessing	V50		114	124
1163	Paul	Keech	V55		132	145

586 629

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1152	Christine	Lathwell	V40		4	65
1145	Miriam	Linforth	V35		34	203
1131	Liz	Davies	V50		56	253
1138	Kulwinder	Assra	V45		98	316

192 837

## Team East Haddon

Team Score

2142

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
1220	Andy	Green	V50		28	28
1228	Matthew	Tyrrell	V40		36	36
1252	Richard	Watson			67	71
1226	Stuart	Wheeldon	V45		75	80
1225	James	Makin			92	98
1250	Charles	Spencer			105	113
1216	Sam	Cortese	V55		184	222
1233	Rob	Watkinson	V55		205	268

792 916

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1247	Sarah	Ashcroft			22	173
	Last	Lady			127	351
	Last	Lady			127	351
	Last	Lady			127	351

403 1226

## Wellingborough AC

Team Score

846

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
1276	Alex	Ash			2	2
1303	Greg	Spellman	V50		25	25
1308	Craig	Clements	V35		26	26
1301	Jon	Kemp	V45		34	34
1324	Edward	Frain			37	37
1321	Ady	King	V45	x	50	50
1306	Ben	Shirley	V40		58	61
1279	Tom	Roberts			69	74

301 309

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1381	Kelly	Barnett			3	59
1368	Lisa	Smith			10	121
1402	Helen	Etherington	V35		19	167
1369	Louise	Kemp	V35		29	190

61 537

## Wootton Road Runners

Team Score

1270

### Men

No.	First Name	Surname	Vet	2nd	Score	Team
1481	Andy	Fairley	V40		16	16
1458	Peter	Adams	V40		30	30
1457	Richard	Lack	V45		39	39
1471	Dean	Weldon	V45		43	43
1466	Tim	Thurlow	V40		46	46
1487	Jason	Eales	V40		49	49
1472	Mike	Carreia	V40		78	83
1477	Mike	Wheeler			100	107

401 413

### Ladies

No.	First Name	Surname	Vet	2nd	Score	Team
1456	Phoebe	Lowick			24	183
1474	Elissa	Tennant-Brown			32	201
1494	Janet	Mitchell	V55		42	226
1484	Kay	Duffy	V40		51	247

149 857

## Rugby and Northhampton Athletic Club

Team Score

1826

### Men

### Ladies

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No.	First Name	Surname	Vet	2nd	Score	Team
1586	Ed	Wise			40	40
1559	Brendan	Moen	V50		45	45
1585	Simon	Bickers	V55		55	56
1589	Steve	Ditton	V40		60	63
1556	Vince	Carroll	V45		83	89
1588	Harry	Peart			95	102
1560	Bernie	Myers	V50		120	133
1564	Alex	McMurtrie	V45		133	146

No.	First Name	Surname	Vet	2nd	Score	Team
1578	Angela	Copson	V70		27	187
1587	Eden	Bates			62	263
	Last	Lady			127	351
	Last	Lady			127	351

**631 674**

**343 1152**

## Team Summary

	Men		Ladies		Team			
<b>Amphill &amp; Flitwick Flyers</b>	<b>1</b>	84	5	115	3	84	756	840
<b>Bedford Harriers</b>	3	277	3	46	2	286	444	730
<b>Biggleswade AC</b>	6	499	<b>1</b>	<b>27</b>	5	531	384	915
<b>Dunstable Road Runners</b>	11	881	8	160	10	975	883	1858
<b>Leighton Fun Runners</b>	13	1404	7	153	13	1893	849	2742
<b>North Herts Road Runners</b>	2	149	2	45	<b>1</b>	149	525	<b>674</b>
<b>Northampton Road Runners</b>	8	607	10	193	8	648	942	1590
<b>Olney Runners</b>	12	1037	10	193	11	1177	947	2124
<b>Stopsley Striders</b>	7	586	9	192	7	629	837	1466
<b>Team East Haddon</b>	10	792	13	403	12	916	1226	2142
<b>Wellingborough AC</b>	4	301	4	61	4	309	537	846
<b>Wootton Road Runners</b>	5	401	6	149	6	413	857	1270
<b>Rugby and Northhampton Athletic Club</b>	9	631	12	343	9	674	1152	1826

<b>Total of Scoring Men's Teams</b>	<b>8684</b>	<b>Contribution to Team Scores</b>	<b>45.65%</b>
<b>Total of Scoring Women's Teams</b>	<b>10339</b>		<b>54.35%</b>